

SPMS T10 ALL TIME - WOMEN 72-99 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:57.94	UC Irvine Masters	Ashley DePaul (20)	Cherise Carper (24)	Aleah Amr (22)	Mai Tajima (20)	2005
2	1:57.96	Novaquatics Masters	Rendy Opdycke (29)	Christina Daniels (24)	Jewelz Andrews (20)	Courtney Martz (25)	2013
3	1:57.99	Rose Bowl Masters	Melissa Cienega (20)	Samantha Campbell (22)	Lauren Turner (26)	Lauren Frendreis (29)	2018
4	1:59.57	Mission Viejo Masters	Alex Bae (24)	Emily Christensen (22)	Amy Burrola (26)	Kaitlyn Jones (25)	2019
5	2:00.43	UC Irvine Masters	Kristin Larsson (20)	A Klingenberg (22)	Stacey Gavigan (31)	Sara Showalter (20)	2001
6	2:01.81	UC Irvine Masters	Sara Showalter (21)	Kristen Buhagiar (20)	Stacey Gavigan (32)	Kristen Larsson (21)	2002
7	2:02.72	Golden Road Aquatics	Abica Dubay (31)	Laura Mendenhall (19)	Samantha Sherdel (26)	Taryn Albright (23)	2016
8	2:02.93	Las Vegas Masters	Megan Kelley (20)	Christine Smith (20)	Shannon Colavito (23)	Samantha Pearson (19)	2010
9	2:03.83	Ojai-Santa Barbara Masters	Liz Hawes (24)	Mary Gaston (19)	Valerie Palmer (22)	Talia Brott (20)	2000
10	2:05.56	Novaquatics Masters	Christina Newell (23)	Shannon Flahive (21)	Megan Lucas (23)	Nicole Huszcz (21)	2002

400 LCM FREESTYLE RELAY

1	4:19.34	Las Vegas Masters	Shannon Colavito (23)	Christine Smith (20)	Megan Kelley (20)	Samantha Pearson (19)	2010
2	4:38.58	Rose Bowl Masters	Melissa Cienega (20)	Lauren Frendreis (29)	Stefanie Capizzi (31)	MaryJane Martinez (19)	2018
3	4:39.08	Novaquatics Masters	Jenna Natalizio (20)	Jenny Perrey (28)	Heather Martinez (32)	Krystal Deets (32)	2008
4	4:40.04	UC Irvine Masters	Kristin Larsson (20)	A Klingenberg (22)	Lydia Tse (24)	Sara Showalter (20)	2001
5	4:45.29	Mission Viejo Masters	Melissa DiGregorio (247)	Elizabeth Kleiner (20)	Katie Moore (25)	Melissa Church(25)	2013
6	4:48.27	Novaquatics Masters	Christina Newell (23)	Shannon Flahive (21)	Marianne Lydell (23)	Nicole Huszcz (21)	2002
7	4:50.95	Mission Viejo Masters	Katie Moore (19)	Christy Bode (31)	Maryam Rokhdeh (19)	Kristen Zechmeister (26)	2007
8	4:53.73	Mission Viejo Masters	Emily Christensen (21)	Alex Bae (23)	Lauren Nyberg (18)	Caiolyn Bugbee (30)	2018
9	4:53.81	Mission Viejo Masters	Melissa Church (24)	Melissa DiGregorio (26)	Katie Moore (24)	Belen Jiminez (24)	2012
10	4:54.58	Mission Viejo Masters	Kelly Wilkings (24)	Melissa DiGregorio (24)	Katie Moore (22)	Gimena Altamirano (24)	2010

800 LCM FREESTYLE RELAY

1	9:33.71	Las Vegas Masters	Megan Kelley (20)	Christine Smith (20)	Shannon Colavito (23)	Samantha Pearson (19)	2010
2	10:17.49	Novaquatics Masters	Stephanie Morgan (21)	Carolyn Kwok (25)	Brandy Bounds (26)	Jenny Perrey (27)	2007
3	10:21.34	Mission Viejo Masters	Tuesday Schellinger (24)	Melissa DiGregorio (25)	Kelly Wilkings (25)	Katie Moore (23)	2011
4	10:22.51	Rose Bowl Masters	Stefanie Capizzi (25)	Lauren Miranda (28)	Mackenzie Hobby (19)	Kelsey Helgesen (22)	2012
5	10:25.44	Mission Viejo Masters	Melissa DiGregorio (27)	Elizabeth Kleiner (20)	Katie Moore (25)	Melissa Church (25)	2013
6	10:32.30	UC Irvine Masters	Kristin Larsson (21)	Kristen Buhagiar (20)	Stephanie Kozowyk (33)	Sara Showalter (21)	2002
7	10:40.62	Golden Road Aquatics	Gwendolyn Mathias (23)	Geneva Perez (24)	Taryn Albright (23)	Laura Mendenhall (19)	2016
8	10:52.45	Silver Peak Performance	Ariel Peterson (19)	Claire Puksza (24)	Lauren Turner (29)	Hannah Hamilton (26)	2021
9	10:56.21	Novaquatics Masters	Chrstina Newell (23)	Shannon Flahive (21)	Marianne Lydell (23)	Nicole Huszcz (21)	2002
10	11:01.40	Mission Viejo Masters	Katie Moore (22)	Melissa DiGregorio (24)	Kelly Wilkings (24)	Gimena Altamirano (24)	2010

200 LCM MEDLEY RELAY

1	2:12.88	UC Irvine Masters	Carrie Gowan (21)	Sara Showalter (24)	Ashley De Paul (20)	Aleah Amr (22)	2005
2	2:14.14	Mission Viejo Masters	Olivia Hughes (19)	Katie Moore (25)	Sian Pearson (23)	Megan Gehrich (20)	2013
3	2:14.49	Mission Viejo Masters	Arianna Gardner (24)	Jiajia Wang (26)	Brittany Hosner (19)	Kelly Wilkings (19)	2005
4	2:15.12	Novaquatics Masters	Jewelz Andrews (20)	Christina Daniels (24)	Rendy Opdycke (29)	Courtney Martz (25)	2013
5	2:16.05	Las Vegas Masters	Samantha Pearson (19)	Christine Smith (20)	Megan Kelley (20)	Shannon Colavito (23)	2010
6	2:18.73	Rose Bowl Masters	Mary Jane Martinez (19)	Melissa Cienega (20)	Lauren Turner (26)	Lauren Frendreis (29)	2018
7	2:20.67	UC Irvine Masters	Stephanie Kozowyk (33)	Sara Showalter (21)	Kristen Buhagiar (20)	Kristin Larsson (21)	2002
8	2:20.88	Novaquatics Masters	Emily Taifer (23)	Rachel Weinstein 926)	Cassidy Feltenberger (23)	Kennedy Hood (20)	2019
9	2:21.00	Conejo Simi Aquatic Masters	Lauren Hancock (27)	Genny Aamoth (20)	Kara Denby (23)	Erin Rosas (20)	2009
10	2:21.30	UC Irvine Masters	Lydia Tse (24)	Sara Showalter (20)	A Klingenberg (22)	Kristin Larsson (20)	2001

400 LCM MEDLEY RELAY

1	4:52.87	Las Vegas Masters	Samantha Pearson (19)	Christine Smith (20)	Megan Kelley (20)	Shannon Colavito (23)	2010
2	4:57.34	Novaquatics Masters	Danielle De Alva (23)	Shannon Flahive (21)	Megan Lucas (23)	Gabriela Hickman (29)	2002
3	5:09.14	UC Irvine Masters	Kristen Buhagiar (20)	Sara Showalter (210)	Stacey Gavigan (32)	Kristin Larsson (21)	2002
4	5:26.43	Mission Viejo Masters	Melissa DiGregorio (27)	Katie Moore (25)	Elizabeth Kleiner (20)	Melissa Church (25)	2013
5	5:27.94	Novaquatics Masters	Carolyn Kwok (25)	Jenny Perrey (27)	Stephanie Morgan (21)	Brandy Bounds (26)	2007
6	5:30.93	Golden Road Aquatics	Laura Mendenhall (19)	Gwendolyn Mathias (23)	Taryn Albright (23)	Allyson Young (24)	2016
7	5:31.03	Mission Viejo Masters	Kelly Wilkings (25)	Katie Moore (22)	Tuesday Schellinger (24)	Melissa DiGregorio (25)	2011
8	5:36.64	Mission Viejo Masters	Melissa DiGregorio (24)	Katie Moore (23)	Kelly Wilkings (24)	Gimena Altamirano (24)	2010
9	5:37.27	Mission Viejo Masters	Melinda Bolton (21)	Monika Bickert (33)	Kelly Wilkings (23)	Melissa DiGregorio (23)	2009

**SPMS T10 ALL TIME - WOMEN 100-119 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	1:55.81	Rose Bowl Masters	Lauren Frendreis (30)	Lauren Turner (27)	Maria Carlson (24)	Kendra Wilson (38)	2019
2	1:57.68	Rose Bowl Masters	Lauren Frendreis (28)	Julia Stengel (32)	Lauren Turner (25)	Marissa Clapp (30)	2017
3	1:58.56	Conejo Simi Aquatic Masters	Erin Rosas (20)	Kara Denby (23)	Lauren Hancock (27)	Julie Flores (42)	2009
4	1:58.69	Mission Viejo Masters	Kelly Wilkings (19)	Melinda McClure (34)	Arianna Gardner (24)	Kristine Palle (31)	2005
5	2:01.09	Novaquatics Masters	Danielle De Alva (23)	Marianne Lydell (23)	Marni Sugden (26)	Gabriela Hickman (29)	2002
6	2:01.49	UC Irvine Masters	Sara Showalter (24)	Carrie Gowan (21)	Jennifer Santoro (31)	Monica Fox (31)	2005
7	2:01.60	Novaquatics Masters	Kathleen Barris (27)	Alison McGookin (32)	Brandy Bounds (25)	Heather Martinez (30)	2006
8	2:01.88	Southern California Aquatic Masters	Kristy Beal (24)	Megan Andrus (32)	Christina Gustafson (26)	Elaine Ferritto (28)	2013
9	2:03.59	Rose Bowl Masters	Berklie Oscarson (19)	Erica Seubert (30)	Jana Pittichova (39)	Amanda Wetzler (25)	2011
10	2:04.73	Inland Masters	Christina Deeter (25)	Karen Feld (32)	M Danapilis (27)	Jamie Raab (29)	1999

**400 LCM FREESTYLE RELAY**

1	4:27.60	Novaquatics Masters	Danielle De Alva (23)	Megan Lucas (23)	Fiona Petersen (39)	Gabriela Hickman (29)	2002
2	4:32.47	Novaquatics Masters	Lindsay Kircher (31)	Stephanie Morgan (21)	Carolyn Kwok (25)	Meredith Choy (27)	2007
3	4:34.58	UC Irvine Masters	Sara Showalter (21)	Stacey Gavigan (32)	Stephanie Kozowyk (33)	Kristin Larson (21)	2002
4	4:39.08	Novaquatics Masters	Jenna Natalizio (20)	Jenny Perrey (28)	Heather Martinez (32)	Krystal Deets (32)	2008
5	4:45.28	Golden Road Aquatics	Abica Dubay (30)	Courtney Jensen (23)	Jennifer Goetz (26)	Krlee Mortensen (24)	2015
6	4:46.54	UC Irvine Masters	Carrie Gowan (19)	Phyllis Alvarez (44)	Jennifer Santoro (29)	Kristina Peterson (22)	2003
7	4:54.14	Mission Viejo Masters	Jocelyn Maggard (21)	Tracey McCauley-Cronley (31)	Julie Flanagan 934)	Katie Moore (20)	2008
8	4:55.21	Mission Viejo Masters	Katie Moore (26)	Jennifer Church (27)	Melissa DiGregorio (28)	Melissa Church (26)	2014
9	4:58.37	Rose Bowl Masters	Audry Akcasu (20)	Janet Sparks (28)	Alicia Bolton (29)	Cheryl Lee (41)	2008
10	4:58.71	Rose Bowl Masters	Stefanie Capizzi (29)	Shannon Streeter (25)	Caiti Small (27)	Lauren Turner (24)	2016

**800 LCM FREESTYLE RELAY**

1	9:55.67	UC Irvine Masters	Julie Swail (29)	Sara Showalter (20)	Kristin Larsson (20)	Stacey Gavigan (31)	2001
2	10:02.13	Mission Viejo Masters	Kelly Richell (49)	Alyson Barnes (20)	Olivia Hughes (20)	Natalie Malicki (19)	2014
3	10:21.56	Las Vegas Masters	Lindsey Leeming (23)	Sara Whitehead (28)	Mary Barfield (26)	Becky Lamph (39)	2007
4	10:21.65	Rose Bowl Masters	Lauren Frendreis (32)	Iaria Simmen (21)	Ann Tsuchiya (32)	Nicole Cienega (20)	2021
5	10:35.54	Novaquatics Masters	Jenny Perrey (28)	Heather Martinez (32)	Jenna Natalizio (20)	Tanya Maclean (32)	2008
6	10:51.52	Rose Bowl Masters	Lauren Turner (24)	Shannon Streeter (25)	Caiti Small (27)	Lauren Turner (24)	2016
7	10:57.55	Mission Viejo Masters	Kimberly Lindgren (20)	Tyla Willment (20)	Kendrea Rivera (36)	Jennifer Batcheller (43)	2011
8	10:58.56	Novaquatics Masters	Jenn Andrews (25)	Rebecca Cramer (31)	Brandy Bounds (23)	Michele Brown (29)	2004
9	11:00.31	Mission Viejo Masters	Katie Moore (26)	Melissa Church (26)	Melissa DiGregorio (28)	Jennifer Church (27)	2014
10	11:03.54	Rose Bowl Masters	Andrea Azuma (33)	Elizabeth Shdo (25)	Elizabeth Wood (29)	Cherise Saito (26)	2010

**200 LCM MEDLEY RELAY**

1	2:11.34	Rose Bowl Masters	Lauren Turner (25)	Marissa Clapp (30)	Julia Stengel (32)	Lauren Frendreis (28)	2017
2	2:12.34	Rose Bowl Masters	Lauren Turner (27)	Maria Carlson (24)	Stefanie Capizzi (32)	Lauren Frendreis (30)	2019
3	2:15.64	Novaquatics Masters	Kathleen Barris (27)	Brandy BOunds (25)	Alison McGookin (31)	Heather Martinez (30)	2006
4	2:17.84	Novaquatics Masters	Jenna Natalizio (20)	Joy Tanizaki (23)	Heather Martinez (32)	Krystal Deets (32)	2008
5	2:18.04	Mission Viejo Masters	Kayo Shibata (29)	Kyoko Iwasaki (25)	L Welke Zawistoski (34)	Kelly Zahrowski (19)	2003
6	2:18.96	Novaquatics Masters	Allison Garland (31)	Jessamyn Miller (23)	Fiona Petersen (30)	Michele Brown (28)	2003
7	2:20.63	Southern California Aquatic Masters	Jenifer Bronson (28)	Megan Andrus (28)	Ann Yearwood (25)	Rossella Pescatori (38)	2009
8	2:20.93	Conejo Valley Masters	Erin Rosas (24)	Nora Darago (21)	Kaitlynn Carter (20)	Beata Konopka (44)	2013
9	2:24.05	Rose Bowl Masters	Stefanie Capizzi (27)	Julia Stengel (29)	Judy Ho (29)	Lauren Frendreis (25)	2014
10	2:24.21	Novaquatics Masters	Christen Foster (32)	Tara Anderson (28)	Meredith Coy (27)	Mami Sugden (31)	2007

**400 LCM MEDLEY RELAY**

1	5:19.30	Novaquatics Masters	Jenna Natalizio (20)	Jenny Perrey (28)	Heather Martinez (32)	Krystal Deets (32)	2008
2	5:21.57	Santa Barbara Masters	Baily Likewise (25)	Melissa Knell (25)	Brittany Parish (30)	Darlene Krohn (38)	2019
3	5:21.90	Mission Viejo Masters	Jennifer Rines (41)	Emma Carson (27)	Alex Bae (23)	Emily Christiansen (21)	2018
4	5:23.54	Inland Masters	Karen Feld (32)	M Danapilis (27)	Jamie Raab (29)	Christina Deeter (25)	1999
5	5:24.72	Mission Viejo Masters	Jennifer Church (27)	Katie Moore (26)	Melissa Church (26)	Melissa DiGregorio (28)	2014
6	5:26.79	Santa Barbara Masters	Emily Wilson (29)	Lydia Lombard (26)	Becky Vossler (23)	Heather Royer (39)	2013
7	5:37.27	Mission Viejo Masters	Melinda Bolton (21)	Monika Bickert (33)	Kelly Wilkings (23)	Melissa DiGregorio (23)	2009
8	5:37.66	Mission Viejo Masters	Tracey McCauley-Cronley (31)	Jocelyn Maggard (21)	Katie Moore (20)	Julie Flanagan (34)	2008
9	5:39.44	Rose Bowl Masters	Janet Sparks (28)	Grace Moon (37)	Audrey Akcasu (20)	Alicia Bolton (29)	2008
10	5:45.68	Golden Road Aquatics	Abica Dubay (30)	Allyson Young (23)	Courtney Jensen (23)	Julie Shikiya-Pascucci (41)	2015

**SPMS T10 ALL TIME - WOMEN 120-159 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	2:00.09	Mission Viejo Masters	Ann Worthington (40)	Tami Engel (43)	Jennifer Batcheller (38)	Jill Edwards (35)	2006
2	2:00.44	Santa Barbara Masters	Serena Pfister (27)	Marcie Kjoller (38)	Sarah Hirsch (31)	Jane Cairns (36)	2006
3	2:03.21	Santa Barbara Masters	Sharon Otsuki (45)	Bailey Likewise (27)	Brooke Green (42)	Brittany Borowitz (32)	2021
4	2:03.34	Rose Bowl Masters	Michelle Rodrigue (31)	Natalie Tedjasukmana (28)	Meghan O'Donnell (40)	Elizabeth Wilkinson (43)	2023
5	2:03.90	Santa Barbara Masters	Alison Bernal (32)	Charlotte Gutierrez (64)	Karen Schultz (37)	Grace Stori (20)	2016
6	2:04.02	Competitive Tri-Swim Masters	Christy Shinnick (44)	Lindsay Willmer (37)	Christine Maki (43)	Megan Lambert (21)	2013
7	2:04.43	Novaquatics Masters	Megan MacDonald (36)	Brandy Bounds (30)	Heidi Cough (30)	Cynthia Lewis (33)	2011
8	2:05.76	Rose Bowl Masters	Stefanie Capizzi (32)	Elizabeth Jenkins (32)	Meghan O'Donnell (36)	Karen Younkens (33)	2019
9	2:07.10	Rose Bowl Masters	Lauren Frendreis (26)	Stefanie Capizzi (28)	Judy Ho (30)	Jessica Arellano (37)	2015
10	2:07.26	Novaquatics Masters	Anna Tognias (28)	Jen Schumacher (28)	Stephanie Kramer (39)	Caroline Staub (34)	2013

**400 LCM FREESTYLE RELAY**

1	4:45.53	Southern California Aquatic Masters	Arlette Godges (46)	Rossella Pescatori (39)	Ann Yearwood (26)	Suzanne Robertson (35)	2010
2	4:46.67	Santa Barbara Masters	Sharon Otsuki (43)	Bailey Likewise (25)	Brittany Parish (30)	Darlene Krohn (38)	2019
3	4:51.60	Novaquatics Masters	Natalie Barrad (39)	Margaret Reilly (35)	Fiona Petersen (31)	Rebecca Cramer (31)	2004
4	4:52.08	Southern California Aquatic Masters	Megan Andrus (28)	Joy Tiernan (30)	Mary Jurey (43)	Jenifer Bronson (28)	2009
5	4:52.21	Southern California Aquatic Masters	Ana Fradkin (45)	Amy Kupic (51)	Rossella Pescatori (47)	Angela Grillo (40)	2019
6	4:53.39	Mission Viejo Masters	Melissa Going (49)	Jennifer Mundl (42)	Patty Furukawa (47)	Jennifer Batcheller (50)	2019
7	4:58.12	Novaquatics Masters	Christen Foster (32)	Marni Sugden (31)	Alison McGookin (32)	Tanya MacLean (31)	2007
8	4:59.98	Rose Bowl Masters	Angeli Paull (20)	Nicole Cienega (21)	Kate Chambers (47)	Heidi G Khalil (51)	2022
9	5:00.45	Southern California Aquatic Masters	Rossella Pescatori (41)	Ash Marshall (29)	Joy Tiernan (33)	Marci Baun (44)	2012
10	5:01.97	Mission Viejo Masters	Kimberly Lindegren (20)	Rebekah Olsen (31)	Monika Bickert (35)	Lisa Zawistoski (42)	2011

**800 LCM FREESTYLE RELAY**

1	10:15.49	Southern California Aquatic Masters	Jenny Cook (51)	Rossella Pescatori (38)	Alexis Binder (30)	Nancy Motherway (33)	2009
2	10:16.63	Novaquatics Masters	Lindsay Kircher (31)	Meredith Choy (27)	Marni Sugden (31)	Christen Foster (32)	2007
3	10:23.43	Novaquatics Masters	Fiona Petersen (30)	Dana Ryan (45)	Michele Brown (28)	Jessamyn Miller (23)	2003
4	10:35.63	Conejo Valley Masters	Stephanie Barlev (22)	Brittany DeValk (20)	Beata Konopka (47)	Leslie Monroe (42)	2016
5	10:43.57	Mission Viejo Masters	Larisa Lorenz (31)	Merritt Morris (31)	Jessica Plazak (37)	T Sorenson (46)	2012
6	10:44.43	Novaquatics Masters	Fiona Petersen (29)	Michele Gaza (27)	Barbara Lastelic (36)	Gabriela Hickman (29)	2002
7	10:47.53	Rose Bowl Masters	Audrey Akcasu (20)	Alicia Bolton (29)	Grace Moon (37)	Cheryl Lee (41)	2008
8	10:54.18	Novaquatics Masters	Megan MacDonald (27)	Ashley Merlo (31)	Astrid Cybulskis (38)	Stephanie Kramer (38)	2012
9	10:55.28	Rose Bowl Masters	Lauren Frendreis (29)	Stefanie Capizzi (31)	Meghan O'Donnell (35)	Cheryl Simmons (51)	2018
10	11:13.33	Mission Viejo Masters	Emily Christiansen (24)	Alex Bae (26)	Mary Beth Christie (38)	Patty Furukawa (50)	2021

