

16 September 2019

Awards and Member At Large Reports

Awards

SPMS Awards:

Club Swimmers of the Month:

August 2019

Anthony Galvez	Silver Peak Performance	Charles McPeak	1st National Championship!
Jonathan Kretz	Conejo Valley Masters	Nancy Kirkpatrick-Reno	Performance at Nat'ls and Winning Sharkfest Tahoe
Lindsay Holland	Silver Peak Performance	Charles McPeak	2 Top Ten Finishes at Nationals

Any SPMS coach can nominate their SPMS members. The nomination form is located here:
<https://www.spmasterswim.org/club-swimmer-of-the-month-award-nomination>

USMS Awards:

USMS Kerry O'Brien Coaching Award winners were Mark Stori, Santa Barbara Masters and Shay Manning, West Hollywood Masters

Bob Eberwine received a Dorothy Donnelley Service Award

Alina DeArmas and Omar DeArmas were recognized as winners of the USMS National Championships Meet award

Member at Large

Annual Meeting:

Date: Thursday, November 14
Location: El Torito
3301 Atlantic Ave. Long Beach
Buffet: 5:30 - 6 PM
Business Meeting: 6 - 8 PM

Meets:

I attended the inaugural Circle City LCM meet in Eastvale. This meet was well organized. It was held in an 8-lane pool, with 6 lanes dedicated to competition and a 2-lane warm-up area separated by 2 lane lines. The feedback on this meet was unanimously positive.

Other:

USMS Convention

I attended the convention, held September 12 - 14 in St. Louis, MO and provide herewith some of the sessions I attended and what I learned.

Legislation 1 & 2

The committee discussed several proposed rules and the merits of amendments. Based on discussion during House of Delegates, one proposed rule was removed from consideration. The proposal to reduce the time to switch club affiliation was proposed to be reduced from 60 days to 30, then amended to 35 days, then ultimately removed from consideration as the committee felt additional work was needed to have a viable solution.

All other proposals were voted on by delegates.

Open Water

The committee provided a summary of the work done during the year by each subcommittee. The safety subcommittee presented the safety buoy guidelines and recommendations. Safety buoys are recommended for use and can be required by the race director. There are specifications regarding type, length of tether, color of buoy differing from turn buoys, etc. in the guidelines.

Long Distance 1 & 2

The committee discussed pending rules and the work each subcommittee did over the past year, including their work on awarding long-term ePostal participants including those who complete all ePostal events in a given year. Larry Raffaelli from Ventura County Masters was recognized as one of 2 people having participated in all ePostal events for 16 straight years. Pending legislation hot topics included ability to have a traditional swimwear category in open water races and the proposed rule allowing for a high altitude adjustment.

Sports Medicine

Dr. G presented lactate tolerance and training blocks. This was highly scientific and informative.

Newsletter:

Please submit any questions for the Aqua Talk – Burning Questions newsletter column to MemberAtLarge@SPMasterSwim.org.

Respectfully submitted by Becky Cleavenger