**200 LCM MEDLEY RELAY**

1	2:13.62	Santa Barbara Masters	Adrienne Binder Brown (34)	Melissa Knell (925)	Jill Jones (27)	Darlene Krohn (38)	2019
2	2:19.75	Santa Barbara Masters	Brooke Green (42)	Sharon Otsuki (45)	Brittany Borowitz (32)	Bailey Likewise (27)	2021
3	2:20.53	Rose Bowl Masters	Ann Tsuchiya (32)	Kendra Wilson (40)	Stefanie Capizzi (34)	Michelle Duraj (29)	2021
4	2:21.88	UC Irvine Masters	Jennifer Santoro (31)	Monica Fox (31)	Julie Swail (33)	Lisa Murdock (31)	2005
5	2:23.20	Southern California Aquatic Masters	Amy Kupic (51)	Rossella Pescatori (47)	Ana Fradkin (45)	Angela Grillo (40)	2019
6	2:23.68	Inland Masters	Sarah Osborne (37)	M Danapilis (27)	Jamie Raab (29)	Karen Feld (32)	1999
7	2:24.22	Mission Viejo Masters	Michele Supance (34)	Melissa Going (49)	Patty Furukawa (47)	Jennifer Batcheller (50)	2019
8	2:24.34	Rose Bowl Masters	Jessica Arellano (37)	Stefanie Capizzi (28)	Judy Ho (30)	Lauren Frendreis (26)	2015
9	2:24.44	Las Vegas Masters	Jamie Akenberger (25)	Karin Wegner (44)	Melissa Giovanni (37)	Kari Adams (50)	2016
10	2:24.48	Southern California Aquatic Masters	Rada Owen (33)	Melissa Latt (48)	Arlette Godges (47)	Suzanne Robertson (26)	2011

**400 LCM MEDLEY RELAY**

1	5:19.79	Las Vegas Masters	Carolyn Battin (53)	Lindsey Leeming (23)	Sara Whitehead (28)	Mary Barfield (26)	2007
2	5:21.80	Santa Barbara Masters	Brooke Green (38)	Brittany Parrish (28)	Karen Schultz (38)	Sarah Hirsch (42)	2017
3	5:22.41	Mission Viejo Masters	TJ Sorenson (45)	Merritt Johnson (30)	Tyla Willment (20)	Jennifer Batcheller (43)	2011
4	5:30.14	Mission Viejo Masters	Rebekah Olsen (30)	Cynthia Lewis (35)	Kelly Richell (45)	Gwen Uthus (56)	2010
5	5:35.83	Novaquatics Masters	Lindsay Kircher (31)	Christen Foster (32)	Alison McGookin (32)	Mollie Pate (36)	2007
6	5:37.16	West Hollywood Aquatics	Andrea Devuono 933)	Jessica Seaton (42)	Lisa Bove (34)	Stacey Friedman (26)	1996
7	5:37.20	Novaquatics Masters	Tanya Maclelin (35)	Brandy Bounds (30)	Heidi Cough (30)	Astrid Cybulskis (37)	2011
8	5:37.92	UC Irvine Masters	Ingrid Bruder (31)	Lora Granovsky (51)	Stacey Gavigan (31)	Connie Tong (30)	2001
9	5:37.93	Golden Road Aquatics	Christine Hammond (51)	Allyson Young (23)	Courtney Jensen (23)	Abica Dubay (30)	2015
10	5:47.65	Rose Bowl Masters	Lauren Turner (26)	Kristin Bennett (61)	Stefanie Capizzi (31)	Cheryl Simmons (51)	2018

**SPMS T10 ALL TIME - WOMEN 160-199 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	1:48.44	TYR Masters	Sheri Hart (35)	Collette Sappey (42)	Anna Pettis-Scott (44)	Susan Von Der Lippe (41)	2006
2	1:55.25	Mission Viejo Masters	Ann Worthington (40)	Mary Woods (47)	Kristine Palle (32)	Tami Engel (43)	2006
3	2:02.15	UCLA Masters	Erika Stebbins (43)	Christie Ciraulo (60)	Jenny Cook (55)	Diana Ciraulo (20)	2013
4	2:02.82	Mission Viejo Masters	Tami Engel (42)	Jennifer Batcheller (37)	Mary Woods (46)	Sara Radecki (38)	2005
5	2:02.87	Mission Viejo Masters	Merritt Johnson (30)	Kelly Richell (46)	Jennifer Batcheller (43)	TJ Sorenson (45)	2011
6	2:02.96	Novaquatics Masters	Ahelee Sue Osborn (50)	Susanne Simpson (48)	Karen Sing (51)	Jenny Cook (50)	2008
7	2:03.60	Las Vegas Masters	Melissa Giovanni (37)	Beverly Meteyer (63)	Karin Wegner (44)	Jamie Akenberger (25)	2015
8	2:03.77	Southern California Aquatic Masters	Jenni Cook (51)	Jenni Carlson (39)	Arlette Godges (45)	Rossella Pescatori (38)	2009
9	2:04.29	Southern California Aquatic Masters	Arlette Godges (47)	Marci Baun (43)	Melissa Latt (48)	Rada Owen (33)	2011
10	2:04.47	Southern California Aquatic Masters	Ana Fradkin (46)	Rachel Pinto (42)	Rossella Pescatori (48)	Angela Grillo (41)	2019

**400 LCM FREESTYLE RELAY**

1	4:46.23	Mission Viejo Masters	TJ Sorenson (43)	Kelly Richell (44)	Mindy Dougherty (57)	Robin Smith (54)	2009
2	4:49.56	West Hollywood Aquatics	M Kleine Spang (46)	L Kleine Spang (46)	Carole Shigaki (47)	Lara Potter (27)	2003
3	4:52.21	Southern California Aquatic Masters	Ana Fradkin (45)	Amy Kupic (51)	Rossella Pescatori (47)	Angela Grillo (40)	2018
4	4:52.58	Mission Viejo Masters	Stacey Rees (42)	Wendy Theders (41)	Kelly Richell (43)	Jennifer Batcheller (40)	2008
5	4:53.39	Mission Viejo Masters	Melissa Going (49)	Jennifer Mundl (42)	Patty Furukawa (47)	Jennifer Batcheller (50)	2018
6	4:54.18	Santa Barbara Masters	Sarah Hirsch (41)	Karen Schultz (37)	Lesley Bethel (27)	Charlotte Gutierrez (64)	2016
7	4:54.37	Conejo Valley Masters	Jennifer Weiderman (49)	Beata Konopka (46)	Deanna Koehler (46)	Michelle Stearns (44)	2015
8	4:59.56	Mission Viejo Masters	Kelly Richell (45)	Theresa Dobbs (48)	Rebekah Olsen (30)	Jennifer Batcheller (42)	2010
9	5:05.42	Mission Viejo Masters	Monika Bickert (35)	Mary Woods (52)	Kelly Richell (46)	Jennifer Batcheller (43)	2011
10	5:06.52	Conejo Valley Masters	Brittany DeValk (20)	Kimberly Meyer (58)	Beata Konopka (47)	Deanna Koehler (47)	2016

**800 LCM FREESTYLE RELAY**

1	9:36.88	Mission Viejo Masters	Rebekah Olsen (29)	TJ Sorenson (43)	Ahelee Sue Osborn (51)	Kelly Richell (44)	2009
2	9:45.78	Conejo Valley Masters	Arlette Godges (50)	Becky Cleavenger (51)	Lisa Schoenneman (52)	Jillian Friend (28)	2014
3	10:15.47	Conejo Valley Masters	Leslie Monroe (44)	Arlette Godges (54)	Jennifer Weiderman (52)	Deanna Koehler (49)	2018
4	10:43.37	Las Vegas Masters	Kari Adams (44)	Ursula Landreth (41)	Carolyn Battin (56)	Becky Lamph (42)	2010
5	10:45.23	Mission Viejo Masters	Wendy Theders (41)	Kelly Richell (43)	Jennifer Batcheller (40)	Stacey Reese (42)	2008
6	10:48.37	Southern California Aquatic Masters	Arlette Godges (48)	Kim Meyer (54)	Melissa Latt (49)	Rossella Pescatori (41)	2012
7	10:56.23	Mission Viejo Masters	Wendy Theders (41)	Kelly Richell (43)	Jennifer Batcheller (40)	Stacey Reese (42)	2008
8	10:58.53	Las Vegas Masters	Kari Adams (43)	Brenda Tomtan-Brayman (36)	Ursula Moser (40)	Carolyn Battin (55)	2009
9	11:19.59	Mission Viejo Masters	Lisa Zawistoski (37)	Tami Engel (43)	Kelly Richell (41)	Margaret Williams-Dalgart (39)	2006
10	11:23.66	Rose Bowl Masters	Nicole Cienega (21)	Elizabeth Wilkinson (42)	Fiona Harwich (60)	Cheryl Simmons (55)	2022

**200 LCM MEDLEY RELAY**

1	2:04.75	TYR Masters	Jennifer Stein (43)	Susan Von Der Lippe (41)	Betsy Cleary (46)	Collette Sappey (42)	2006
2	2:15.75	Mission Viejo Masters	Mindy Dougherty (57)	Ahelee Sue Osborn (51)	Rebekah Olsen (29)	TJ Sorenson (43)	2009
3	2:18.20	Novaquatics Masters	Stephanie Kramer (45)	Cindy Bertelink (44)	Cara Davidoff (33)	Carrie Ohm (46)	2019
4	2:19.56	Conejo Valley Masters	Nancy Kirkpatrick-Reno (64)	Emily Sharpe (22)	Leslie Monroe (45)	Eve Maidenberg (43)	2019
5	2:19.61	Novaquatics Masters	Karen Sing (51)	Jenny Cook (50)	Susanne Simpson (48)	Ahelee Sue Osborn (50)	2008
6	2:19.91	Santa Barbara Masters	Jean Carlson (44)	Dawn Schroeder (40)	Marcie Kjoller (38)	Lisa Kanen (46)	2006
7	2:20.18	Southern California Aquatic Masters	Angela Grillo (41)	Susie Casero (41)	Ana Fradkin (46)	Rachel Pinto (42)	2019
8	2:20.53	Southern California Aquatic Masters	Jenni Carlson (39)	Karen Melick (52)	Arlette Godges (45)	Jenny Cook (51)	2009
9	2:22.75	Santa Barbara Masters	Marion Schoneberger (51)	Dawn Schroeder (39)	Monica Little (53)	Marcie Kjoller (37)	2005
10	2:23.20	Southern California Aquatic Masters	Amy Kupic (51)	Rossella Pescatori (47)	Ana Fradkin (45)	Angela Grillo (40)	2018

**400 LCM MEDLEY RELAY**

1	5:07.91	Mission Viejo Masters	Mindy Dougherty (57)	Ahelee Sue Osborn (51)	Rebekah Olsen (29)	Kelly Richell (44)	2009
2	5:27.41	Conejo Valley Masters	Beata Konopka (47)	Jennifer Weiderman (50)	Leslie Monroe (42)	Becky Cleavenger (53)	2016
3	5:29.18	Rose Bowl Masters	Lisa Hilger (51)	Cheryl Simmons (43)	Elizabeth Wood (29)	Jill Keenan-Boline (41)	2010
4	5:30.14	Mission Viejo Masters	Rebekah Olsen (30)	Cynthia Lewis (35)	Kelly Richell (45)	Gwen Uthus (56)	2010
5	5:30.47	Conejo Valley Masters	Beata Konopka (47)	Brittany DeValk (20)	Deanna Koehler (47)	Becky Cleavenger (53)	2016
6	5:31.60	Southern California Aquatic Masters	Alexis Binder (30)	Mary Jurey (43)	Maureen MacDonald (47)	Melissa Latt (46)	2009
7	5:34.93	Conejo Valley Masters	Beata Konopka (45)	Adrienne Cleverly (25)	Deanna Koehler (45)	Arlette Godges (50)	2014
8	5:36.17	Santa Barbara Masters	Brooke Green (40)	Sarah Hirsch (44)	Karen Schultz (40)	Sharon Otsuki (43)	2019
9	5:36.97	Las Vegas Masters	Carolyn Battin (56)	Ursula Landreth (41)	Kari Adams (44)	Becky Lamph (42)	2010
10	5:37.36	Conejo Valley Masters	Beata Konopka (46)	Jennifer Weiderman (49)	Michelle Stearns (44)	Deanna Koehler (46)	2015

SPMS T10 ALL TIME - WOMEN 200-239 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:58.75	Novaquatics Masters	Stacey Bennett (49)	Katie Osborne (56)	Terri MacDougall (55)	Cindy Bertelink (44)	2019
2	1:59.78	Conejo Valley Masters	Becky Cleavenger (56)	Eve Maidenberg (43)	Arlette Godges (55)	Jill Gellatly (52)	2019
3	2:02.20	Conejo Valley Masters	Arlette Godges (54)	Beata Konopka (49)	Jill Gellatly (51)	Becky Cleavenger (55)	2018
4	2:02.59	Mission Viejo Masters	Melissa Going (50)	Jennifer Batcheller (51)	Sherry Flaney (55)	Jane Hoag (53)	2019
5	2:03.53	Conejo Valley Masters	Arlette Godges (52)	Deanna Koehler (47)	Jennifer Weideman (50)	Becky Cleavenger (53)	2016
6	2:03.65	Conejo Valley Masters	Arlette Godges (53)	Beata Konopka (48)	Cynthia Zutter (52)	Becky Cleavenger (54)	2017
7	2:06.48	Conejo Valley Masters	Becky Cleavenger (52)	Jennifer Weideman (49)	Nancy Kirkpatrick-Reno (60)	Lisa Schoenneman (53)	2015
8	2:06.74	Novaquatics Masters	Chantal Lauzon (40)	Phyllis Alvarez (54)	Katie Osborne (50)	Sue Neal (58)	2013
9	2:10.88	Rose Bowl Masters	Kayley Vernallis (53)	Susan Gold (53)	Cheryl Simmons (46)	Lisa Hilger (54)	2013
10	2:12.92	Santa Barbara Masters	Shannon Sullivan (52)	Monica Little (54)	Jean Carlson (44)	Marion Schoneberger (52)	2006

400 LCM FREESTYLE RELAY

1	4:26.53	UCLA Masters	Erika Stebbins (44)	Christie Ciraulo (61)	Veronica Hibben (58)	Laurie Dodd (42)	2014
2	4:26.89	Conejo Valley Masters	Leslie Daland-James (50)	Jill Gellatly (52)	Eve Maidenberg (43)	Becky Cleavenger (56)	2019
3	4:31.37	Conejo Valley Masters	Arlette Godges (54)	Becky Cleavenger (55)	Beata Konopka (49)	Jill Gellatly (51)	2018
4	4:38.08	Conejo Valley Masters	Arlette Godges (53)	Jennifer Weideman (51)	Beata Konopka (48)	Becky Cleavenger (54)	2017
5	4:40.99	Conejo Valley Masters	Lisa Schoenneman (54)	Jennifer Weideman (50)	Deanna Koehler (47)	Becky Cleavenger (53)	2016
6	5:12.30	Mission Viejo Masters	Kelly Richell (46)	Beverly Montrella (65)	Trisha Commons (47)	TJ Sorenson (45)	2011
7	5:12.56	Novaquatics Masters	Katie Osborne (51)	Sherry Wendzel Brooks (54)	Colleen Yanco (55)	Kris Assel (52)	2014
8	5:30.88	Novaquatics Masters	Stephanie Kramer (48)	Jill Rendl (55)	Barbara Helton (69)	Karlyn Griffith (42)	2022
9	5:32.62	Mission Viejo Masters	Gwen Uthus (53)	Alison Mitchell (53)	Joanne Corrao (55)	Lisa Augerson (44)	2007
10	5:36.00	Novaquatics Masters	Heidi Kaspers (44)	Dionne Caldwell (79)	Julia Juliusson (46)	Colleen Yanco (52)	2011

800 LCM FREESTYLE RELAY

1	9:34.53	Conejo Valley Masters	Jill Gellatly (52)	Becky Cleavenger (56)	Eve Maidenberg (43)	Leslie Daland-James (50)	2019
2	9:37.01	UCLA Masters	Erika Stebbins (44)	Christie Ciraulo (61)	Veronica Hibben (58)	Laurie Dodd (42)	2014
3	10:01.01	UCLA Masters	Veronica Hibben (57)	Christie Ciraulo (60)	Jenny Cook (55)	Erika Stebbins (43)	2013
4	10:18.47	Conejo Valley Masters	Arlette Godges (52)	Deanna Koehler (47)	Jennifer Weideman (50)	Becky Cleavenger (53)	2016
5	10:19.80	Conejo Valley Masters	Arlette Godges (53)	Jennifer Weideman (51)	Deanna Koehler (48)	Becky Cleavenger (54)	2017
6	11:01.29	Novaquatics Masters	Katie Osborne (59)	Astrid Collins (48)	Veronica Hibben (66)	Stephanie Kramer (48)	2022
7	11:09.13	Mission Viejo Masters	Gwen Uthus (64)	Julie Malley (51)	Karen Vorwerk (48)	Patty Furukawa (47)	2018
8	11:48.02	Mission Viejo Masters	Kelly Richell (48)	Alison Mitchell (59)	Kim Burton (51)	T Sorenson (47)	2013
9	12:02.03	Mission Viejo Masters	Alison Mitchell (57)	Gwen Uthus (57)	Kelly Richell (46)	Kim Burton (49)	2011
10	12:06.55	Novaquatics Masters	Sherry Wendzel Brooks (52)	Phyllis Alvarez (53)	Robin Smith (57)	Jill Rendl (45)	2012

200 LCM MEDLEY RELAY

1	2:19.75	Conejo Valley Masters	Beata Konopka (50)	Jennifer Weideman (53)	Arlette Godges (55)	Becky Cleavenger (56)	2019
2	2:20.18	Conejo Valley Masters	Nancy Kirkpatrick-Reno (60)	Jennifer Weideman (49)	Lisa Schoenneman (53)	Becky Cleavenger (52)	2015
3	2:20.25	Conejo Valley Masters	Cynthia Zutter (51)	Jennifer Weideman (50)	Arlette Godges (52)	Becky Cleavenger (53)	2016
4	2:20.48	Novaquatics Masters	Colleen Yanco (54)	Amy Collins (42)	Katie Osborne (50)	Sue Neal (58)	2013
5	2:21.27	Conejo Valley Masters	Nancy Kirkpatrick-Reno (63)	Jennifer Weideman (52)	Arlette Godges (54)	Becky Cleavenger (55)	2018
6	2:22.34	Novaquatics Masters	Michele Merritt (50)	Jill Rendl (52)	Stacey Bennett (49)	Ming Robinson (56)	2019
7	2:22.59	Conejo Valley Masters	Beata Konopka (48)	Jennifer Weideman (51)	Arlette Godges (53)	Becky Cleavenger (54)	2017
8	2:24.36	Mission Viejo Masters	Jane Hoag (53)	Melissa Going (50)	Lisa Zawistoski (50)	Jennifer Batcheller (51)	2019
9	2:26.83	Conejo Valley Masters	Nancy Kirkpatrick-Reno (59)	Lisa Schoenneman (52)	Arlette Godges (50)	Becky Cleavenger (51)	2014
10	2:31.83	Conejo Valley Masters	Nancy Kirkpatrick-Reno(610)	Deanna Koehler (47)	Leslie Monroe (42)	Kimberly Meyer (58)	2016

400 LCM MEDLEY RELAY

1	5:02.61	UCLA Masters	Erika Stebbins (43)	Jenny Cook (55)	Christie Ciraulo (60)	Veronica Hibben (57)	2013
2	5:12.17	Conejo Valley Masters	Beata Konopka (49)	Jennifer Weideman (52)	Arlette Godges (54)	Becky Cleavenger (55)	2018
3	5:20.92	Conejo Valley Masters	Beata Konopka (48)	Jennifer Weideman (51)	Arlette Godges (53)	Becky Cleavenger (54)	2017
4	6:17.55	West Hollywood Aquatics	Jan Levinrad (55)	Jessica Seaton (49)	M Kleine Spang (46)	Mary Church (52)	2003
5	6:22.10	Las Vegas Masters	Dara Goldsmith (50)	Joanne Saul-Zachau (58)	Robin Barry (49)	Michelle Ashworth (53)	2016
6	6:27.25	Novaquatics Masters	Karlyn Griffith (42)	Jill Rendl 955)	Stephanie Kramer (48)	Barbara Helton (69)	2022
7	6:29.27	Mission Viejo Masters	Kelly Richell (45)	Theresa Dobbs (48)	Robin Smith (55)	Gwen Uthus (56)	2010
8	6:34.85	Mission Viejo Masters	Robin Sickles (50)	Gillian Doxzon (56)	Alison Mitchell (55)	Ahelee Sue Osborn (51)	2009
9	6:39.54	Golden Road Aquatics	Wendy Scherwat Ducourneau (68)	Heidi Sheaks (49)	Hillary Thomas (36)	Carolyn Zderko (51)	2018
10	6:40.21	Mission Viejo Masters	Jeanne McCleave (53)	Gwen Uthus (53)	Alison Mitchell (53)	Joanne Corrao (55)	2007



**SPMS T10 ALL TIME - WOMEN 240-279 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	2:07.82	Conejo Valley Masters	Becky Cleavenger (60)	Shelly Marshall (67)	Helen Cox (66)	Jennifer Weiderman (57)	2023
2	2:11.47	UCLA Masters	Evie Lynch (67)	Olivia Karlin (55)	Christie Ciraulo (66)	Heather Shannon (58)	2019
3	2:20.63	Novaquatics Masters	Pamela Ogden (62)	Veronica Hibben (63)	Lisa Cannon (61)	Julia Juliusson (54)	2019
4	2:21.57	Mission Viejo Masters	Bonnie Spivey (55)	Jeanne McCleave (59)	Beverly Montrella (67)	Alison Mitchell (59)	2013
5	2:25.75	Conejo Valley Masters	Beata Konopka (50)	Niki Stokols (62)	Diane Smith (74)	Nancy Kirkpatrick-Reno (64)	2019
6	2:28.16	Mission Viejo Masters	Diana Dolan LaMar (62)	Gwen Uthus (65)	Jeanne McCleave (65)	Carol Wilson (62)	2019
7	2:29.28	Mission Viejo Masters	Beverly Montrella (69)	Gwen Uthus (61)	Jeanne McCleave (61)	Kelly Richell (50)	2015
8	2:33.02	Mission Viejo Masters	Beverly Montrella (70)	Gwen Uthus (62)	Sherry Wendzel Brooks (56)	Gwynne Steidle (54)	2016
9	2:34.80	Mission Viejo Masters	Beverly Montrella (70)	Gwen Uthus (62)	Jeanne McCleave (62)	Sherry Wendzel Brooks (56)	2016
10	2:36.58	Mission Viejo Masters	Beverly Montrella (68)	Kim Burton (52)	Jeanne McCleave (60)	Gwen Uthus (60)	2014

**400 LCM FREESTYLE RELAY**

1	4:53.65	Conejo Valley Masters	Becky Cleavenger (60)	Shelly Marshall (67)	Helen Cox (66)	Jennifer Weiderman (57)	2023
2	5:27.21	Mission Viejo Masters	Gwen Uthus (54)	Alison Mitchell (54)	Robin Sickles (49)	Maurine Kornfeld (87)	2008
3	5:38.79	Conejo Valley Masters	Deanna Koehler (48)	Nancy Kirkpatrick-Reno (62)	Niki Stokols (60)	Diane Smith (72)	2017
4	5:40.44	Mission Viejo Masters	Beverly Montrella (69)	Gwen Uthus (61)	Jeanne McCleave (61)	Kelly Richell (50)	2015
5	6:00.75	Mission Viejo Masters	Gwen Uthus (62)	Beverly Montrella (70)	Sherry Wendzel Brooks (56)	Jeanne McCleave (62)	2016
6	6:01.51	Mission Viejo Masters	Beverly Montrella (63)	Gillian Doxzon (56)	Jeanne Little (72)	Gwen Uthus (55)	2009
7	6:03.27	Mission Viejo Masters	Beverly Montrella (68)	Gwen Uthus (60)	Jeanne McCleave (60)	Kim Burton (52)	2014
8	6:08.89	Mission Viejo Masters	Beverly Montrella (73)	Jeanne McCleave (65)	Gwen Uthus (65)	Sherry Wendzel Brooks (59)	2019
9	6:18.05	Mission Viejo Masters	Kim Burton (53)	Jeanne McCleave (61)	Gwen Uthus (61)	Beverly Montrella (69)	2015
10	6:28.46	Mission Viejo Masters	Sherry Wendzel Brooks (61)	Barbara Moore Barnett (61)	Margaret Stuart (63)	Gwen Uthus (67)	2021

**800 LCM FREESTYLE RELAY**

1	12:24.98	Mission Viejo Masters	Beverly Montrella (69)	Kelly Richell (50)	Jeanne McCleave (61)	Gwen Uthus (61)	2015
2	12:32.61	Mission Viejo Masters	Beverly Montrella (70)	Gwen Uthus (62)	Sherry Wendzel Brooks (56)	Gwynne Steidle (54)	2016
3	12:54.65	Mission Viejo Masters	Christina Calarco (38)	Beverly Montrella (77)	Sherry Wendzel Brooks (63)	Gwen Uthus (69)	2023
4	12:58.26	Mission Viejo Masters	Jeanne McCleave (65)	Beverly Montrella (73)	Gwen Uthus (65)	Lisa Zawistoski (50)	2019
5	13:14.97	Mission Viejo Masters	Beverly Montrella (68)	Kim Burton (52)	Jeanne McCleave (60)	Gwen Uthus (60)	2014
6	13:31.18	Mission Viejo Masters	Jeanne Little (72)	Gillian Doxzon (56)	Beverly Montrella (63)	Gwen Uthus (55)	2009
7	13:33.51	Novaquatics Masters	Cori McConkle (57)	Dionne Caldwell (79)	Robin Smith (56)	Kim Thornton (59)	2011
8	14:23.02	Mission Viejo Masters	Sherry Wendzel Brooks (61)	Barbara Moore Barnett (61)	Margaret Stuart (63)	Pamela Williams (65)	2021
9	14:38.17	Mission Viejo Masters	Gwen Uthus (54)	Alison Mitchell (54)	Robin Sickles (490)	Maurine Kornfeld (87)	2008
10	14:52.65	Mission Viejo Masters	Maurine Kornfeld (93)	Kim Burton (52)	Tami Barrera (42)	Gwen Uthus (60)	2014

**200 LCM MEDLEY RELAY**

1	2:23.54	Novaquatics Masters	Katie Osborne (56)	Terri MacDouall (55)	Veronica Hibben (63)	Debbie Bradbury (68)	2019
2	2:27.07	UCLA Masters	Evie Lynch (67)	Mary Jurey (53)	Christie Ciraulo (66)	Heather Shannon (58)	2019
3	2:31.02	Conejo Valley Masters	Helen Cox (66)	Jennifer Weiderman (57)	Shelly Marshall (67)	Becky Cleavenger (60)	2023
4	2:40.70	West Hollywood Aquatics	Carole Shigaki (58)	Jessica Seaton (60)	Andra Jaunzeme (60)	Jan Levinrad (66)	2013
5	2:59.86	Mission Viejo Masters	Beverly Montrella (69)	Gwen Uthus (61)	Jeanne McCleave (61)	Kelly Richell (50)	2015
6	3:05.74	Novaquatics Masters	Pamela Ogden (62)	Patricia Naruse 961)	Lisa Cannon (61)	Deborah Paquin (60)	2019
7	3:11.02	Mission Viejo Masters	Deanna Peterson (59)	Alenz Zikova (54)	Pamela Williams (65)	Gwen Uthus (57)	2021
8	3:11.63	Mission Viejo Masters	Kim Burton (52)	Gwen Uthus (60)	Jeanne McCleave (60)	Beverly Montrella (68)	2014
9	3:12.54	Mission Viejo Masters	Alison Mitchell (59)	Gwen Uthus (59)	Yolanda Osborne (59)	Carol Hayden (63)	2013
10	3:13.78	Novaquatics Masters	Sherry Wendzel Brooks (55)	Robin Smith (60)	Colleen Yanco (56)	Dionne Caldwell (83)	2015

**400 LCM MEDLEY RELAY**

1	5:41.59	Conejo Valley Masters	Helen Cox (66)	Jennifer Weiderman (57)	Shelly Marshall (67)	Becky Cleavenger (60)	2023
2	6:35.37	Mission Viejo Masters	Beverly Montrella (73)	Jeanne McCleave (65)	Lisa Zawistoski (50)	Gwen Uthus (65)	2019
3	6:55.29	Mission Viejo Masters	Beverly Montrella (70)	Sherry Wendzel Brooks (56)	Gwynne Steidle (54)	Gwen Uthus (62)	2016
4	7:00.18	Novaquatics Masters	Colleen Yanco (52)	Robin Smith (56)	Kim Thornton (59)	Dionne Caldwell (79)	2011
5	8:03.68	Rose Bowl Masters	Maurine Kornfeld (95)	Kristin Bennett (59)	Heidi Khalil (45)	Suzanne Hughes (50)	2016
6	8:05.85	Mission Viejo Masters	Beverly Montrella (63)	Gwen Uthus (55)	Jeanne Little (72)	Kathleen Love (59)	2009
7	8:15.68	West Hollywood Aquatics	Jan Levinrad (63)	Mary Church (60)	Jessica Seaton (57)	Carmen Berger (65)	2010
8	8:37.99	Mission Viejo Masters	Kathy Olivares (63)	Barbara Moore Barnett (63)	Sherry Wendzel Brooks (63)	Lisa Zeise (63)	2023
9	9:47.24	Rose Bowl Masters	Maurine Kornfeld (100)	Stephanie Egger (25)	Kristin Bennett (64)	Lynda Leopold (73)	2021
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**SPMS T10 ALL TIME - WOMEN 280-319 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	2:33.15	Mission Viejo Masters	Jan Levinrad (74)	Beverly Montrella (75)	Jeanne Mc Cleave (67)	Diana Dolan LaMar (64)	2021
2	2:51.67	Mission Viejo Masters	Jeanne Little (76)	Margrit Graef (82)	Gwen Uthus (59)	Carol Hayden (63)	2013
3	2:54.18	Mission Viejo Masters	Beverly Montrella (62)	Mindy Dougherty (56)	Margrit Graef (77)	Maurine Kornfeld (87)	2008
4	3:01.72	Mission Viejo Masters	Jan Levinrad (75)	Jeanne McCleave (68)	Margaret Cochran (70)	Joanne Corrao (70)0	2022
5	3:10.62	Mission Viejo Masters	Diana Dolan LaMar (65)	Gwen Uthus (68)	Jeanne Little (85)	Isabel Zippel (64)	2022
6	3:18.18	Mission Viejo Masters	Margrit Graef (79)	Maurine Kornfeld (89)	Jeanne Little (73)	Jeanne McCleave (56)	2010
7	3:18.67	Rose Bowl Masters	Maurine Kornfeld (96)	Kristin Bennett (60)	Sarah Osborne (55)	Ellen Shockro (75)	2017
8	3:19.06	Mission Viejo Masters	Beverly Montrella (65)	Margrit Graef (80)	Maurine Kornfeld (90)	Trisha Commons (47)	2011
9	3:19.26	Mission Viejo Masters	Jeanne Little (75)	Alison Mitchell (58)	Maurine Kornfeld (91)	Margrit Graef (81)	2012
10	3:20.11	Mission Viejo Masters	Beverly Montrella (73)	Jan Toohey (75)	Kathleen Love (69)	Gwen Uthus (65)	2019

**400 LCM FREESTYLE RELAY**

1	6:02.37	Mission Viejo Masters	Gwen Uthus (68)	Jan Levinrad (75)	Beverly Montrella (76)	Diana Dolan Lamar (65)	2022
2	6:45.97	Mission Viejo Masters	Beverly Montrella (67)	T Sorenson (47)	Jeanne Little (76)	Maurine Kornfeld (92)	2013
3	6:52.68	Mission Viejo Masters	Beverly Montrella (77)	Gwen Uthus (69)	Jeanne Little (86)	Jeanne Mc Cleave (69)	2023
4	7:00.10	Mission Viejo Masters	Beverly Montrella (64)	Jeanne Little (73)	Maurine Kornfeld (89)	Jeanne Mc Cleave (56)	2010
5	7:03.84	Mission Viejo Masters	Joanne Corrao (56)	Margrit Graef (77)	Beverly Montrella (62)	Maurine Kornfeld (87)	2008
6	7:27.32	Ojai-Santa Barbara Masters	Grace Altus (75)	Ruth Baar (78)	Ruth Farnham (70)	Malchia Olshan (65)	2000
7	7:30.32	Mission Viejo Masters	Jeanne Little (73)	Margrit Graef (79)	Maurine Kornfeld (89)	Jeanne Mc Cleave (56)	2010
8	9:11.14	Rose Bowl Masters	Maurine Kornfeld 9100)	Lynda Leopold (73)	Kristin Bennett (64)	Clea Jones (60)	2021
9	9:13.27	Ojai-Santa Barbara Masters	Jennie Taylor (82)	Grace Altus (75)	Ruth Farnham (69)	Ruth Baar (77)	1999
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**800 LCM FREESTYLE RELAY**

1	12:40.22	Mission Viejo Masters	Beverly Montrella (75)	Jan Levinrad (74)	Gwen Uthus (67)	Diana Dolan LaMar (64)	2021
2	15:00.10	Mission Viejo Masters	Beverly Montrella (64)	Jeanne Little (73)	Maurine Kornfeld (89)	Jeanne McCleave (56)	2010
3	15:30.45	Mission Viejo Masters	Beverly Montrella (62)	Joanne Corrao (56)	Margrit Graef (77)	Maurine Kornfeld (87)	2008
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**200 LCM MEDLEY RELAY**

1	3:02.83	Mission Viejo Masters	Beverly Montrella (75)	Jeanne Mc Cleave (67)	Diana Dolan LaMar (64)	Jan Levinrad (74)	2021
2	3:10.84	Mission Viejo Masters	Mindy Dougherty (56)	Margrit Graef (77)	Beverly Montrella (62)	Maurine Kornfeld (87)	2008
3	3:18.27	Mission Viejo Masters	Jeanne McCleave (59)	Margrit Graef (82)	Jeanne Little (76)	Beverly Montrella (67)	2013
4	3:34.77	Mission Viejo Masters	Beverly Montrella (76)	Jeanne Mc Cleave (68)	Jan Levinrad (75)	Margaret Cochran (70)	2022
5	3:36.87	Mission Viejo Masters	Beverly Montrella (77)	Jeanne Mc Cleave (69)	Jan Levinrad (76)	Margaret Cochran (71)	2023
6	3:41.29	Mission Viejo Masters	Maurine Kornfeld (87)	Margrit Graef (77)	Beverly Montrella (62)	Joanne Corrao (56)	2008
7	3:46.72	Rose Bowl Masters	Maurine Kornfeld (96)	Kristin Bennett (60)	Sarah Osborne (55)	Ellen Shockro (75)	2017
8	3:53.13	Rose Bowl Masters	Maurine Kornfeld (98)	Kristin Bennett (62)	Mary Newcombe (64)	Nancy Niebrugge (61)	2019
9	3:54.49	Ojai-Santa Barbara Masters	Gay Collins (68)	Malchia Olshan (67)	Grace Altus (74)	Ruth Baar (75)	1998
10	3:59.31	Ojai-Santa Barbara Masters	Ruth Farnham (69)	Malchia Olshan (68)	Grace Altus (75)	Ruth Baar (77)	1999

**400 LCM MEDLEY RELAY**

1	7:17.89	Mission Viejo Masters	Beverly Montrella (76)	Jeanne Mc Cleave (68)	Diana Dolan LaMar (65)	Jan Levinrad (75)	2022
2	8:08.92	Mission Viejo Masters	Maurine Kornfeld (89)	Beverly Montrella (64)	Jeanne McCleave (56)	Jeanne Little (73)	2010
3	8:29.35	Mission Viejo Masters	Jeanne Little (73)	Margrit Graef (79)	Jeanne McCleave (56)	Maurine Kornfeld (89)	2010
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SPMS T10 ALL TIME - WOMEN 320-359 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

- 1 NO RECORD
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400 LCM FREESTYLE RELAY

- 1 NO RECORD
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800 LCM FREESTYLE RELAY

- 1 NO RECORD
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200 LCM MEDLEY RELAY

- 1 NO RECORD
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400 LCM MEDLEY RELAY

- 1 NO RECORD
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SPMS T10 ALL TIME - WOMEN 360-399 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

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400 LCM FREESTYLE RELAY

- 1 NO RECORD
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800 LCM FREESTYLE RELAY

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200 LCM MEDLEY RELAY

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400 LCM MEDLEY RELAY

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**SPMS T10 ALL TIME – MEN 72-99 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	1:35.48	Rose Bowl Masters	Wyatt Ubellacker (29)	Samuel Ubellacker (21)	Ralph Porrazzo (27)	David Jiminez (22)	2019
2	1:40.33	Novaquatics Masters	Philip Kao (28)	Joel-Tyler Rodgers (21)	Evan Kraus (27)	Kevin Donnelly (22)	2013
3	1:41.95	UC Irvine Masters	Danny Giometti (24)	Austin Luther (23)	Nathan Rogers (23)	Will Wollam (23)	2010
4	1:42.87	Mission Viejo Masters	Patrick Sonsteng (21)	Brian Kespradit (21)	Jonathan Osborne (19)	Scott Walker (20)	2013
5	1:43.87	Golden Road Aquatics	Alexander Aceino (25)	Fabrice Wendel (23)	Alexander Campbell (25)	Daiki Sato (25)	2016
6	1:45.20	Novaquatics Masters	Keith Ryan (19)	Anthony Iacopetti (24)	Jim Kopp (29)	Gregory Busse (24)	2003
7	1:46.64	Mission Viejo Masters	Scott Weir (24)	Jimmy Hong (19)	Takumi Mitsudome (23)	Chip Polito (30)	2006
8	1:46.78	Beaver Swim Club	Alexander Damieki (25)	Taras Polakoff (24)	Aiden Asuncion (23)	Nicholas Gutierrez (25)	2023
9	1:48.30	UC Irvine Masters	John Wingender (24)	Jesse Trowbridge (22)	Garret Asay (26)	Ethan Yotter (26)	2003
10	1:48.63	Rose Bowl Masters	Ralph Sanchez (22)	Alec Alders (23)	Kenny Duarte (23)	Keith Vogelgesang (30)	2012

**400 LCM FREESTYLE RELAY**

1	3:54.72	Novaquatics Masters	Jim Kopp (29)	Anthony Iacop (24)	Keith Ryan (19)	Gregory Busse (24)	2003
2	3:59.89	Mission Viejo Masters	Camron Simmons (18)	Ramy Bishay (21)	David Pearson (22)	Daniel Peralta (26)	2022
3	4:01.36	Mission Viejo Masters	Brandon Kolarov (19)	Chris McElroy (21)	Daniel Roa (28)	Martin Vanek (27)	2018
4	4:06.99	Santa Clarita Masters Club	Christopher Stroh (25)	Billy Kutlyo (21)	Ralph Sanchez (22)	Keith Vogelgesang (30)	2012
5	4:07.73	Mission Viejo Masters	Daniel Peralta (27)	Daniel Roa (33)	Jared Chavez (20)	Camron Simmons (19)	2023
6	4:11.16	Riptide Aquatics	Steven Yu (24)	Sam Ayers (24)	Cory Nguyen (28)	Nicholas Olquin (19)	2023
7	5:38.65	Long Beach Grunions	Charles Sandlin (21)	Howie Realubit (24)	Kevin Clark (26)	David Ramirez (38)	2005
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**800 LCM FREESTYLE RELAY**

1	8:12.62	Golden Road Aquatics	Alexander Aceino (25)	Nicholas Korth (25)	Nickolas Popov (26)	Fabrice Wendel (23)	2016
2	9:00.32	UC Irvine Masters	Victor Dober (28)	Jeffrey Benson (26)	Ethan Yotter (25)	Kareem Adnan (20)	2002
3	9:20.69	Mission Viejo Masters	David Heron (27)	David Pearson (22)	David Breen (25)	Camron Simmons (18)	2022
4	9:33.31	Novaquatics Masters	Anthony Iacopetti (24)	Jim Kopp (29)	Keith Ryan (19)	Gregory Busse (24)	2003
5	10:10.89	Golden Road Aquatics	Misael Acosta-Gomez (22)	Brendan Lee (22)	Joshua Betts (19)	Jordan Adajar (24)	2016
6	10:55.56	Long Beach Grunions	Drew Giacobe (30)	Kevin Clark (26)	Charles Sandlin (21)	Enrique Ochoa (22)	2005
7	11:34.64	Mission Viejo Masters	Kelly Wilkings (23)	Melissa DiGregorio (23)	Melinda Bolton (21)	Monika Bickert (33)	2009
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**200 LCM MEDLEY RELAY**

1	1:52.16	Golden Road Aquatics	Ethan Webster (18)	Alexander Havton (20)	Tony Cox (28)	Gregory Havton (20)	2018
2	1:55.48	Golden Road Aquatics	Alexander Aceino (25)	Fabrice Wendel (23)	Alexander Campbell (25)	Daiki Sato (25)	2016
3	1:56.28	Mission Viejo Masters	Brian Kespradit (21)	Patrick Sonsteng (21)	Brian Weisbecker (19)	Garrett Hubbard (22)	2013
4	1:57.30	Mission Viejo Masters	Scot Weir (24)	Chip Polito (30)	Takumi Mitsudome (23)	Jimmy Hong (19)	2006
5	1:57.46	Mission Viejo Masters	Martin Vanek (27)	Daniel Peralta (22)	Chris McElvoy (21)	Brandon Kolarov (19)	2018
6	1:59.13	Beaver Swim Club	Taras Polakoff (24)	Nicholas Gutierrez (25)	Alexander Damiecki (25)	Aiden Asuncion (23)	2023
7	1:59.95	Mission Viejo Masters	Tanner Cridland (20)	Scott Walker (20)	Jonathan Osborne (19)	George Schnaars (18)	2013
8	2:01.14	Mission Viejo Masters	Camron Simmons (18)	Ramy Bishay (21)	David Pearson (22)	David Breen (25)	2022
9	2:01.60	Rose Bowl Masters	Alec Alders (24)	Hector Jimenez (21)	Ralph Sanchez (23)	James Banks (28)	2013
10	2:02.78	Santa Clarita Masters Club	Christopher Stroh (24)	Bryan Kitchener (19)	Mario Marshall (29)	Daniel Liebowitz (27)	2011

**400 LCM MEDLEY RELAY**

1	4:15.33	Mission Viejo Masters	Logan Redondo (24)	Daniel Peralta (22)	Daniel Fang (19)	Brandon Kolarov (19)	2018
2	4:26.18	Mission Viejo Masters	Eric Babbitt (24)	Ryan Larson (23)	Simon Harling (22)	Jay Li (23)	2011
3	4:39.52	Las Vegas Masters	Ben Erickson (26)	Dmitry Uchitel (27)	Devin Saez (24)	David Battin (18)	2007
4	4:47.15	Santa Clarita Masters Club	Christopher Stroh (25)	Billy Kutlyo (21)	Curren Bates (22)	Daniel Liebowitz (28)	2012
5	4:52.18	Golden Road Aquatics	Brendan Lee (22)	Fabrice Wendel 923)	Jordan Adajar (24)	Daiki Sato (25)	2016
6	4:57.49	Rose Bowl Masters	Alec Alders (23)	Keith Vogelgesang (30)	Ralph Sanchez (22)	Kenny Duarte (23)	2012
7	5:19.41	Long Beach Grunions	Drew Giacobe (30)	Charles Sandlin (21)	Enrique Ochoa (22)	Kevin Clark (26)	2004
8	5:37.27	Mission Viejo Masters	Melinda Bolton (21)	Monika Bickert (33)	Kelly Wilkings (23)	Melissa DiGregorio 923)	2009
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**SPMS T10 ALL TIME – MEN 100-119 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	1:41.50	Novaquatics Masters	Teemu Kettunen (25)	Oswaldo Quevedo (31)	Brandon Schindler (31)	Roberto Delgado (32)	2007
2	1:41.82	Las Vegas Masters	Billy Gaines (31)	Jesse Dwyer (20)	Garth Meacham (30)	Glenn Counts (35)	2012
3	1:42.58	Santa Clarita Masters Club	Nicholas Anguetta (23)	Christopher Stroh (26)	Daniel Anguetta (20)	Mario Marshall (31)	2013
4	1:42.83	Novaquatics Masters	Robert Dmytrow (30)	Andrew Seo (23)	Evan Kraus (25)	Evan Spencer (24)	2011
5	1:42.92	UC Irvine Masters	Brian Lawson (29)	Aly Ismail (30)	Jesse Trowbridge (24)	Hazem Amr (24)	2005
6	1:43.24	Mission Viejo Masters	Michael Jacob (28)	Thomas Herlihy (29)	Justin Sandvic (28)	David Schmidt (27)	2005
7	1:43.29	Mission Viejo Masters	Branden Carter (25)	Jesse Trowbridge (30)	Eric Babbitt (24)	Jay Li (23)	2011
8	1:43.31	Santa Barbara Masters	William Corrigan (23)	Gregory Baxter (29)	Aaron Goldschmidt (25)	Peter Lumsden (40)	1988
9	1:43.34	Mission Viejo Masters	David Schmidt (28)	Chip Polito (30)	Takumi Mitsudome (23)	Jimmy Hong (19)	2006
10	1:44.22	Mission Viejo Masters	Daniel Peralta (23)	Nicholas Deloney (19)	Ryan TerBush (29)	Danny Giometti (33)	2019

**400 LCM FREESTYLE RELAY**

1	3:49.51	Novaquatics Masters	Teemu Kettunen (25)	Oswaldo Quevedo (31)	Brandon Schindler (31)	Roberto Delgado (32)	2007
2	3:51.43	Santa Barbara Masters	William Corrigan (23)	Barron Cudda (33)	Gregory Baxter (29)	Matthew Lum (24)	1988
3	3:55.91	Southern California Aquatic Masters	Bram Tester (31)	Peter Egan (36)	David Tong (21)	Dan Wegner (28)	2000
4	3:57.66	Novaquatics Masters	Michael Roddy (25)	Jim Kopp (28)	Steve Mercier (30)	Jim Phalan (27)	2002
5	3:58.74	Long Beach Grunions	Drew Giacobe (30)	Enrique Ochoa (22)	Brian Kremers (31)	Erik Scollon (33)	2005
6	4:01.74	Mission Viejo Masters	Will Conk (24)	Gary Hope (34)	Brendan Herlihy (26)	Marcial DeJesus (34)	2002
7	4:02.10	Rose Bowl Masters	Alex Alders (26)	Scott Rimm (34)	Daniel Castro (24)	Justin Amour (30)	2015
8	4:03.11	Novaquatics Masters	Andrew Crowell (20)	Jason Dunham (34)	Cub Campbell (30)	Keith Ryan (20)	2004
9	4:06.31	Las Vegas Masters	Colin Sully (21)	Adam Berger (21)	Kenneth Fust (29)	Todd Dreitzler (29)	1999
10	4:09.16	Las Vegas Masters	Brook Bryman (33)	Tait Ecklund (29)	Andre Tiebout (22)	Timothy O'Brien (20)	2010

**800 LCM FREESTYLE RELAY**

1	8:46.75	Novaquatics Masters	Brandon Schindler (31)	Oswaldo Quevedo (31)	Roberto Delgado (32)	Teemu Kettunen (25)	2007
2	8:57.27	Novaquatics Masters	Evan Spener (24)	Robert Dmytrow (30)	Andrew Seo (23)	Brad Nygren (27)	2011
3	9:00.39	Rose Bowl Masters	Alec Alders (27)	Matthew Martin (30)	David Jiminez (19)	Jeremy Sotomayor (31)	2016
4	9:17.69	Novaquatics Masters	Andrew Crowell (20)	Andrew Priest (26)	Keith Ryan (20)	Michael Collins (38)	2004
5	9:18.58	UC Irvine Masters	Victor Dober (29)	Ethan Yotter (26)	Liam Murphy (31)	Jeff Laanep (28)	2003
6	9:20.30	Mission Viejo Masters	Daniel Roa (28)	Chris McElroy (21)	Jonas Altman-Kurosaki (30)	Daniel Peralta (22)	2018
7	9:22.90	Las Vegas Masters	Ben Erickson (28)	Yan Pronin (29)	Clayton Hurst (27)	Brook Brayman (32)	2009
8	9:35.88	Novaquatics Masters	Michael Matz (27)	Dickie Fernandez (37)	Adam Douglas (21)	Michael Amende (31)	2008
9	9:38.09	Las Vegas Masters	Ben Erickson (26)	David Battin (18)	Sabri Ozun (44)	Devin Saez (24)	2007
10	9:38.41	Long Beach Grunions	Peder Larsen (34)	Enrique Ochoa (22)	Brian Kremers (310)	Drew Giacobe (30)	2004

**200 LCM MEDLEY RELAY**

1	1:50.72	Novaquatics Masters	Jan Tichy (29)	Andrew Seo (23)	Robert Dmytrow (30)	Evan Kraus (25)	2011
2	1:51.03	Novaquatics Masters	Brandon Schindler (31)	Steve Stehrenberger (30)	Teemu Kettunen (25)	Oswaldo Quevedo (31)	2007
3	1:53.79	Las Vegas Masters	Jesse Dwyer (20)	Glenn Counts (35)	Garth Meacham (30)	Billy Gaines (31)	2012
4	1:55.84	Novaquatics Masters	Adil Assouab (30)	Gabriel Kirk (25)	Quinn Birtles (25)	Ryan Svendsen (34)	2022
5	1:56.18	Santa Barbara Masters	Scott Reed (35)	Matthew Wheeler (24)	Jonathan Bishop (34)	Evan Maczka (22)	2005
6	1:56.52	Golden Road Aquatics	Robert Daltorio (27)	Trevor Hoyt (28)	Damien Bernard (32)	Patrick O'Donnell (27)	2019
7	1:58.00	Santa Barbara Masters	Aaron Goldschmidt (25)	William Corrigan (23)	Matthew Lum (24)	Gregory Baxter (29)	1988
8	1:58.23	Mission Viejo Masters	Thomas Herlihy (29)	David Schmidt (27)	Michael Jacob (28)	Justin Sandvig (28)	2005
9	1:59.37	Novaquatics Masters	Michael Roddy (25)	Jim Kopp 928)	Steve Mercier (30)	Jim Phalan (27)	2002
10	1:59.80	UC Irvine Masters	Aly Ismail (30)	Victor Dober (31)	Kevin Olson (25)	Hazem Amr (24)	2005

**400 LCM MEDLEY RELAY**

1	4:15.40	Novaquatics Masters	Brandon Schindler (31)	Steve Stehrenberger (30)	Teemu Kettunen (25)	Oswaldo Quevedo (31)	2007
2	4:18.93	Santa Barbara Masters	Aaron Goldschmidt (25)	William Corrigan (23)	Matthew Lum (24)	Gregory Baxter (29)	1988
3	4:35.29	Mission Viejo Masters	Timothy Mahar (39)	Ramy Bishay (21)	Camron Simmons (18)	David Pearson (22)	2022
4	4:35.76	Novaquatics Masters	Geza Futo Tendai (23)	Danny Puchalski (28)	Dickie Fernandez (38)	Antonio Yang (27)	2009
5	4:39.12	Mission Viejo Masters	Brendan Herlihy (26)	Marcial DeJesus (34)	Will Conk (24)	Gary Hope (34)	2002
6	4:41.66	Rose Bowl Masters	Connor Beaulieu (23)	Chad Durieux (36)	Daniel Castro (24)	Alec Alders (26)	2015
7	4:42.51	Mission Viejo Masters	Jay Li (21)	Attila Szilagyi (28)	Scott Davison (27)	Michael Kolarov (37)	2009
8	4:43.49	Mission Viejo Masters	Danny Giometti (37)	David Heron (28)	Camron Simmons (19)	Jared Chavez (20)	2023
9	4:46.89	Rose Bowl Masters	Francisco Perez (24)	Danny Banks (28)	Albert Bergen (24)	Bill Wright (31)	1991
10	4:47.79	Mission Viejo Masters	Michael Knitz (20)	Jeff Grice (26)	Brett McCleave (28)	Kevin Joyce (38)	2010

SPMS T10 ALL TIME – MEN 120-159 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:34.82	Southern California Aquatic Masters	Matthew Cornue (34)	Erik Hochstein (41)	Erik Tolmachoff (28)	Christopher Beach (40)	2009
2	1:36.53	Novaquatics Masters	Oswaldo Quevedo (30)	Felipe Delgado (33)	Bernie Zeruhn (35)	Paul Carter (49)	2006
3	1:36.75	Mission Viejo Masters	Andrew Cov (34)	Mat Prasser (27)	Kevin Bartell (34)	Garrett Hubbard (28)	2019
4	1:37.65	TYR Masters	Brad Hibbard (37)	Robbert-Paul Smit (37)	Jeff Commings (32)	Dan Wegner (35)	2006
5	1:38.21	Las Vegas Masters	Billy Gaines (32)	Dan Wegner (42)	Chris Counts (37)	Glenn Counts (36)	2013
6	1:39.17	Rose Bowl Masters	Miguel Ortiz-Canavate Ozeki (32)	Eric Shi(29)	Jaremy Raper (39)	Ralph Porrazzo (31)	2023
7	1:39.81	Novaquatics Masters	Robert Dmytrow (38)	Evan Kraus (33)	Gabriel Kirk (22)	Jeff Natalizio (37)	2019
8	1:39.84	Southern California Aquatic Masters	Richard Drowelow (29)	Keith Kaplan (31)	Jerry Shandrew (32)	Bram Tester (29)	1998
9	1:40.45	Play Hard Swim Hard	Aaron Bartleson (36)	Derek Robinson (37)	Marcel Rinzler (35)	Curtis Sawin (35)	2006
10	1:41.34	Rose Bowl Masters	Alec Alders (25)	Dan Stephenson (57)	Kevin Kuhn (25)	Michael Mason (40)	2014

400 LCM FREESTYLE RELAY

1	3:39.60	TYR Masters	Rich Saeger (41)	Brad Hibbard (36)	Michael Ruffner (40)	Dan Wegner (34)	2005
2	3:42.74	Southern California Aquatic Masters	Richard Drowelow (29)	Keith Kaplan (31)	Jerry Shandrew (32)	Bram Tester (29)	1998
3	3:51.93	Southern California Aquatic Masters	Erik Hochstein (40)	Daniel Muth (42)	Nathan Janos (28)	Christopher Beach (39)	2008
4	3:56.40	Novaquatics Masters	Steve Stehrenberger (30)	Dickie Fernandez (36)	Bernie Zeruhn (36)	Thomas Wagner (45)	2007
5	4:00.55	Novaquatics Masters	Dickie Fernandez (38)	Michael Spiegel (26)	Jim Dietrich (38)	Marcel Rinzler (38)	2009
6	4:01.26	Mission Viejo Masters	Calvin Weis (38)	Ryan Cox (39)	David Rines (35)	Steve Gunnell (42)	2012
7	4:01.87	West Hollywood Aquatics	Daniel Ferguson (38)	Brandon Cobb (24)	Michael Dolan (35)	Bram Tester (35)	2005
8	4:01.94	Conejo Simi Aquatic Masters	Mark Lee (34)	Jonathan Kretz (31)	Carl Warren (36)	Peter Achberger (30)	2009
9	4:02.32	Santa Barbara Masters	Kristof Igloi (29)	Zachary Bethel (29)	Ryan Hanni (25)	J Greg Gaitan (51)	2016
10	4:02.53	West Hollywood Aquatics	Mike Crosby (31)	Bram Tester (41)	Brian Oliver (33)	Jeff Brooker (32)	2010

800 LCM FREESTYLE RELAY

1	8:03.21	Southern California Aquatic Masters	David Schiesinger (34)	Dan Wegner (38)	Matthew Harrigan (31)	Erik Hochstein (41)	2009
2	8:29.22	TYR Masters	Peter Ford (28)	Dan Wegner (36)	David Schiesinger (32)	Erik Hochstein (39)	2007
3	8:48.63	UC Irvine Masters	Bert Bergen (35)	Daniel Sullivan (42)	Patrick Keenan (30)	Steve Eisenhour (41)	2002
4	9:00.01	Golden Road Aquatics	Christopher Kang (28)	James Granados (34)	Ed Moses (36)	Ivan Serrano (33)	2016
5	9:00.89	Novaquatics Masters	Michael Roddy (25)	Michael Collins (36)	Steve Mercier (30)	Liam Murphy (30)	2002
6	9:01.43	Long Beach Grunions	Erik Scollon (33)	Brian Kremers (31)	Kurt Murdoch (38)	Thomas Boyd (48)	2005
7	9:04.94	Novaquatics Masters	Evan Kraus (26)	Matthew Arndt (28)	Mark Merlo (34)	Dagart Allison (32)	2012
8	9:06.98	Novaquatics Masters	Ian Pyott (24)	Michael Collins (39)	Tim Shumate (44)	Bernie Zeruhn (34)	2005
9	9:08.79	South Bay Masters	Roger Bartels (28)	Mike Griffith (28)	Robert Whitley (39)	Thomas Fahrenholz (27)	1988
10	9:16.87	Conejo Simi Aquatic Masters	Jonathan Kretz (31)	Carl Warren (36)	Peter Achberger (30)	Mark Lee (34)	2009

200 LCM MEDLEY RELAY

1	1:46.11	Mission Viejo Masters	Garrett Hubbard (28)	Mat Prasser (27)	Kevin Bartell (34)	Andrew Cox (34)	2019
2	1:48.58	TYR Masters	Jeff Commings (32)	Michael Ruffner (41)	Brad Hibbard (37)	Matthew Eisenhuth (32)	2006
3	1:49.34	TYR Masters	Rich Saeger (41)	Michael Ruffner (40)	Brad Hibbard (36)	Dan Wegner (34)	2005
4	1:51.64	Play Hard Swim Hard	Derek Robinson (37)	Aaron Bartleson (36)	Marcel Rinzler (35)	Curtis Sawin (35)	2006
5	1:52.50	Las Vegas Masters	Chris Counts (37)	Glenn Counts (36)	Garth Meacham (31)	Billy Gaines (32)	2013
6	1:53.01	Rose Bowl Masters	Miguel Ortiz-Canavate Ozeki (32)	Eric Shi (29)	Ralph Porrazzo (31)	Jeremy Raper (39)	2023
7	1:53.46	Rose Bowl Masters	Alec Alders (25)	Michael Mason (40)	Nick Fusedale (39)	Kevin Kuhn (25)	2014
8	1:53.93	City of Las Vegas Masters	Mark Magee (38)	Bradley Boodt (38)	Keith Dennison (36)	Eric Peterson (350)	2006
9	1:56.68	Novaquatics Masters	Jeffrey Blatnik (40)	Gabriel Kirk (22)	Robert Dmytrow (38)	Keith Ryan (35)	2019
10	1:57.64	Rose Bowl Masters	Nicolas Granger (50)	Jeremy Granger (24)	David Popko (40)	Andre Passos (44)	2017

400 LCM MEDLEY RELAY

1	4:21.47	Novaquatics Masters	Bernie Zeruhn (36)	Cameron Eckman (41)	Roberto Delgado (32)	Dickie Fernandez (36)	2007
2	4:22.64	Novaquatics Masters	Dagart Allison (32)	Wayne Hwang (34)	Matthew Arndt (28)	Evan Kraus (26)	2012
3	4:22.99	Novaquatics Masters	Scott Jackson (36)	Danny Puchalski (30)	Max Biessmann (26)	Robert Dmytrow (30)	2011
4	4:30.03	West Hollywood Aquatics	Colin Dueweke (32)	Jordan Harris (29)	Nick Peck (27)	Sam Dickinson (33)	2020
5	4:30.20	West Hollywood Aquatics	Jeffrey Sekido (32)	Matt Knight (41)	Bram Tester (33)	Kurt Smith (42)	2003
6	4:33.28	UC Irvine Masters	Mark Worthington (43)	Victor Dober (29)	Ethan Yotter (26)	John Wingender (24)	2003
7	4:33.36	Conejo Valley Masters	Justin McClure (31)	Nick Boshoff (46)	Doug Koehler (48)	Dillon Cleavenger (22)	2014
8	4:33.46	Novaquatics Masters	Tim Shumate (44)	William Ledger (36)	Bernie Zeruhn (34)	Ian Pyott (24)	2005
9	4:33.65	Santa Barbara Masters	Javier Saldena (44)	Kristof Igloi (32)	Curtis Lin (28)	Michael Power (51)	2019
10	4:34.42	Southern California Aquatic Masters	Roland Hartzell (36)	Mike Fitzgerald (37)	Keith Kaplan (35)	Todd Mitchell (41)	2003

SPMS T10 ALL TIME – MEN 160-199 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:36.28	TYR Masters	Matthew Eisenhuth (32)	John Smith (44)	Rich Saeger (42)	Paul Smith (47)	2006
2	1:37.91	TYR Masters	Michael Ruffner (41)	Brad Hibbard (37)	Paul Smoth (47)	Rich Saeger (42)	2006
3	1:39.85	Novaquatics Masters	Roberto Delgado (38)	Steve West (41)	Felipe Delgado (40)	Dickie Fernandez (42)	2013
4	1:41.72	Mission Viejo Masters	Rich Saeger (49)	Brad Hibbard (44)	David Sumner (43)	Andy Schmidt (52)	2013
5	1:43.13	Conejo Valley Masters	Chris Wall (52)	Kelly Karren (41)	Michael Boosin (48)	Daisuke Ito (34)	2014
6	1:43.16	Conejo Valley Masters	Matthew Biondi (49)	Doug Koehler (48)	Chris Wall (52)	Michael Boosin (48)	2014
7	1:43.49	Novaquatics Masters	Gerard Von Hoffmann (50)	Patrick Dideum (25)	Frank Wasko (46)	Tim Shumate (45)	2006
8*	1:43.65	Novaquatics Masters	Gerard Von Hoffmann (49)	Tim Shumate (44)	Frank Wasko (45)	Paul Carter (48)	2005
8*	1:46.43	Mission Viejo Masters	Steve Gunnell (49)	Brendan Herlihy (43)	Andy Fujimoto (49)	David Sumner (49)	2019
10	1:46.43	Southern California Aquatic Masters	Michael Boosin (47)	Mi Wolkowitz (32)	Daniel Muth (47)	Chris Wall (51)	2013

400 LCM FREESTYLE RELAY

1	3:41.49	Southern California Aquatic Masters	Dan Wegner (38)	Peter Egan (45)	Christopher Beach (40)	Erik Hochstein (41)	2009
2	3:56.78	Mission Viejo Masters	John Cook (35)	Andrew Bo Luddy (42)	Ryan Cox (50)	Danny Giometti (37)	2023
3	3:57.03	West Hollywood Aquatics	James Ballard (40)	Jon Bauer (46)	Kurt Smith (37)	Gary Quinn (40)	1998
4	3:58.60	West Hollywood Aquatics	Kurt Smith (42)	Philip Hayman (41)	Mike Mere (41)	Bram Tester (33)	2003
5	4:03.17	Long Beach Grunions	Thomas Boyd (48)	Steve Thomaidis (37)	Kurt Murdoch (38)	Erik Nielson (37)	2005
6	4:04.95	Ojai Masters	Greg Sproles (41)	Marc Whitman (51)	Franco Campana (48)	Bob Ward (46)	2009
7	4:05.19	Mission Viejo Masters	Brendan Herlihy (45)	John Cook (33)	Ray Borzone (62)	Andrew Luddy (40)	2021
8	4:05.29	Novaquatics Masters	Michael Collins (36)	Dan Schumacher (42)	Frank Wasko (42)	Tim Shumate (41)	2002
9	4:07.73	Mission Viejo Masters	Brendan Herlihy (46)	Ryan Cox (49)	Andrew Bo Luddy (41)	James Tobin (56)	2022
10	4:07.82	Southern California Aquatic Masters	Daniel Muth (43)	James McCloskey (45)	Kenneth Rippetoe (40)	Drew Porter (36)	2009

800 LCM FREESTYLE RELAY

1	8:15.15	TYR Masters	Rich Saeger (42)	Paul Smith (47)	Michael Ruffner (41)	Dan Wegner (35)	2006
2	8:26.24	Ventura County Masters	Mike Shaffer (37)	Tim Hedrick (39)	Mark Cleavenger (40)	Jim McConica (52)	2002
3	8:45.94	Novaquatics Masters	Jamie Fowler (53)	Dickie Fernandez (41)	Marcel Rinzler (41)	Bernie Zeruhn (41)	2012
4	8:52.80	Novaquatics Masters	Bernie Zeruhn (36)	Dickie Fernandez (36)	James Riddle (45)	Don Cholodenko (51)	2007
5	8:56.79	Mission Viejo Masters	Calvin Weis (38)	Ryan Cox (39)	David Sumner (42)	Steve Gunnell (42)	2012
6	9:09.69	Rose Bowl Masters	Nicolas Granger (49)	Greg Parker (47)	Dan Borton (48)	Andre Passos (43)	2016
7	9:20.69	Mission Viejo Masters	Steve Gunnell (41)	Michael Clark (43)	John Bright (47)	Ryan Cox (38)	2011
8	9:22.07	Southern California Aquatic Masters	James McCloskey (45)	Daniel Muth (43)	Kenneth Rippetoe (40)	Christopher Beach (40)	2009
9	9:23.28	Southern California Aquatic Masters	Casey Harmon (38)	Jay Calhoun (53)	Tony Austin (55)	Daisuke Ito (32)	2012
10	9:25.51	Las Vegas Masters	Bryan Jennings (47)	Bradley Boodt (42)	Mark Magee (42)	Garrett Thompson (48)	2010

200 LCM MEDLEY RELAY

1	1:47.72	TYR Masters	Rich Saeger (42)	Greg Rhodenbaugh (44)	Paul Smith (47)	John Smith (44)	2006
2	1:49.25	Novaquatics Masters	Jeff Natalizio (37)	Steve West (47)	Roberto Delgado (44)	Thomas Tabbert (41)	2019
3	1:52.21	Novaquatics Masters	Roberto Delgado (38)	Steve West (41)	Felipe Delgado (40)	Dickie Fernandez (42)	2013
4	1:55.67	Novaquatics Masters	Frank Wasko (46)	Terry Tongate (46)	Oswaldo Quevedo (30)	Tim Shumate (45)	2006
5	1:55.72	Novaquatics Masters	Frank Wasko (45)	Gerard Von Hoffmann (49)	Paul Carter (48)	Tim Shumate (44)	2005
6	1:56.84	Novaquatics Masters	Tord Benner (45)	G Von Hoffmann (48)	Frank Wasko (44)	Jim Phalan (29)	2004
7	1:58.20	UCLA Masters	Tito Morales (60)	Markus Rogan (37)	Joel Rector (37)	Brad Shenfeld (48)	2019
8	1:59.45	UC Irvine Masters	Sean Parker (38)	Philip John Templin (51)	Brian Kelca (45)	Brian Lawson (29)	2005
9*	1:59.69	Southern California Aquatic Masters	Erik Hochstein (40)	Dan Leonard (54)	Christopher Beach (39)	Chris Wall (46)	2008
9*	1:59.69	Conejo Valley Masters	Michael Boosin (49)	Doug Koehler (49)	Kelly Karren (42)	Chris Wall (53)	2015

400 LCM MEDLEY RELAY

1	4:13.61	Southern California Aquatic Masters	Erik Hochstein (41)	Christopher Beach (40)	Peter Egan (45)	Dan Wegner (38)	2009
2	4:20.09	UC Irvine Masters	Sean Parker (36)	John Templin (49)	Dan Sullivan (43)	Bert Bergen (36)	2003
3	4:26.81	West Hollywood Aquatics	James Ballard (40)	Mauro Bordovsky (41)	Kurt Smith (37)	Jon Bauer (46)	1998
4	4:30.25	Las Vegas Masters	Mark Magee (39)	Sabri Ozun (44)	Keith Dennison (37)	Gary Siroky (41)	2007
5	4:31.90	UC Irvine Masters	Bert Bergen (35)	John Templin (48)	Daniel Sullivan (42)	Scott Zornig (43)	2002
6	4:32.15	Las Vegas Masters	Bryan Jennings 947)	Bradley Boodt (42)	Mark Magee (42)	Garrett Thompson (48)	2010
7	4:32.82	Mission Viejo Masters	David Sumner (42)	Steve Gunnell (42)	Calvin Weis (38)	Ryan Cox (39)	2012
8	4:38.27	Mission Viejo Masters	David Sumner (41)	Michael Clark (43)	Calvin Weis (37)	Steve Gunnell (41)	2011
9	4:39.30	Novaquatics Masters	Marcel Rinzler (41)	Jim Dietrich (41)	Scott Jackson (37)	John Kirker (41)	2012
10	4:41.19	Novaquatics Masters	Bernie Zeruhn (44)	Wayne Hwang (37)	Yann De Fabrique (42)	Scott Jackson (40)	2015



SPMS T10 ALL TIME – MEN 200-239 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:44.81	Conejo Valley Masters	Scott Adair (53)	Michael Boosin (50)	Chris Wall (54)	Kelly Karren (43)	2016
2	1:46.33	Conejo Valley Masters	Matthew Biondi (49)	Robert Rosen (64)	Chris Wall (52)	Michael Boosin (48)	2014
3	1:47.61	Conejo Valley Masters	Kelly Karren (42)	Chris Wall (53)	Mark Buckley (62)	Michael Boosin (49)	2015
4	1:47.72	Conejo Valley Masters	Kelly Karren (44)	Chris Wall (55)	Doug Koehler (51)	Michael Boosin (51)	2017
5	1:48.59	Conejo Valley Masters	Chris Wall (56)	Kelly Karren (45)	Bradley Stolshek (57)	Michael Boosin (52)	2018
6	1:49.23	Conejo Valley Masters	Kelly Karren (45)	Doug Koehler (52)	Eric Marnoch (52)	Chris Wall (56)	2018
7	1:49.31	Conejo Valley Masters	Stephen Ball (40)	Michael Boosin (53)	Doug Koehler (53)	Chris Wall (57)	2019
8	1:49.41	Novaquatics Masters	James Riddle (51)	Gerard Von Hoffmann (57)	Andrew Sutton (51)	John Kirker (42)	2013
9	1:49.44	Southern California Aquatic Masters	Michael Boosin (46)	Jay Calhoun (53)	Chris Wall (50)	Tony Austin (55)	2012
10	1:50.55	Rose Bowl Masters	Dan Stephenson (56)	Ross Breitenbach (45)	Scott Sternberg (55)	Drew Skelly (47)	2013

400 LCM FREESTYLE RELAY

1	4:03.41	Conejo Valley Masters	Michael Boosin (50)	Scott Adair (53)	Chris Wall (54)	Kelly Karren (43)	2016
2	4:06.60	Conejo Valley Masters	Kelly Karren (44)	Doug Koehler (51)	Chris Wall (55)	Michael Boosin (51)	2017
3	4:07.93	Mission Viejo Masters	Steve Gunnell (51)	James Tobin (55)	Magid Ahmadi-Kashani (49)	Ryan Cox (48)	2021
4	4:08.73	Novaquatics Masters	Jamie Fowler (50)	Gerard Von Hoffmann (53)	James Riddle (47)	Tord Benner (50)	2009
5	4:08.82	Golden Road Aquatics	Kurt Dickson (51)	Michael Lucero (48)	Drew Skelly (52)	Nick Boshoff (51)	2018
6	4:15.73	Conejo Valley Masters	Kelly Karren (45)	Doug Koehler (52)	Chris Wall (56)	Mark Buckley (65)	2018
7	4:16.07	Novaquatics Masters	Gerard Von Hoffmann (55)	Jeffrey Crosson (50)	Michael Collins (45)	Robby Wyatt (50)	2011
8	4:16.59	West Hollywood Aquatics	Michael Mealiffe (62)	Charles Larson (50)	Bruce Hatton (45)	James Ballard (45)	2003
9	4:17.76	Southern California Aquatic Masters	Dan Leonard (56)	Chris Wall (48)	Brad Magit (52)	Bruce Thomas (53)	2010
10	4:19.96	Novaquatics Masters	Bernie Zeruhn (34)	Dick Stewart (65)	Henry Greenberg (57)	Frank Wasko (45)	2005

800 LCM FREESTYLE RELAY

1	9:03.84	Ventura County Masters	Tom Olson (56)	Kevin Lane (50)	Jim McConica (56)	Mike Shaffer (41)	2006
2	9:17.43	Novaquatics Masters	Craig Taylor (51)	Allen Todd (55)	Eric Schmidt (54)	Mark McCartin (50)	2004
3	9:23.51	Rose Bowl Masters	Julio Cienega (56)	David Popko (45)	Ronald Scott (51)	Dan Stephenson (65)	2022
4	9:28.36	Las Vegas Masters	Clark Ledger (51)	Nick Boshoff (48)	William Ledger (57)	Laurence Jaffee (56)	2016
5	9:30.52	Rose Bowl Masters	Patrick McGinley (51)	Dan Stephenson (57)	Dan Borton (46)	Drew Skelly (48)	2014
6	9:32.02	UC Irvine Masters	Brook Cross (53)	Robert Frank (46)	Allen Murray (59)	Rod Cargill (57)	2003
7	9:33.65	Las Vegas Masters	Tryggvi Helgason (46)	Sam Franklin (52)	R Scott Townsend (56)	Sabri Ozun (46)	2009
8	9:38.05	Southern California Aquatic Masters	Doug Kajiwara (52)	Jon Irwin (48)	Dan Leonard (55)	Daniel Slosberg (52)	2009
9	9:39.71	Mission Viejo Masters	Ham Homan (52)	Brian Goodell (52)	Steven Willment (53)	Kevin Weissman (49)	2011
10	9:40.54	Rose Bowl Masters	Dan Stephenson (55)	Drew Skelly (46)	Patrick McGinley (49)	Erik Sterne (60)	2012

200 LCM MEDLEY RELAY

1	1:56.29	Novaquatics Masters	Bernie Zeruhn (35)	Gerard Von Hoffmann (50)	Paul Carter (49)	Tom Angell (66)	2006
2	2:01.59	Rose Bowl Masters	Nils K Plett (57)	Kevin Quinn (48)	Ronald Scott (52)	Ross Breitenbach (55)	2023
3	2:01.84	Conejo Valley Masters	Michael Boosin (50)	Doug Koehler (50)	Kelly Karren 943)	Mark Buckley (63)	2016
4	2:02.09	Conejo Valley Masters	Michael Boosin (51)	Doug Koehler (51)	Kelly Karren (44)	Chris Wall (55)	2017
5	2:02.14	Novaquatics Masters	Tord Benner (54)	Gerard Von Hoffmann (57)	Frank Wasko (53)	John Kirker (42)	2013
6	2:02.44	Ventura County Masters	Mike Shaffer (40)	Hubie Kerns (56)	John Derr (56)	Jim McConica (55)	2005
7	2:03.61	Conejo Valley Masters	Michael Boosin (48)	Nick Boshoff (46)	Matthew Biondi (49)	Robert Rosen (64)	2014
8	2:05.30	Las Vegas Masters	Ryan Jennings (50)	Mark Magee (45)	Laurence Jeffee (53)	Scott Townsend (60)	2013
9	2:05.57	Conejo Valley Masters	Michael Boosin (52)	Chris Wall (56)	Kelly Karren (45)	Mark Buckley (65)	2018
10	2:06.33	Novaquatics Masters	Tord Benner (53)	Steve West (40)	Michael Collins (46)	Tom Angell (72)	2012

400 LCM MEDLEY RELAY

1	4:36.02	Ventura County Masters	Jim McConica (56)	John Derr (57)	Mike Shaffer (41)	Hubie Kerns (57)	2006
2	4:39.83	Southern California Aquatic Masters	Doug Kajiwara (52)	Dan Leonard (55)	Brad Magit (51)	Chris Wall (47)	2009
3	4:41.52	West Hollywood Aquatics	Michael Mealiffe (62)	Mauro Bordovsky (46)	James Ballard (45)	Jon Bauer (50)	2003
4	4:43.71	Southern California Aquatic Masters	Doug Kajiwara (51)	Dan Leonard (54)	Brad Magit (50)	Chris Wall (46)	2008
5	4:43.89	Conejo Valley Masters	Michael Boosin (51)	Doug Koehler (51)	Kelly Karren (44)	Chris Wall (55)	2017
6	4:46.15	Novaquatics Masters	Tord Benner (54)	Gerard Von Hoffmann (57)	Frank Wasko (53)	John Kirker (42)	2013
7	4:55.95	Mission Viejo Masters	Brian Goodell (52)	Philip Albright (51)	Michael Heather (57)	John Bright (47)	2011
8	4:56.29	Las Vegas Masters	Tryggvi Helgason (46)	Sam Franklin (52)	R Scott Townsend (56)	Sabri Ozun (46)	2009
9	4:57.10	West Hollywood Aquatics	Michael Mealiffe (64)	Kelly King (46)	Bruce Hatton (47)	Mike Mere (46)	2005
10	5:00.04	Rose Bowl Masters	Patrick Mc Ginley (50)	Julio Cienega (56)	Ronald Scott (51)	David Popko (45)	2022

SPMS T10 ALL TIME – MEN 240-279 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:49.66	Rose Bowl Masters	Thomas Taylor (64)	Stephen DeCosse (65)	Dan Stephenson (66)	Nils K Plett (57)	2023
2	1:52.11	Novaquatics Masters	Jeffrey Stevens (60)	Toby Weissert (61)	John Lorenz (63)	Jamie Fowler (60)	2019
3	1:53.13	Ventura County Masters	Glenn Gruber (63)	Hubie Kerns (63)	Jim McConica (62)	Michael Blatt (57)	2012
4	1:56.31	Rose Bowl Masters	Walter Hitch (60)	Dan Stephenson (55)	Erik Sterne (60)	Robert Strand (66)	2012
5	1:56.41	Mission Viejo Masters	Michael Heather (62)	Howard Burns (65)	Philip Albright (56)	Jay Standish (70)	2016
6	1:56.91	Long Beach Masters Swim	Rod Cargill (67)	Rick Skarbo (68)	Robert Hayes (62)	David Wenz (45)	2013
7	1:59.55	SWIM Long Beach	Sven Soedel (57)	Robert Hayes (68)	Rodney Cargill (73)	David Wenz (51)	2019
8	2:00.79	Mission Viejo Masters	John Campbell (66)	Gregory Aakhus (63)	Mark Longworth (62)	Douglas Barker (50)	2013
9	2L91.91	Novaquatics Masters	Toby Weissert (65)	Michael Collins (57)	Joe E Tack (65)	James Riddle (61)	2023
10	2:01.88	Mission Viejo Masters	Michael Hiller (61)	Brian Goodell (60)	Robert Mitchell (61)	Ray Borzone (60)	2019

400 LCM FREESTYLE RELAY

1	4:07.77	Ventura County Masters	Hubie Kerns (66)	Glenn Gruber (66)	Michael Blatt (60)	Mike Shaffer (50)	2015
2	4:13.50	Ventura County Masters	Glenn Gruber (62)	Hubie Kerns (62)	Jim McConica (61)	Michael Blatt (56)	2011
3	4:51.11	West Hollywood Aquatics	Mauro Bordovsky (54)	Neal Wiener (66)	Paulo Figueiredo (64)	Brian Murphy (62)	2010
4	4:53.72	Golden Road Aquatics	Hubie Kerns (68)	Mark Madden (57)	Bruce Rollins (68)	Mike Freshley (76)	2017
5	5:00.43	Rose Bowl Masters	Peter Wisner (63)	Gary Langendoen (65)	Tom Ettinger (62)	John Stacey (65)	2010
6	5:08.80	Conejo Valley Masters	Tom Pani (67)	Keith Robinson (65)	Bill Marshall (68)	Owen Lubow (65)	2023
7	5:10.55	Mission Viejo Masters	Robert Mitchell (64)	Timothy Sutton (61)	Mike Gibson (61)	Stephen Freitas (57)	2022
8	5:13.55	Mission Viejo Masters	Ray Borzone (64)	Eric Weber (54)	Bob Herrick (66)	William Kennedy (68)	2023
9	5:18.24	Rose Bowl Masters	Mike Freshley (75)	Michael Farmer (69)	H Lee Purgason (60)	Patrick McGinley (53)	2016
10	5:19.49	Long Beach Grunions	Bill Butler (67)	Jeffrey Dobra (69)	Jeff Liu (49)	Thomas Sheahan (58)	2023

800 LCM FREESTYLE RELAY

1	9:11.24	Ventura County Masters	Jim McConica (65)	Glenn Gruber (66)	Michael Blatt (60)	Mike Shaffer (50)	2015
2	9:20.38	Ventura County Masters	Jim McConica (62)	Hubie Kerns (63)	Glenn Gruber (63)	Michael Blatt (57)	2012
3	9:25.78	Ventura County Masters	Jim McConica (61)	Glenn Gruber (62)	Hubie Kerns (62)	Michael Blatt (56)	2011
4	9:35.14	Ventura County Masters	Jim McConica (60)	Hubie Kerns (61)	John Derr (61)	Glenn Gruber (61)	2010
5	9:41.20	Ventura County Masters	Larry Raffaelli (65)	Jim McConica (58)	Glenn Gruber (59)	Hubie Kerns (59)	2008
6	10:51.22	Conejo Valley Masters	Eric Marnoch (52)	Bradley Stolshek (57)	Frank Freeman (73)	Mark Buckley (65)	2018
7	11:10.67	Golden Road Aquatics	Hubie Kerns (68)	Mark Madden (57)	Bruce Rollins (68)	Mike Freshley (76)	2017
8	11:11.61	Conejo Valley Masters	Mark Buckley (63)	Robert Rosen (66)	Frank Freeman (71)	Mark Losinski (60)	2016
9	11:27.52	Rose Bowl Masters	Tom Ettinger (62)	John Stacey (65)	Peter Wisner (63)	Gary Langendoen (65)	2010
10	11:30.55	West Hollywood Aquatics	Charles Larson (62)	Jay Olson (65)	Paulo Figueiredo (68)	David Kirvan (50)	2014

200 LCM MEDLEY RELAY

1	2:06.11	Novaquatics Masters	Jamie Fowler (60)	Henry Vehovec (61)	Toby Weissert (61)	Jay Tapp (60)	2019
2	2:08.10	Conejo Valley Masters	Michael Boosin (53)	Clive Edwards (66)	Mark Buckley (66)	Scott Adair (56)	2019
3	2:08.12	Ventura County Masters	Jim McConica (62)	Hubie Kerns (63)	Glenn Gruber (63)	Michael Blatt (57)	2012
4	2:11.31	Rose Bowl Masters	Walter Hitch (60)	Robert Strand (66)	Erik Sterne (60)	Dan Stephenson (55)	2012
5	2:14.01	Mission Viejo Masters	Phillip Djang (59)	John Campbell (66)	Jeff Taylor (57)	Mark Longworth (62)	2013
6	2:14.15	Long Beach Masters Swim	Rick Skarbo (68)	Rod Cargill (67)	Robert Hayes (62)	David Wenz (45)	2013
7	2:15.18	SWIM Long Beach	Greg Hevener (47)	Rodney Cargill (72)	Robert Hayes (67)	Sven Soedel (56)	2018
8	2:15.41	Rose Bowl Masters	Dan Borton (55)	Thomas Taylor (64)	Patrick McGinley (60)	Dan Stephenson (66)	2023
9	2:17.33	Novaquatics Masters	James Riddle (61)	Steve West (51)	Joe E Tack (65)	George Serbia (63)	2023
10	2:19.56	Los Angeles Peninsula Swimmers	David Lindstedt (57)	Greg Heyes (59)	Steven Van Nort (62)	Gregory Willis (65)	2013

400 LCM MEDLEY RELAY

1	4:40.96	Ventura County Masters	Jim McConica (66)	Hubie Kerns (67)	Mike Shaffer (51)	Glenn Gruber (67)	2016
2	4:44.58	Ventura County Masters	Hubie Kerns (66)	Michael Blatt (60)	Mike Shaffer (50)	Glenn Gruber (66)	2015
3	4:46.32	Ventura County Masters	Jim McConica (60)	John Derr (61)	Hubie Kerns (61)	Glenn Gruber (61)	2010
4	4:56.71	Ventura County Masters	Jim McConica (58)	Hubie Kerns (59)	John Derr (59)	Larry Raffaelli (65)	2008
5	5:21.67	Rose Bowl Masters	Walter Hitch (63)	Winston Uchiyama (58)	Dan Stephenson (58)	Gary Langendoen (70)	2015
6	5:39.47	Rose Bowl Masters	Gary Langendoen (65)	Peter Wisner (63)	Steve Lowe (52)	Tom Ettinger (62)	2010
7	5:45.87	Novaquatics Masters	Mike Selna (66)	Stephen Sponagle (59)	Steven Samuel (59)	Steven Owen (63)	2014
8	5:47.76	West Hollywood Aquatics	Paulo Figueiredo (68)	Mauro Bordovsky (58)	Charles Larson (62)	Errol Graham (55)	2014
9	6:17.36	West Hollywood Aquatics	David Kirvan (56)	Charles Myers (67)	Errol Graham (61)	Mike Wallace (64)	2020
10	6:19.46	Novaquatics Masters	Everett Smethurst (72)	John Dauser (51)	Henry Greenberg (59)	Dan Neyenhuis (63)	2007

**SPMS T10 ALL TIME - MEN 280-319 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	2:12.99	Golden Road Aquatics	Hubie Kerns (68)	Bruce Rollins (68)	Monte Gast (70)	Mike Freshley (76)	2017
2	2:17.25	Rose Bowl Masters	Mike Freshley (74)	Gary Langendoen (70)	Peter Ronay (73)	Walter Hitch (63)	2015
3	2:18.74	Mission Viejo Masters	Steven Wigely (73)	Van Cochran (72)	Mark Longworth (71)	William Kennedy (67)	2022
4	2:21.21	Rose Bowl Masters	Mike Freshley (75)	Michael Farmer (69)	Douglas Goode (77)	Erik Sterne (64)	2016
5	2:21.24	Santa Barbara Masters	Jeff Farrell (82)	Michael Fasth (64)	Oded Rencus (74)	David Johannsen (65)	2020
6	2:22.74	Mission Viejo Masters	Howard Burns (67)	Jim Brown (75)	Ian Stuart (71)	Steven Wigely (69)	2018
7	2:24.67	Mission Viejo Masters	Van Cochran (73)	Mark Longworth (72)	Bruce McCleave (71)	Gary Clendenin (72)	2023
8	2:25.30	City of Las Vegas Masters	Fred Leipziger (78)	Richard Holder (62)	Victor Hecker (71)	Will Rauch (72)	2006
9	2:28.08	Long Beach Grunions	Kim Onisko (65)	Rick Miller (74)	Stan Smith (74)	Jeffrey Dobra (67)	2021
10	2:29.60	Long Beach Grunions	Stan Smith (74)	Rick Miller (74)	Kim Onisko (65)	Jeffrey Dobra (67)	2021

**400 LCM FREESTYLE RELAY**

1	5:33.88	Mission Viejo Masters	Van Cochran (72)	John Campbell (75)	Mark Longworth (71)	Robert Mitchell (64)	2022
2	5:36.48	Long Beach Grunions	Kim Onisko (65)	Rick Miller (74)	Stan Smith (74)	Jeffrey Dobra (67)	2021
3	5:42.16	Santa Barbara Masters	David Johannsen (64)	Philip Beguhl (66)	Douglas Prentice (70)	Jeff Farrell (81)	2018
4	5:45.54	Mission Viejo Masters	Norman Walton (65)	Van Cochran (73)	Miles Chedekel (75)	Mark Longworth (72)	2023
5	5:50.25	Santa Barbara Masters	Oded Rencus (74)	Philip Beguhl (67)	Douglas Prentice (71)	Jack Underwood (69)	2019
6	6:23.33	West Hollywood Aquatics	Laurence Houlgate (77)	Bill Donovan (72)	Charles Meyers (62)	Neal Wiener (71)	2015
7	6:55.82	Rose Bowl Masters	Michael Farmer (71)	Douglas Goode (79)	William Fleming (83)	Michael Tulin (64)	2018
8	6:47.75	Long Beach Grunions	Bart Parnes (67)	Stan Smith (76)	Rick Miller (76)	Jeffrey Dobra (69)	2023
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**800 LCM FREESTYLE RELAY**

1	12:54.43	Mission Viejo Masters	Norman Walton (65)	Mark Longworth (72)	Van Cochran (73)	Ian Stuart (76)	2023
2	13:10.03	Long Beach Grunions	Kim Onisko (65)	Rick Miller (74)	Stan Smith (74)	Jeffrey Dobra (67)	2021
3	15:53.10	Long Beach Grunions	Rick Miller (76)	Bart Parnes (67)	Stan Smith (76)	Jeffrey Dobra (69)	2023
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**200 LCM MEDLEY RELAY**

1	2:15.90	Ventura County Masters	Steven Heck (70)	Hubie Kerns (70)	Glenn Gruber (70)	Bruce Rollins (70)	2019
2	2:40.72	Rose Bowl Masters	Walter Hitch (63)	Mike Freshley (74)	Gary Langendoen (70)	Peter Ronay (73)	2015
3	2:35.94	Mission Viejo Masters	Steven Wigely (73)	John Campbell (75)	Mark Longworth (71)	Van Cochran (72)	2022
4	2:47.10	City of Las Vegas Masters	Will Rauch (72)	Richard Holder (62)	Fred Leipziger (78)	Victor Hecker (71)	2006
5	2:57.29	Santa Barbara Masters	Jeff Farrell (82)	David Johannsen (65)	Michael Fasth (64)	Oded Rencus (74)	2019
6	2:58.12	Long Beach Grunions	Kurt Thornburg (65)	Rick Miller (75)	Jeffrey Dobra (68)	Stan Smith (75)	2022
7	3:02.66	Mission Viejo Masters	Mark Seretan (69)	Miles Chedekel (75)	Mark Longworth (72)	Van Cochran (73)	2023
8	3:06.56	Long Beach Grunions	Jeffrey Dobra (67)	Stan Smith (74)	Rick Miller (74)	Kim Onisko (65)	2021
9	3:13.55	Long Beach Grunions	Jeffrey Dobra (67)	Kim Onisko (65)	Rick Miller (74)	Stan Smith (74)	2021
10	3:14.31	Mission Viejo Masters	Rudolf Graef (80)	John Millard (68)	Jim Stewart (70)	Robert Rolph (80)	2011

**400 LCM MEDLEY RELAY**

1	6:58.13	Long Beach Grunions	Jeffrey Dobra (67)	Stan Smith (74)	Rick Miller (74)	Kim Onisko (65)	2021
2	7:02.28	Mission Viejo Masters	Rudolf Graef (79)	Michael Colonnese (66)	Michael Heather (56)	Robert Rolph (79)	2010
3	7:35.46	Mission Viejo Masters	Andy Seretan (70)	Mark Seretan (69)	Miles Chedekel (75)	Van Cochran (73)	2023
4	7:37.53	Long Beach Grunions	Rick Miller (76)	Bart Parnes (67)	Jeffrey Dobra (69)	Stan Smith (76)	2023
5	7:50.03	West Hollywood Aquatics	John Bleck (81)	Jay Olson (65)	Neal Wiener (70)	Bill Donovan (71)	2014
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**SPMS T10 ALL TIME - MEN 320-359 – LCM RELAYS – Updated thru 12/31/2023**

**200 LCM FREESTYLE RELAY**

1	2:55.90	Costa Mesa	Woody Bowersock (86)	Louis Giberson (79)	Walter Pfeiffer (86)	Emile Achee (72)	1999
2	3:01.06	Mission Viejo Masters	Ed Farrell (81)	Rudolf Graef (82)	Robert Rolph (82)	Frank Piemme (88)	2013
3	3:15.82	Costa Mesa	Wayne McFarland (78)	Russell Campbell (74)	Bob Merrick (82)	Woody Bowersock (89)	2002
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**400 LCM FREESTYLE RELAY**

1	6:12.12	Costa Mesa	Bob Christians (82)	Louis Giberson (77)	Bob Merrick (78)	Woody Bowersock (85)	1998
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**800 LCM FREESTYLE RELAY**

1	16:30.81	Costa Mesa	Walter Pfeiffer (86)	Louis Giberson (79)	Bob Merrick (79)	Woody Bowersock (86)	1998
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**200 LCM MEDLEY RELAY**

1	3:28.51	Mission Viejo Masters	Robert Rolph (82)	John Millard (70)	Frank Piemme (88)	Ed Farrell (81)	2013
2	3:30.96	Costa Mesa	Bob Merrick (79)	Louis Giberson (79)	Walter Pfeiffer (86)	Woody Bowersock (86)	1999
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**400 LCM MEDLEY RELAY**

1	7:34.79	Costa Mesa	Bob Christians (82)	Bob Merrick (78)	Louis Giberson (77)	Woody Bowersock (85)	1998
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SPMS T10 ALL TIME - MEN 360-399 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	3:46.35	Costa Mesa	Dick Westerfield (90)	Walter Pfeiffer (92)	Robert Christians (90)	Woody Bowersock (92)	2005
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400 LCM FREESTYLE RELAY

1	10:43.13	Costa Mesa	Robert Christians (92)	Walter Pfeiffer (94)	S Wayne McFarland (83)	Woody Bowersock (94)	2007
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800 LCM FREESTYLE RELAY

1	25:29.59	Costa Mesa	S Wayne McFarland (83)	Robert Christians (94)	Walter Pfeiffer (94)	Woody Bowersock (94)	2007
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200 LCM MEDLEY RELAY

1	4:13.67	Costa Mesa	Robert Christians (90)	Dick Westerfield (90)	Walter Pfeiffer (92)	Woody Bowersock (92)	2005
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400 LCM MEDLEY RELAY

1	12:59.05	Costa Mesa	Woody Bowersock (94)	Robert Christians (92)	Walter Pfeiffer (94)	S Wayne McFarland (83)	2007
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SPMS T10 ALL TIME – MIXED 72-99 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:47.94	Conejo Simi Aquatic Masters	Wade Federer (30)	Lauren Hancock (27)	Christopher Ramos (20)	Kara Denby (23)	2009
2	1:48.01	UC Irvine Masters	Hazem Amr (24)	Michael Borokhov (21)	Elizabeth Carter (923)	Ashley De Paul (20)	2005
3	1:50.03	Golden Road Aquatics	Saskia Wong-Smith (18)	Luke Pechmann (28)	Megan Jex (27)	Ethan Webster (18)	2018
4	1:50.92	UC Irvine Masters	Jesse Trowbridge (24)	John Graass (23)	Aleah Amr (22)	Semah Zavareh (24)	2005
5	1:51.03	Novaquatics Masters	Kevin Donnelly (22)	Christina Daniels (24)	Christina Daniels (24)	Joel-Tyler Rodgers (21)	2013
6	1:52.14	Mission Viejo Masters	Alex Bae (24)	Emilie Claire Schneider (20)	Matt Haage (24)	Daniel Peralta (23)	2019
7	1:52.42	Novaquatics Masters	Michael Roddy (25)	Shannon Flahive (21)	Jim Phalan (27)	Nicole Huszcz (21)	2002
8	1:52.75	Mission Viejo Masters	Katie Moore (23)	Tuesday Schellinger (24)	Jay Li (23)	Eric Babbitt (24)	2011
9	1:52.80	Golden Road Aquatics	Laura Mendenhall (20)	Alex Lambert (23)	Heather McCorkel (22)	Alexander Campbell (26)	2017
10	1:53.00	Novaquatics Masters	Carolyn Kwok (25)	Teemu Kettunen (25)	Stephanie Morgan (21)	David Galli (23)	2007

400 LCM FREESTYLE RELAY

1	3:56.54	Conejo Simi Aquatic Masters	Wade Federer (20)	Lauren Hancock (27)	Christopher Ramos (20)	Kara Denby (23)	2009
2	4:17.47	Novaquatics Masters	Evan Kraus (25)	Marlena Tonelli (23)	Jennifer Schumacher (26)	Andrew Seo (23)	2011
3	4:18.44	Mission Viejo Masters	Richard Hunter (26)	Katie Moore (24)	Kelsey Muller (30)	Jonathan Osborne (18)	2012
4	4:19.15	Ojai Masters	Evan Kristiansen (19)	Gabrielle Bradley (18)	Michelle Horgan (19)	Robert Campana (20)	2009
5	4:20.86	UC Irvine Masters	Patrick Keenan (27)	M Ahmadi-Kashani (27)	Natalie Ferrell (27)	Krystal Durfey (23)	1999
6	4:27.61	Inland Masters	M Danapilis (27)	Christina Deeter (25)	Evan Evansky (30)	Alvaro Famos (25)	1999
7	4:28.42	Mission Viejo Masters	Brandon Kolarov (19)	Lauren Nyberg (18)	Emily Christensen (21)	Chris McElroy (21)	2018
8	4:32.52	Mission Viejo Masters	Lacey Hall (21)	Alex Bae (27)	Camron Simmons (18)	David Pearson (22)	2022
9	4:32.63	Novaquatics Masters	Danny Puchalski (28)	Geza Futo Tendai (23)	Megan MacDonald (24)	Cristina Pelaez (22)	2009
10	4:35.10	Mission Viejo Masters	Jimmy Hong (19)	Erica Laughlin (19)	Britney Danfield (19)	Chip Polito (30)	2006

800 LCM FREESTYLE RELAY

1	8:55.39	Conejo Simi Aquatic Masters	Kara Denby (23)	Lauren Hancock (27)	Christopher Ramos (20)	Wade Federer (20)	2009
2	9:44.11	Rose Bowl Masters	Melissa Cienega (20)	Samantha Campbell (22)	Sean Fisher (23)	Andrew Lum (25)	2018
3	9:50.75	Mission Viejo Masters	Jeffrey Larson (26)	Ryan Larson (24)	Katie Moore (24)	Emi Yamaguchi (21)	2012
4	10:03.27	Mission Viejo Masters	David Pearson (22)	Camron Simmons (18)	Alex Bae (27)	Ancilla Rompala (31)	2022
5	10:04.01	Mission Viejo Masters	Danny Giometti (32)	Lauren Nyberg (18)	Alex Bae (23)	Logan Redondo (24)	2018
6	10:11.54	Rose Bowl Masters	Gwendolyn Mathias (21)	Karlee Mortenson (23)	Kenny Duarte (25)	Michael Strickland (25)	2014
7	10:11.68	Ojai Masters	Evan Kristiansen (19)	Gabrielle Bradley (18)	Michelle Horgan (19)	Robert Campana (20)	2009
8	10:13.83	Rose Bowl Masters	Alec Alders (22)	Chad Durieux (32)	Chad Durieux (32)	Berklie Oscarson (19)	2011
9	10:21.01	Golden Road Aquatics	Daiki Sato (25)	Lizz Grainger (25)	Allyson Young (24)	Alexander Campbell (25)	2016
10	11:22.22	Mission Viejo Masters	Jimmy Hong (19)	Erica Laughlin (19)	Britney Danfield (19)	Chip Polito (30)	2006

200 LCM MEDLEY RELAY

1	2:02.84	Conejo Simi Aquatic Masters	Lauren Hancock (27)	Kara Denby (23)	Wade Federer (20)	Christopher Ramos (20)	2009
2	2:04.74	Ojai-Santa Barbara Masters	Scott Reed (27)	Wenke Hansen (29)	Brian Alderman (29)	Katrina Carson (25)	1998
3	2:05.38	Novaquatics Masters	Michael Roddy (25)	Shannon Flahive (21)	Jim Phalan (27)	Nicole Huszcz (21)	2002
4	2:05.56	Rose Bowl Masters	Simon Burnett (31)	Kenny Duarte (25)	Berlie Oscarson (22)	Gwendolyn Mathias (21)	2014
5	2:08.60	Novaquatics Masters	Gregory Busse (24)	Shannon Flahive (22)	Keith Ryan (19)	Michele Brown (28)	2003
6	2:08.66	Mission Viejo Masters	Jay Li (21)	Katie Moore (21)	Hiro Sugimoto (26)	Melissa DiGregorio (23)	2009
7	2:07.00	Novaquatics Masters	Jewelz Andrews (20)	Christina Daniels (24)	Kevin Donnelly (22)	Joel-Tyler Rodgers (21)	2013
8	2:07.07	Las Vegas Masters	Samantha Pearson (19)	Andre Tiebout (22)	Megan Kelley (20)	Timothy O'Brien (20)	2010
9	2:07.22	Novaquatics Masters	Andrew Seo (23)	Marlena Tonelli (23)	Jan Tichy (29)	Meredith Krom (24)	2011
10	2:07.68	Rose Bowl Masters	David Jimenez (19)	Kristine Magnusson (26)	Griffin Yerian (19)	Lauren Turner (24)	2016

400 LCM MEDLEY RELAY

1	4:35.26	Conejo Simi Aquatic Masters	Lauren Hancock (27)	Kara Denby (23)	Wade Federer (20)	Nick Glaze (26)	2009
2	4:46.38	Novaquatics Masters	Marlena Tonelli (23)	Andrew Seo (23)	Evan Kraus (25)	Cristina Pelaez (24)	2011
3	4:51.01	UC Irvine Masters	Ethan Yotter (24)	Sara Showalter (20)	Tory Dobler (27)	A Klingenberg (22)	2001
4	4:52.40	Rose Bowl Masters	Berklie Oscarson (19)	Chad Durieux (32)	Alec Alders (22)	Amanda Wetzler (25)	2011
5	5:14.14	Golden Road Aquatics	Kenny Duarte (28)	Heather McCorkel (22)	Patrick O'Donnell (25)	Laura Mendenhall (20)	2017
6	5:14.83	Ojai Masters	Robert Campana (20)	Evan Kristiansen (19)	Gabrielle Bradley (18)	Michelle Horgan (19)	2009
7	5:16.04	UC Irvine Masters	Natalie Ferrell (27)	M Ahmadi-Kashani (27)	Patrick Keenan (27)	Krystal Durfey (23)	1999
8	5:20.72	Mission Viejo Masters	Jimmy Hong (19)	Erica Laughlin (19)	Britney Danfield (19)	Chip Polito (30)	2006
9	5:33.99	Rose Bowl Masters	Michael Langendoen (19)	Andrea Azuma (33)	Max Ly (19)	Elizabeth Shdo (25)	2010
10	5:35.19	Mission Viejo Masters	Melinda Bolton (21)	Attila Szilagyi (28)	Scott Davison (27)	Kelly Wilkings (23)	2009

SPMS T10 ALL TIME – MIXED 100-119 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:46.87	Novaquatics Masters	Evan Kraus (27)	Courtney Martz (25)	Rendy Opdycke (29)	Robert Dmytrow (32)	2013
2	1:47.20	Rose Bowl Masters	Jon Mendoza (34)	Jack Plaga (26)	Marissa Clapp (30)	Lauren Frendreis (28)	2017
3	1:47.70	Novaquatics Masters	Gabriel Kirk (22)	Kenndy Hood (20)	Cassidy Feltenberger (23)	Jeff Natalizio (37)	2019
4	1:48.89	Rose Bowl Masters	Alex Alders (25)	Kevin Kuhn (25)	Lauren Frendreis (25)	Judy Ho (29)	2014
5	1:50.07	Orange County Riptides	Sarah Yao (26)	Josh Matsushima (25)	McKinley Becraft 923)	Cory Nguyen (27)	2022
6	1:50.39	Rose Bowl Masters	Jeremy Sotomayor (31)	Jon Mendoza (33)	Lauren Frendreis (27)	Ashley Hauser (28)	2016
7	1:50.61	Southern California Aquatic Masters	Nathan Janos (29)	Ann Yearwood (25)	Jenifer Bronson (28)	Matthew Cornue (34)	2009
8	1:50.74	Coastal Machine Aquatics	Andrew Adams (32)	Lizzie Wiley (26)	Brigitte Winkler (27)	Kelly Dullard (29)	2022
9	1:51.61	Santa Clarita Masters Club	Bryan Kitchener (20)	Shayla Austin (19)	Cheri Ellington (55)	Christopher Stroh (25)	2012
10	1:52.08	Novaquatics Masters	Gabriela Hickman (28)	Fiona Peterson (28)	Brad Hibbard (32)	Eduardo Graf (28)	2001

400 LCM FREESTYLE RELAY

1	3:54.81	Southern California Aquatic Masters	Nathan Janos (29)	Matthew Harrigan (31)	Ann Yearwood (25)	Jacqueline Corcoran (27)	2009
2	4:12.92	Novaquatics Masters	Brad Hibbard (32)	Gabriela Hickman (28)	Fiona Peterson (28)	Eduardo Graf (28)	2001
3	4:16.16	Novaquatics Masters	Robert Dmytrow (30)	Megan McDonald (26)	Brandy Bounds (30)	Evan Spencer (24)	2011
4	4:16.50	Mission Viejo Masters	Jared Chavez (20)	Stephanie Peacock (31)	Emily Christiansen (26)	David Heron (28)	2023
5	4:16.63	Mission Viejo Masters	Richard Hunter (26)	Olivia Page (24)	Kelsey Muller (30)	James Foltz (27)	2012
6	4:26.52	Mission Viejo Masters	Tanner Remai (31)	Katie Moore (23)	Branden Carter (25)	Melissa DiGregorio (25)	2011
7	4:27.25	Golden Road Aquatics	Kenny Duarte (26)	Jennifer Goetz (26)	Jordan Danny (24)	Ryan O'Connor (33)	2015
8	4:27.63	Conejo Simi Aquatics Msaters	Rob Dumouchel (28)	Lauren Dakin (21)	Nick Glaze (26)	Julie Flores (42)	2009
9	4:35.66	Fullerton Masters Team	Janet Church-Ha (29)	Ned Laubacher (29)	Joan Laubacher (28)	Matt Truxaw (32)	1992
10	4:44.92	Ojai Masters	Ben Edwards (36)	Elin Cheverez (33)	Michelle Horgan (18)	Kevin Jauregui (20)	2008

800 LCM FREESTYLE RELAY

1	8:39.99	Southern California Aquatic Masters	Erik Tolmachoff (28)	Nathan Janos (29)	Jacqueline Corcoran (27)	Ann Yearwood (25)	2009
2	9:26.50	Mission Viejo Masters	Merritt Johnson (30)	Rebekah Olsen (31)	Eric Babbitt (24)	Branden Carter (25)	2011
3	9:51.37	Mission Viejo Masters	Rebekah Olsen (30)	Kevin Joyce (38)	Katie Moore (22)	Brett McCleave (28)	2010
4	9:55.71	Mission Viejo Masters	Jennifer Fant (30)	Nicholas O'Hare (37)	Shannon Packard (21)	Richard Elder (29)	2004
5	10:09.71	Novaquatics Masters	Gabriela Hickman (28)	Fiona Peterson (28)	Andy Villarete (30)	Eduardo Graf (28)	2001
6	10:14.54	Golden Road Aquatics	Abica Dubai (31)	Kenny Duarte (27)	Julia Browne (31)	Jacob Cook (28)	2016
7	10:28.00	Novaquatics Masters	Allison Gooch (20)	Jessica Goldacre (27)	Alex Chung (30)	Danny Puchalski (29)	2010
8	10:34.73	Rose Bowl Masters	Andrea Azuma (33)	Melissa Merritt (29)	Chad Durieux (31)	Michael Langendoen (19)	2010
9	10:42.15	South Bay Masters	Kristine Magnusson (22)	Maggie Bobbin (24)	Keith Vogelgesang (30)	Satoshi Ono (38)	2012
10	10:48.33	Rose Bowl Masters	Elizabeth Wood (29)	Elizabeth Shdo (25)	Scott Thomas-Fitch (34)	Chad Durieux (31)	2010

200 LCM MEDLEY RELAY

1	1:54.22	Rose Bowl Masters	Karen Younkings (33)	Maria Carlson (24)	Wyatt Ubellacker (29)	Samuel Ubellacker (21)	2019
2	1:58.72	Mission Viejo Masters	Ryan TerBush (29)	Mat Prasser (27)	Kaitlyn Jones (25)	Allison TerBush (29)	2019
3	2:03.80	Rose Bowl Masters	Lauren Turner (25)	Marissa Clapp (30)	Jack Plaga (26)	Daniel Castro (26)	2017
4	2:04.51	UC Irvine Masters	Jeff Hoskinson (40)	Jennifer Johnson (30)	Danny Giometti (27)	Kierstin Colesen (22)	2013
5	2:04.79	Rose Bowl Masters	Alec Alders (25)	Stefanie Capizzi (27)	Lauren Frendreis (25)	Kevin Kuhn (25)	2014
6	2:05.43	Novaquatics Masters	Patrick Dideum (25)	Margaret Reilly-Regan (37)	Oswaldo Quevedo (30)	Brandy Bounds (25)	2006
7	2:06.01	Mission Viejo Masters	Andrew Garcia (33)	Jiajia Wang (26)	Steven Litchfield (36)	Arianna Gardner (24)	2005
8	2:06.10	Novaquatics Masters	Courtney Martz (25)	Matthew Arndt (29)	Anna Toggias (28)	Mark Merlo (35)	2013
9	2:06.22	Coastal Machine Aquatics	Lizzie Wiley (26)	Brigitte Winkler 927)	Kelly Dullard (29)	Andrew Adams (32)	2022
10	2:06.66	Mission Viejo Masters	Kelsey Muller (30)	Richard Hunter (26)	James Folz (27)	Olivia Page (24)	2012

400 LCM MEDLEY RELAY

1	4:37.24	Southern California Aquatic Masters	Nathan Janos (29)	Matthew Harrigan (31)	Ann Yearwood (25)	Jacqueline Corcoran (27)	2009
2	4:51.67	Mission Viejo Masters	Shannon Packard 921)	Jiajia Wang (25)	Nicholas O'Hare (27)	Richard Elder (29)	2004
3	4:56.79	Conejo Simi Aquatics Msaters	Christopher Ramos (20)	Lauren Dakin (21)	Rob Domouchel (28)	Julie Flores (42)	2009
4	4:56.81	Novaquatics Masters	Jessica Goldacre (27)	Danny Puchalski (29)	Allison Gooch (20)	Alex Cheung (30)	2010
5	4:59.60	Mission Viejo Masters	Nick Theders (37)	Kelly Wilkings (19)	Brittany Hosner (19)	Douglas Barker (42)	2005
6	5:02.46	Conejo Valley Masters	Jennifer Finotti-Sheppard (44)	Gabriella Moreno (21)	Sawyer Graczyk (19)	Andrew Barmann (28)	2021
7	5:03.38	Golden Road Aquatics	Ryan O'Connor (33)	Kenny Duarte (26)	Hannah Hesser (27)	Jennifer Goetz (26)	2015
8	5:03.97	Rose Bowl Masters	Ashley Hauser (28)	Lauren Frendreis (27)	Alec Alders (27)	Jeremy Sotomayor (31)	2016
9	5:07.50	Novaquatics Masters	Anthony Iacopetti (24)	Jim Kopp (28)	Fiona Petersen (30)	Allison Garland (31)	2003
10	5:10.26	Mission Viejo Masters	James Foltz (27)	Jeff Grice (28)	Emi Yamaguchi (21)	Melissa Church (24)	2012

SPMS T10 ALL TIME – MIXED 120-159 – LCM RELAYS – Updated thru 12/31/2023

**200 LCM FREESTYLE RELAY**

1	1:44.18	Rose Bowl Masters	Ralph Porrazzo (31)	Natalie Tedjasukmana (28)	Michelle Rodrigue (31)	Miguel Ortiz-Canavate Ozeki (32)	2023
2	1:46.60	Las Vegas Masters	Chris Counts (37)	Kari Adams (47)	Maki Moore (28)	Glenn Counts (36)	2013
3	1:47.16	TYR Masters	Brend Bergstedt (26)	Marika McCue (43)	Robbert-Paul Smit (37)	Jennifer Stein (43)	2006
4*	1:49.11	Golden Road Aquatics	Mario Marshall (37)	Bree Irvin (28)	Olivia Alva (28)	Damien Bernard (32)	2019
4*	1:49.14	Novaquatics Masters	Felipe Delgado (32)	Michele Brown (30)	Fiona Petersen (32)	Bernie Zeruhn (34)	2005
6	1:49.14	Santa Barbara Masters	Kevin Kuhn (27)	Michael Power (48)	Alison Bernal (32)	Grace Stori (20)	2016
7	1:49.17	Novaquatics Masters	Felipe Delgado (33)	Margaret Reilly-Fegan (37)	Alison McGookin (31)	Patrick Dideum (26)	2006
8	1:50.95	Mission Viejo Masters	Merritt Johnson (30)	Rebekah Olsen (31)	Jesse Trowbridge (30)	George Polizos (35)	2011
9	1:51.06	Conejo Valley Masters	Nick Boshoff (45)	Becky Cleavenger (50)	Erin Rosas (24)	Wade Federer (24)	2013
10	1:52.05	UC Irvine Masters	Aly Ismail (30)	Brian Lawson (290)	Monica Fox (31)	Julie Swail (33)	2005

**400 LCM FREESTYLE RELAY**

1	4:12.59	Southern California Aquatic Masters	David Schlesinger (34)	Alexis Binder (30)	Rossella Pescatori (38)	Matthew Harrigan (31)	2009
2	4:15.66	Novaquatics Masters	Tim Shumate (45)	Alison McGookin (31)	Jennifer Schumacher (21)	Bernie Zeruhn (35)	2006
3	4:22.27	UC Irvine Masters	M Ahmadi-Kashani (29)	David Turbow (32)	Julie Swail (28)	Stacey Gavigan (31)	2001
4	4:26.67	Long Beach Grunions	Jacqueline Corcoran (31)	Drew Giacobe (39)	Amy Wheeler (39)	Brian Kremers (40)	2013
5	4:26.69	Mission Viejo Masters	Ryan Cox (43)	George Polizos (41)	Emily Christiansen (19)	Heidi Walker (41)	2016
6	4:28.42	Mission Viejo Masters	Jennifer Fant (30)	Meredith May (30)	Lincoln Djang (45)	Brian Goodell (45)	2004
7	4:29.67	Novaquatics Masters	Michael Collins (46)	Ashley Merlo (31)	Astrid Cybulskis (38)	Mark Merlo (34)	2012
8	4:31.48	West Hollywood Aquatics	Elizabeth Vucinich (29)	Susan Shore (47)	Chad Young (45)	Slava Agafonoff (22)	2009
9	4:31.62	Southern California Aquatic Masters	David Schlesinger (34)	Rossella Pescatori (38)	Erik Tolmachoff (28)	Nancy Motherway (33)	2009
10	4:32.55	West Hollywood Aquatics	Bram Tester (33)	Vicki Roberts (39)	Lara Potter (27)	Michael Crosby (23)	2003

**800 LCM FREESTYLE RELAY**

1	8:47.80	Novaquatics Masters	Evan Kraus (25)	Heidi Cough (30)	Cynthia Lewis (36)	Dickie Fernandez (40)	2011
2	9:54.52	Conejo Valley Masters	Jennifer Weiderman (48)	Justin McClure (31)	Deanna Koehler (45)	Daisuke Ito (34)	2014
3	10:00.89	West Hollywood Aquatics	Jeffrey Sekido (32)	Carole Shigaki (47)	Lara Potter (27)	Bram Tester (33)	2003
4	10:25.61	Novaquatics Masters	Jeff Rovinsky (41)	Katie McEwen (41)	Sonia Wilson (38)	Jeffrey Blatnik (33)	2012
5	10:33.14	Conejo Simi Aquatic Masters	Becky Cleavenger (46)	Nick Glaze (26)	Julie Flores (42)	Rob Dumouchel (28)	2009
6	10:33.56	Mission Viejo Masters	Emily Christiansen (21)	Cailyn Bugbee (30)	Jonas Altman-Kurosaki (30)	Ryan Cox (45)	2018
7	10:34.49	Rose Bowl Masters	Sean Paxton (41)	Andrea Azuma (33)	Cheris Saito (26)	Peter Hixson (44)	2010
8	10:52.13	Rose Bowl Masters	Alec Alders (26)	Julia Stengel (30)	Erica Seubert (34)	Chad Durieux (36)	2015
9	10:54.32	Mission Viejo Masters	Margaret Reilly (33)	Jason Alexander (33)	J Greenfield (28)	Ed Dahlen (51)	2002
10	10:56.96	Mission Viejo Masters	Rebekah Olsen (30)	Jennifer Batcheller (42)	Steve Gunnell (40)	Rafael Barrero (31)	2010

**200 LCM MEDLEY RELAY**

1	1:55.89	Rose Bowl Masters	Ralph Porrazzo (31)	Michelle Rodrigue (31)	Miguel Ortiz-Canavate Ozeki (32)	Natalie Tedjasukmana (28)	2023
2	2:00.96	Play Hard Swim Hard	Derek Robinson (37)	Aaron Bartleson (36)	Erin McIntyre (25)	Nathalie Bartleson (38)	2006
3	2:02.66	Santa Barbara Masters	Brooke Green (40)	Curtis Lin (28)	Jill Jones (27)	Michael Power (51)	2019
4	2:03.83	Rose Bowl Masters	Ralph Porrazzo (30)	Thomas Taylor (63)	Nicole Cienega (21)	Angeli Paull (20)	2022
5	2:04.53	Las Vegas Masters	Chris Counts (370)	Maki Moore (28)	Glenn Counts (36)	Karin Wegner (41)	2013
6	2:05.30	Novaquatics Masters	Bernie Zeruhn (34)	Margaret Reilly (36)	Brian Pharris (28)	Tracy White (41)	2005
7	2:05.80	Novaquatics Masters	Megan Hedges (39)	Cynthia Lewis (36)	Evan Kraus (25)	Dickie Fernandez (40)	2011
8	2:06.37	Competitive Tri-Swim Masters	Chris Boyer (35)	Lindsay Willmer (37)	Megan Lambert (21)	Johannes Harmse (31)	2013
9	2:06.42	Southern California Aquatic Masters	Daisuke Ito (32)	Rossella Pescatori (41)	Arlette Godges (48)	Casey Harmon (38)	2012
10	2:06.55	Novaquatics Masters	Marcel Rinzler (36)	Tara Anderson (28)	Brandon Schindler (31)	Christen Foster (32)	2007

**400 LCM MEDLEY RELAY**

1	4:31.62	Southern California Aquatic Masters	David Schlesinger (34)	Rossella Pescatori (38)	Erik Tolmachoff (28)	Nancy Motherway (33)	2009
2	4:43.50	Rose Bowl Masters	Simon Burnett (31)	Chad Durieux (35)	Gwendolyn Mathias (21)	Kathy Chung (33)	2014
3	4:54.45	Novaquatics Masters	Megan Hedges (39)	Cynthia Lewis (36)	Roberto Delgado (36)	Evan Spencer (24)	2011
4	5:01.57	Santa Barbara Masters	Evan Morrison (32)	Denise Lindberg (30)	Domenico Sottile (35)	Mia Nielsen (23)	2012
5	5:04.22	Mission Viejo Masters	Duncan Houldsworth (34)	Rykk Bracamonte (30)	Rebekah Olsen (30)	Jennifer Batcheller (42)	2010
6	5:06.84	West Hollywood Aquatics	Elizabeth Vucinich (29)	Chad Young (45)	Slava Agafonoff (22)	Susan Shore (47)	2009
7	5:07.97	Southern California Aquatic Masters	Jenifer Bronson (29)	Rossella Pescatori (29)	Kenneth Rippetoe (41)	Chris Wall (48)	2010
8	5:12.53	Costa Mesa Aquatic Club	Lizzie Wiley (25)	Diego Pombo (59)	Cory Nguyen (26)	Grace Chyun (47)	2021
9	5:13.21	Mission Viejo Masters	Ryan Kennedy (29)	Merrit Morris (31)	David Rines (35)	Larisa Lorenz (31)	2012
10	5:14.09	Rose Bowl Masters	David Popko (44)	Chad Durieux (42)	Stefanie Capizzi (34)	Ann Tsuchiya (32)	2021

SPMS T10 ALL TIME – MIXED 160-199 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:42.27	TYR Masters	John Smith (44)	Rich Saeger (42)	Collette Sappey (42)	Sheri Hart (35)	2006
2	1:47.88	Mission Viejo Masters	Ann Worthington (40)	Jeff Taylor (50)	David Schmidt (28)	Tami Engel (43)	2006
3	1:49.07	Novaquatics Masters	Roberto Delgado (44)	Cara Davidoff (33)	Cindy Bertelink (44)	Wayne Hwang (41)	2019
4	1:50.95	Conejo Valley Masters	Becky Cleavenger (51)	Michael Boosin (48)	Doug Koehler (48)	Jillian Friend (28)	2014
5	1:50.98	Southern California Aquatic Masters	Erik Hochstein (41)	Arlette Godges (45)	Jenni Carlson (39)	Daniel Muth (43)	2009
6	1:51.06	Santa Barbara Masters	Michael Power (51)	Darlene Krohn (38)	Javier Saldena (44)	Adrienne Binder Brown (34)	2019
7	1:51.29	Novaquatics Masters	Steve West (41)	Amy Collins (42)	Chantal Lauzon (40)	Felipe Delgado (40)	2013
8	1:52.97	Santa Barbara Masters	Marcie Kjoller (38)	Paul Buvick (49)	Jane Cairns (36)	Roland Smith (38)	2006
9	1:53.58	Las Vegas Masters	Mark Magee (44)	Heidi Boodt (43)	Kari Adams (46)	Glenn Counts (35)	2012
10	1:54.08	Santa Barbara Masters	Kip Fulbeck (56)	Brittany Borowitz (32)	Sharon Otsuki (45)	Michael Power (53)	2021

400 LCM FREESTYLE RELAY

1	3:58.05	Southern California Aquatic Masters	Jenny Cook (51)	Erik Hochstein (41)	Matthew Cornue (34)	Arlette Godges (45)	2009
2	4:09.02	Novaquatics Masters	Emily Odgers (43)	Tim Shumate (50)	Cynthia Lewis (36)	Dickie Fernandez (40)	2011
3	4:23.23	Las Vegas Masters	Nick Boshoff (47)	Karin Wegner (43)	Florence Aitken (49)	Michael Brunella (47)	2015
4	4:23.46	Conejo Valley Masters	Jennifer Weiderman (48)	Doug Koehler (48)	Deanna Koehler (45)	Michael Boosin (48)	2014
5	4:27.04	Conejo Valley Masters	Nick Boshoff (46)	Chris Wall (52)	Arlette Godges (50)	Beata Konopka (45)	2014
6	4:27.16	Mission Viejo Masters	Paul Mundl (41)	Patty Furukawa (47)	Ryan Cox (45)	Melissa Going (49)	2018
7	4:27.98	Novaquatics Masters	Mike McNeill (40)	Emily Odgers (39)	Barbara Lastelic (41)	Michael Collins (41)	2007
8	4:30.72	Mission Viejo Masters	Danny Giometti (37)	Patty Furukawa (52)	Christina Calarco (38)	Ryan Cox (50)	2023
9	4:33.19	Las Vegas Masters	Mark Magee (42)	Becky Lamph (42)	Bradley Boodt (42)	Ursula Landreth (41)	2010
10	4:33.61	West Hollywood Aquatics	Amy Danzier (47)	Enrique Ochoa (29)	Andrea Hawcridge (49)	Bram Tester (42)	2011

800 LCM FREESTYLE RELAY

1	9:30.78	Mission Viejo Masters	Andy Fujimoto (40)	Cynthia Lewis (35)	Kelly Richell (45)	James Bergen (42)	2010
2	9:40.41	Novaquatics Masters	Emily Odgers (43)	Roberto Delgado (36)	Megan Hedges (39)	James Riddle (49)	2011
3	9:49.59	Southern California Aquatic Masters	Brian McAteer (34)	Ana Fradkin (45)	Rossella Pescatori (47)	Doug Kajiwara (61)	2018
4	10:06.81	Southern California Aquatic Masters	Ana Fradkin (44)	Rossella Pescatori (46)	Brian McAteer (33)	Bill Ireland (58)	2017
5	10:07.27	Novaquatics Masters	Thomas Wagner (45)	Mike McNeill (40)	Emily Odgers (39)	Ahelee Sue Osborn (49)	2007
6	10:16.62	Southern California Aquatic Masters	Jenny Cook (51)	Chris Wall (47)	Joy Tiernan (30)	Erik Hochstein (41)	2009
7	10:34.20	Las Vegas Masters	Karin Wegner (45)	Susan Cushman (55)	Tico Clark (45)	Dan Wegner (46)	2017
8	10:39.56	Mission Viejo Masters	Mark Terry (47)	Michael Nicholls (39)	TJ Sorenson (45)	Kelly Richell (46)	2011
9	10:40.19	West Hollywood Aquatics	Chad Young (47)	Elizabeth Vucinich (31)	Susan Shore (49)	Raymond Camacho (47)	2011
10	10:42.35	Golden Road Aquatics	Marci Edge (52)	Mario Marshall (34)	Julie Shikiya-Pascucci (42)	Michael Lucero (46)	2016

200 LCM MEDLEY RELAY

1	1:56.34	Novaquatics Masters	Jeff Natalizio (37)	Steve West (47)	Stacey Bennett (49)	Cindy Bertelink (44)	2019
2	1:58.35	TYR Masters	Marika McCue (43)	Michael Ruffner (41)	Robbert-Paul Smit (37)	Susan Von Der Lippe (41)	2006
3	2:06.34	Southern California Aquatic Masters	Erik Hochstein (41)	Rossella Pescatori (38)	Arlette Godges (45)	Daniel Muth (43)	2009
4	2:06.59	Santa Barbara Masters	Brooke Green (42)	Brittany Borowitz (32)	Kip Fulbeck (56)	Michael Power (53)	2021
5	2:07.52	Novaquatics Masters	Tord Benner (40)	Steve West (40)	Susanne Simpson (52)	Stephanie Kramer (38)	2012
6	2:07.90	Novaquatics Masters	Roberto Delgado (38)	Steve West (41)	Sue Neal (58)	Astrid Cybulska (39)	2013
7	2:07.99	Southern California Aquatic Masters	Brian McAteer (35)	Rossella Pescatori (48)	Ana Fradkin (46)	Reid Dammann (45)	2019
8	2:08.58	Conejo Valley Masters	Michael Boosin (48)	Doug Koehler (48)	Arlette Godges (50)	Becky Cleavenger (51)	2014
9	2:08.71	Southern California Aquatic Masters	Michael Boosin (45)	Rada Owen (33)	Arlette Godges (47)	Steven Nussbaum (50)	2011
10	2:09.15	Los Angeles Peninsula Swimmers	Jane McCall (46)	Traci Granger (47)	Chuck Ponthier (42)	Duncan McBride (51)	2005

400 LCM MEDLEY RELAY

1	5:01.69	Conejo Valley Masters	Beata Konopka (45)	Nick Boshoff (46)	Doug Koehler (48)	Becky Cleavenger (51)	2014
2	5:05.90	Southern California Aquatic Masters	Marci Baun (43)	Rada Owen (33)	Kenneth Rippetoe (42)	Jay Calhoun (52)	2011
3	5:06.38	Southern California Aquatic Masters	Matthew Nance (46)	Jennifer Bronson (30)	Arlette Godges (47)	Daniel Muth (45)	2011
4	5:06.52	Las Vegas Masters	Kristin Balogh (46)	Derek Tsang (46)	Dan Wegner (46)	Karin Wegner (45)	2017
5	5:11.88	Mission Viejo Masters	Kevin Weissman (42)	Terry Tongate (44)	Tami Engel (41)	Joy Leutner (46)	2004
6	5:13.84	Novaquatics Masters	Barbara Lastelic (41)	Abel Tong (43)	Gil Ines (40)	Emily Odgers (49)	2007
7	5:19.43	Rose Bowl Masters	Greg Parker (47)	Cheryl Simmons (49)	Dan Borton (48)	Meghan O'Donnell (33)	2016
8	5:20.74	West Hollywood Aquatics	Jan Levinrad (51)	Matt Knight (37)	Don Skeoch (35)	Cathryn Chicola (45)	1998
9	5:21.78	Southern California Aquatic Masters	Bill Ireland (51)	Karen Melick (53)	Erik Hochstein (42)	Joy Tiernan (31)	2010
10	5:24.13	Rose Bowl Masters	Andrea Azuma (33)	Jill Keenan-Boline (41)	Peter Hixson (44)	Winston Uchiyama (53)	2010



SPMS T10 ALL TIME – MIXED 200-239 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:49.92	Conejo Valley Masters	Michael Boosin (48)	Chris Wall (52)	Arlette Godges (50)	Lisa Schoenneman (52)	2014
2	1:50.38	Conejo Valley Masters	Becky Cleavenger (53)	Arlette Godges (52)	Chris Wall (54)	Michael Boosin (50)	2016
3	1:50.49	Conejo Valley Masters	Becky Cleavenger (54)	Arlette Godges (53)	Kelly Karren (44)	Michael Boosin (51)	2017
4	1:51.76	Conejo Valley Masters	Kelly Karren (45)	Arlette Godges (54)	Becky Cleavenger (55)	Michael Boosin (52)	2018
5	1:52.73	Conejo Valley Masters	Michael Boosin (49)	Chris Wall (53)	Becky Cleavenger (52)	Lisa Schoenneman (53)	2015
6	1:52.92	Conejo Valley Masters	Stephen Ball (49)	Michael Boosin (53)	Arlette Godges (55)	Becky Cleavenger (56)	2019
7	1:53.26	Conejo Valley Masters	Michael Boosin (50)	Chris Wall (54)	Arlette Godges (52)	Becky Cleavenger (53)	2016
8	1:53.45	Novaquatics Masters	Steve West (47)	Michele Merritt (50)	Terri MacDougall (55)	Jim Dietrich (48)	2019
9	1:54.22	Conejo Valley Masters	Eric Marnoch (48)	Chris Wall (52)	Arlette Godges (50)	Lisa Schoenneman (52)	2014
10	1:54.41	Novaquatics Masters	Dickie Fernandez (42)	Katie Osborne (50)	Colleen Yanco (54)	Gerard Von Hoffmann (57)	2013

400 LCM FREESTYLE RELAY

1	4:03.96	Conejo Valley Masters	Matthew Biondi (49)	Becky Cleavenger (51)	Lisa Schoenneman (52)	Michael Boosin (48)	2014
2	4:23.05	Las Vegas Masters	Kari Adams (44)	Sam Franklin (53)	Carolyn Battin (56)	Bryan Jennings (47)	2010
3	4:23.82	Southern California Aquatic Masters	Jenny Cook (51)	Brad Magit (51)	Maureen McDonald (47)	Doug Kajiwara (52)	2009
4	4:27.34	Conejo Valley Masters	Becky Cleavenger (53)	Michael Boosin (50)	Deanna Koehler (47)	Chris Wall (54)	2016
5	4:30.23	Conejo Valley Masters	Jennifer Weiderman (51)	Becky Cleavenger (54)	Mark Buckley (64)	Kelly Karren (44)	2017
6	4:32.06	Conejo Valley Masters	Kelly Karren (44)	Becky Cleavenger (54)	Arlette Godges (53)	Mark Buckley (64)	2017
7	4:33.39	Conejo Valley Masters	Jennifer Weiderman (50)	Arlette Godges (52)	Mark Buckley (63)	Doug Koehler (50)	2016
8	4:37.68	Rose Bowl Masters	Dan Borton (50)	Cheryl Simmons (51)	Ross Breitenbach (50)	Kim O'Grady (57)	2018
9	4:43.64	Novaquatics Masters	Ahelee Sue Osborn (49)	James Riddle (45)	Don Cholodenko (51)	Kim Thornton (55)	2007
10	4:45.52	Southern California Aquatic Masters	Michael Boosin (46)	Kim Meyer (54)	James Lucas (62)	Melissa Latt (49)	2012

800 LCM FREESTYLE RELAY

1	9:15.06	Conejo Valley Masters	Becky Cleavenger (55)	Jill Gellatly (51)	Kelly Karren (45)	Doug Koehler (52)	2018
2	10:11.40	Southern California Aquatic Masters	Dan Leonard (56)	Arlette Godges (46)	Jenny Cook (52)	Brad Magit (52)	2010
3	10:19.37	Conejo Valley Masters	Arlette Godges (52)	Chris Wall (54)	Jennifer Weiderman (50)	Michael Boosin (50)	2016
4	10:21.56	Conejo Valley Masters	Arlette Godges (50)	Deanna Koehler (45)	Frank Freeman (69)	Doug Koehler (48)	2014
5	10:23.82	Rose Bowl Masters	Patrick McGinley (53)	Susan Gold (56)	Winston Uchiyama (59)	Cheryl Simmons (49)	2016
6	10:33.01	Southern California Aquatic Masters	Arlette Godges (47)	Jay Calhoun (52)	Melissa Latt (48)	James Lucas (61)	2011
7	10:37.92	Golden Road Aquatics	Cheri Ellington (60)	Marci Edge (53)	Drew Skelly (51)	Jonathan Edge (51)	2017
8	10:43.01	Novaquatics Masters	Jamie Fowler (52)	Sherry Wendzel Brooks (51)	Colleen Yanco (52)	Tim Shumate (50)	2011
9	10:48.75	Mission Viejo Masters	Michael Heather (55)	Beverly Montrella (63)	Richard Neiswonger (50)	Robin Smith (54)	2009
10	11:03.09	Conejo Simi Aquatic Masters	Heidi Christensen (51)	Niki Stokols (52)	Tom Pani (53)	Jeff Moxie (51)	2009

200 LCM MEDLEY RELAY

1	2:07.01	Conejo Valley Masters	Michael Boosin (48)	Chris Wall (52)	Arlette Godges (50)	Lisa Schoenneman (52)	2014
2	2:07.41	Conejo Valley Masters	Michael Boosin (50)	Doug Koehler (50)	Arlette Godges (52)	Becky Cleavenger (53)	2016
3	2:08.44	Conejo Valley Masters	Michael Boosin (52)	Jennifer Weiderman (52)	Kelly Karren (45)	Becky Cleavenger (55)	2018
4	2:08.80	Conejo Valley Masters	Michael Boosin (53)	Doug Koehler (53)	Arlette Godges (55)	Becky Cleavenger (56)	2019
5	2:09.95	Mission Viejo Masters	Jane Hoag (53)	Melissa Going (50)	Steve Gunnell (49)	Douglas Barker (56)	2019
6	2:09.97	Conejo Valley Masters	Michael Boosin (48)	Lisa Schoenneman (52)	Matthew Biondi (949)	Becky Cleavenger (51)	2014
7	2:10.26	Conejo Valley Masters	Michael Boosin (51)	Arlette Godges (53)	Kelly Karren (44)	Becky Cleavenger (54)	2017
8	2:12.09	Novaquatics Masters	Colleen Yanco (54)	Gerard Von Hoffmann (57)	Katie Osborne (50)	Felipe Delgado (940)	2013
9	2:14.68	Conejo Valley Masters	Michael Boosin (50)	Doug Koehler (950)	Arlette Godges (52)	Becky Cleavenger (53)	2016
10*	2:15.65	Conejo Valley Masters	Nancy Kirkpatrick-Reno (62)	Chris Wall (55)	Mark Buckley (64)	Cindie Boosin (35)	2017
10*	2:15.65	Irvine Novaquatics	Travis Bartosh (39)	Jim Dietrich (51)	Katie Osborne (59)	Veronica Hibben (66)	2022

400 LCM MEDLEY RELAY

1	5:11.39	Southern California Aquatic Masters	Bruce Thomas (52)	Karen Melick (52)	Jenny Cook (51)	James McCloskey (45)	2009
2	5:24.91	Southern California Aquatic Masters	Brad Magit (52)	Dan Leonard (56)	Jenny Cook (52)	Melissa Latt (47)	2010
3	5:29.92	Rose Bowl Masters	Dan Stephenson (64)	Winston Uchiyama (64)	Cheryl Simmons (54)	Heidi Khalil (50)	2021
4	5:33.31	Conejo Valley Masters	Calley Prezzano (39)	Keith Robinson (63)	Helen Cox (64)	Jonathan Kretz (43)	2021
5	5:38.11	Novaquatics Masters	Diego Pombo (53)	Robin Smith (60)	Michael Collins (49)	Mika Gomez (48)	2015
6	5:39.63	West Hollywood Aquatics	James Ballard (45)	Jessica Seaton (49)	Paulo Figueiredo (56)	Mary Church (52)	2003
7	5:42.09	Conejo Simi Aquatic Masters	Nancy Kirkpatrick-Reno (54)	Gabriel Salazar (53)	Jeff Moxie (51)	Heidi Christensen (51)	2009
8	5:43.27	Mission Viejo Masters	Kelly Richell (46)	Theresa Dobbs (490)	Michael Heather (57)	Philip Albright (51)	2011
9	5:44.39	Mission Viejo Masters	Alison Mitchell (55)	Ahelee Sue Osborn (51)	Michael Heather (55)	Gregory Fowler (56)	2009
10	5:47.15	Las Vegas Masters	Joanne Saul (53)	Rick Fulljames (60)	Laurence Jaffee (51)	Martina Hannon (40)	2011



SPMS T10 ALL TIME – MIXED 240-279 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	1:59.29	Novaquatics Masters	Tim Buckley (64)	Katie Osborne (56)	Veronica Hibben (63)	John Lorenz (63)	2019
2	2:05.60	Conejo Valley Masters	Lisa Schoenneman (54)	Mark Buckley (63)	Kimberly Meyer (58)	Robert Rosen (66)	2016
3	2:06.98	Rose Bowl Masters	Dan Stephenson (66)	Cheryl Simmons (56)	Laurie Thomas (61)	Nils K Plett (57)	2023
4	2:07.65	Rose Bowl Masters	Erik Sterne (64)	Kim O'Grady (55)	Susan Gold (56)	Michael Farmer (69)	2016
5	2:08.57	West Hollywood Aquatics	Brian Murphy (65)	Andra Jaunzeme (60)	Jan Levinrad (66)	Errol Graham (54)	2013
6	2:08.62	Ventura County Masters	Stacey Warmuth (57)	Hubie Kerns (64)	Cindy Blatt (60)	John Derr (64)	2013
7	2:08.99	Novaquatics Masters	Mike Selna (65)	Sue Neal (58)	Robin Smith (58)	Michael Bregman (59)	2013
8	2:11.03	Mission Viejo Masters	Jeff Taylor (57)	Jeanne McCleave (59)	Beverly Montrella (67)	Philipp Djang (59)	2013
9	2:12.74	Novaquatics Masters	Tom Angell (66)	Kim Thornton (54)	Carol Jewell (64)	Dick Stewart (66)	2006
10	2:13.85	Conejo Valley Masters	Doug Koehler (53)	Richard Scoggins (64)	Diane Smith (74)	Denise Hearst (61)	2019

400 LCM FREESTYLE RELAY

1	4:59.08	Conejo Valley Masters	Robert Rosen (69)	Mark Buckley (66)	Niki Stokols (62)	Jennifer Weiderman (53)	2019
2	5:07.74	West Hollywood Aquatics	Paulo Figueiredo (65)	Jan Levinrad (64)	Carole Shigaki (56)	Mauro Bordovsky (55)	2011
3	5:17.14	Mission Viejo Masters	Gwen Uthus (62)	Beverly Montrella (70)	Michael Heather (62)	Philip Albright (56)	2016
4	5:20.20	Conejo Valley Masters	Niki Stokols (66)	Richard Scoggins (68)	Owen Lubow (65)	Helen Cox (66)	2023
5	5:22.97	Novaquatics Masters	Tom Angell (66)	Dick Stewart (66)	Kim Thornton (54)	Lora Granovsky (56)	2006
6	5:25.08	Conejo Valley Masters	Diane Smith (69)	Deanna Koehler (45)	Frank Freeman (69)	Robert Rosen (64)	2014
7	5:25.69	Mission Viejo Masters	Michael Colonnese (64)	Beverly Montrella (62)	John Campbell (61)	Gwen Uthus (54)	2008
8	5:29.17	Novaquatics Masters	Sherry Wendzel Brooks (50)	Kim Thornton (58)	Henry Greenberg (62)	Tom Angell (70)	2010
9	5:30.82	Mission Viejo Masters	Beverly Montrella (61)	Michael Colonnese (63)	Bonnie Kotzbach (63)	Michael Merrell (59)	2007
10	5:33.54	West Hollywood Aquatics	Jon Bauer (62)	Jessica Seaton (61)	Jan Levinrad (67)	Mike Wallace (58)	2014

800 LCM FREESTYLE RELAY

1	11:02.44	Conejo Valley Masters	Jennifer Weiderman (53)	Niki Stokols (62)	Robert Rosen (69)	Mark Buckley (66)	2019
2	11:30.84	Irvine Novaquatics	Barbara Helton (69)	Jill Rendl (55)	George Serbia (62)	Michael Collins (56)	2022
3	11:46.02	Conejo Valley Masters	Mark Losinski (61)	Niki Stokols (60)	Nancy Kirkpatrick-Reno (62)	Robert Rosen (67)	2017
4	11:49.98	Novaquatics Masters	Robin Smith (59)	Gregory Weber (61)	Colleen Yanco (55)	Mike Selna (66)	2014
5	11:56.62	Mission Viejo Masters	Michael Colonnese (64)	Beverly Montrella (62)	John Campbell (61)	Gwen Uthus (54)	2008
6	12:08.89	Mission Viejo Masters	Michael Heather (58)	Robert Russell (69)	Beverly Montrella (66)	Bonnie Spivey (54)	2012
7	12:16.10	Mission Viejo Masters	Sharon Dill (65)	Van Cochran (73)	Jeanne Mc Cleave (69)	Norman Walton (65)	2023
8	12:31.14	Novaquatics Masters	Cori McConkle (58)	Gary Clendenin (61)	Kim Thornton (60)	Steven Owen (61)	2012
9	12:32.41	Mission Viejo Masters	Jeanne Little (73)	Michael Heather (56)	Michael Colonnese (66)	Jeanne McCleave (56)	2010
10	12:33.27	Mission Viejo Masters	Gwen Uthus (57)	Howard Burns (60)	Jim Stewart (70)	Alison Mitchell (57)	2011

200 LCM MEDLEY RELAY

1	2:09.15	Novaquatics Masters	Jamie Fowler (60)	Henry Vehovec (61)	Veronica Hibben (63)	Katie Osborne (56)	2019
2	2:17.90	Conejo Valley Masters	Jill Gellatly (54)	Don Smith (60)	Mark Buckley (68)	Becky Cleavenger (58)	2021
3	2:18.77	Conejo Valley Masters	Nancy Kirkpatrick-Reno (63)	Keith Robinson (60)	Arlette Godges (54)	Mark Buckley (65)	2018
4	2:20.54	Conejo Valley Masters	Nancy Kirkpatrick-Reno (63)	Clive Edwards (65)	Mark Buckley (66)	Deanna Koehler (49)	2018
5	2:20.83	Conejo Valley Masters	Nancy Kirkpatrick-Reno (64)	Clive Edwards (66)	Mark Buckley (65)	Beata Konopka (50)	2019
6	2:22.76	Conejo Valley Masters	Doug Kajiwara (65)	Jennifer Weiderman (56)	Richard Scoggins (67)	Becky Cleavenger (59)	2022
7	2:27.81	West Hollywood Aquatics	Jan Levinrad (66)	Chad Young (49)	Andra Jaunzeme (60)	Brian Murphy (65)	2013
8	2:28.23	Conejo Valley Masters	Nancy Kirkpatrick-Reno (59)	Lloyd Johnson (74)	Arlette Godges (50)	Robert Rosen (64)	2014
9	2:31.31	Mission Viejo Masters	Jeanne McCleave (59)	Howard Burns (62)	Michael Heather (59)	Carol Hayden (63)	2013
10	2:33.39	Novaquatics Masters	Mike Selna (66)	Robin Smith (59)	Colleen Yanco (55)	Gregory Weber (61)	2014

400 LCM MEDLEY RELAY

1	5:35.16	Conejo Valley Masters	Nancy Kirkpatrick-Reno (62)	Deanna Koehler (48)	Mark Buckley (64)	Robert Rosn (67)	2017
2	5:53.09	Conejo Valley Masters	Robert Rosen (69)	Jennifer Weiderman (53)	Mark Buckley (66)	Niki Stokols (62)	2019
3	5:53.38	Las Vegas Masters	Joanne Saul-Zachau (60)	Diana Dolan LaMar (61)	Robert Mitchell (60)	Scott Jarvis (60)	2018
4	6:29.38	Conejo Valley Masters	Diane Smith (69)	Deanna Koehler (45)	Robert Rosen (64)	Frank Freeman (69)	2014
5	6:30.61	Mission Viejo Masters	Diana Dolan LaMar (64)	Sherry Wendzel Brooks (61)	Ray Borzone (62)	Van Cochran (71)	2021
6	6:31.61	Mission Viejo Masters	Beverly Montrella (70)	David Hayward (56)	Michael Heather (62)	Sherry Wendzel Brooks (56)	2016
7	6:36.31	Novaquatics Masters	Sherry Wendzel Brooks (50)	Kim Thornton (58)	Henry Greenberg (62)	Tom Angell (70)	2010
8	6:37.81	West Hollywood Aquatics	Carole Shigaki (56)	Jay Olson (62)	Paulo Figueiredo (65)	Jan Levinrad (64)	2011
9	6:40.03	Mission Viejo Masters	Ray Borzone (64)	Patty Furukawa (52)	William Kennedy (68)	Kathy Olivares (63)	2023
10	6:45.78	Mission Viejo Masters	Kim Burton (53)	Mark Longworth (64)	Howard Burns (64)	Beverly Montrella (69)	2015

SPMS T10 ALL TIME – MIXED 280-319 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	2:25.30	Mission Viejo Masters	Steven Wigely (73)	Van Cochran (72)	Beverly Montrella (76)	Jan Levinrad (75)	2022
2	2:25.33	Mission Viejo Masters	John Campbell (66)	Beverly Montrella (67)	Dick Stewart (73)	Jeanne Little (76)	2013
3	2:29.50	Mission Viejo Masters	Beverly Montrella (77)	Jeanne Mc Cleave (69)	Mark Longworth (72)	Mark Seretan (69)	2023
4	2:30.58	Mission Viejo Masters	Ian Stuart (72)	Steven Wigely (70)	Beverly Montrella (73)	Gwen Uthus (65)	2019
5	2:30.82	Conejo Valley Masters	Nancy Kirkpatrick-Reno (63)	Gary Ladinsky (71)	Diana Smith (73)	Frank Freeman (73)	2018
6	2:33.59	Conejo Valley Masters	Richard Scoggins (68)	Clive Edwards (70)	Diane Smith (78)	Helen Cox (66)	2023
7	2:45.08	Novaquatics Masters	Tom Angeli (72)	Kim Thornton (60)	Dionne Caldwell (80)	Richard Andersen (68)	2012
8	2:46.81	Mission Viejo Masters	Beverly Montrella (60)	James Clyne (65)	Robert Rolph (75)	Maurine Kornfeld (85)	2006
9	2:47.18	Mission Viejo Masters	Kevin Weissman 952)	Maurine Kornfeld (93)	Jim Brown (71)	Beverly Montrella (68)	2014
10	2:52.50	Mission Viejo Masters	John Campbell (65)	Beverly Montrella (66)	Jim Stewart (71)	Maurine Kornfeld (91)	2012

400 LCM FREESTYLE RELAY

1	5:32.98	Mission Viejo Masters	Beverly Montrella (75)	Mark Longworth (70)	Van Cochran (71)	Diana Dolan LaMar (64)	2021
2	6:47.41	Mission Viejo Masters	Beverly Montrella (66)	Michael Colonnese (68)	Margrit Graef (81)	Rudolf Graef (81)	2012
3	6:49.13	Mission Viejo Masters	Maurine Kornfeld (90)	Robert Rolph (80)	Gwen Uthus (57)	Paul Divan (60)	2011
4	6:54.29	Mission Viejo Masters	Maurine Kornfeld (89)	Beverly Montrella (64)	Michael Colonnese (66)	Dick Stewart (70)	2010
5	7:05.88	Mission Viejo Masters	Gwen Uthus (68)	Jonathan Frankel (71)	Joanne Corrao (70)	Mark Longworth (710)	2022
6	7:13.48	Mission Viejo Masters	Robert Rolph (75)	Margrit Graef (7)	Paul Divan (55)	Maurine Kornfeld (85)	2006
7	7:20.56	Costa Mesa	Bob Merrick (78)	Louis Giberson (77)	Kathy Dixon (71)	Louise Bogaards (76)	1998
8	7:25.07	Mission Viejo Masters	Maurine Kornfeld (86)	Margrit Graef (76)	Rudolf Graef (76)	Robert Rolph (76)	2007
9	9:04.07	Ojai Masters	Thomas Delmer (68)	James Becket (73)	Carole Borland (66)	Nancy Voyer (77)	2009
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800 LCM FREESTYLE RELAY

1	12:22.99	Mission Viejo Masters	Beverly Montrella (76)	Gwen Uthus (68)	Robert Mitchell (64)	Van Cochran (72)	2022
2	12:36.92	Mission Viejo Masters	Beverly Montrella (67)	Jeanne Little (76)	John Campbell (66)	Dick Stewart (73)	2013
3	14:34.96	Mission Viejo Masters	Maurine Kornfeld (89)	Beverly Montrella (64)	Michael Colonnese (66)	Dick Stewart (70)	2010
4	15:31.58	Mission Viejo Masters	Beverly Montrella (65)	Maurine Kornfeld (90)	Michael Colonnese (67)	Robert Rolph (80)	2011
5	16:09.10	Mission Viejo Masters	Paul Divan (55)	Rlbert Rolph (75)	Margrit Graef (75)	Maurine Kornfeld (85)	2006
6	16:25.18	Mission Viejo Masters	Alison Mitchell (59)	Rudolf Graef (82)	Margrit Graef (82)	Robert Rolph (82)	2013
7	16:36.02	Long Beach Grunions	Nancy Stanbury (74)	Rick Miller (76)	Stan Smith (76)	Mimi Frank (76)	2023
8	16:59.21	Mission Viejo Masters	Maurine Kornfeld (86)	Margrit Graef (76)	Michael Merrell (59)	Rudolf Graef (76)	2007
9	17:00.16	Novaquatics Masters	Maureen McKinley (59)	Terry Loftus (57)	Dionne Caldwell (80)	Eugene Paul (84)	2012
10	17:43.65	Rose Bowl Masters	Maurine Kornfeld (100)	Lynda Leopold (73)	Winston Uchiyama (64)	Kris Bzdak (64)	2021

200 LCM MEDLEY RELAY

1	2:40.85	Mission Viejo Masters	Beverly Montrella (67)	John Millard (70)	Yona Tadir (70)	Jeanne Little (76)	2013
2	2:51.86	Conejo Valley Masters	Diane G Smith (78)	Richard Scoggins (68)	Shelly R Marshall (67)	Bill Marshall (68)	2023
3	2:52.22	Mission Viejo Masters	Jeanne Mc Cleave (68)	John Campbell (75)	Mark Longworth (71)	Beverly Montrella (76)	2022
4	2:54.48	Santa Barbara Masters	Jeff Farrell (82)	Charlotte Gutierrez (67)	Elizabeth Boscacci (63)	Oded Rencus (74)	2019
5	3:02.98	Mission Viejo Masters	Steven Wigely (70)	Gwen Uthus (65)	Beverly Montrella (73)	Ian Stuart (72)	2019
6	3:03.60	Long Beach Grunions	Mimi Frank (75)	Bill Butler (66)	Kim Onisko (66)	Nancy Stanbury (73)	2022
7	3:05.94	Long Beach Grunions	Mimi Frank (76)	Nancy Stanbury (74)	Brendan C Hickey (57)	Rick Miller (76)	2023
8	3:10.00	Mission Viejo Masters	Beverly Montrella (68)	Howard Burns (63)	Earl Dozier (56)	Maurine Kornfeld (93)	2014
9	3:20.35	Mission Viejo Masters	Mindy Dougherty (59)	Margrit Graef (80)	Jim Stewart (70)	Rudolf Graef (80)	2011
10	3:23.52	Mission Viejo Masters	Jim Stewart (71)	John Campbell (65)	Beverly Montrella (66)	Maurine Kornfeld (91)	2012

400 LCM MEDLEY RELAY

1	6:28.93	Mission Viejo Masters	Beverly Montrella (67)	John Campbell (66)	Dick Stewart (73)	Jeanne Little (76)	2013
2	6:48.68	Conejo Valley Masters	Helen Cox (68)	Clive G Edwards (70)	Richard Scoggins (68)	Diane G Smith (78)	2023
3	7:21.62	Long Beach Grunions	Mimi Frank (76)	Nancy Stanbury (74)	Brendan Hickey (57)	Rick Miller (76)	2023
4	7:23.04	Mission Viejo Masters	Beverly Montrella (64)	Michael Colonnese (66)	Dick Stewart (70)	Maurine Kornfeld (89)	2010
5	7:50.03	West Hollywood Aquatics	John Bleck (81)	Jay Olson (65)	Neal Wiener (70)	Bill Donovan (71)	2014
6	7:57.44	Mission Viejo Masters	Rudolf Graef (80)	Beverly Montrella (65)	Howard Burns (60)	Maurine Kornfeld (90)	2011
7	8:27.65	Mission Viejo Masters	Maurine Kornfeld (86)	Margrit Graef (76)	Michael Merrell (59)	Rudolf Graef (76)	2007
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SPMS T10 ALL TIME – MIXED 320-359 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	2:55.56	Santa Barbara Masters	Frank Piemme (79)	Grace Altus (80)	Ruth Baar (82)	Jurgen Schmidt (81)	2004
2	3:14.92	Costa Mesa	Maxine Merlino (87)	Maurine Kornfeld (78)	Bob Merrick (79)	Louis Giberson (79)	1999
3	3:20.31	Costa Mesa	Woody Bowersock (89)	Louise Bowersock (80)	Maurine Kornfeld (81)	Bob Merrick (82)	2002
4	3:27.29	Mission Viejo Masters	Maurine Kornfeld (90)	Margrit Graef (80)	Rudolf Graef (80)	Robert Rolph (80)	2011
5	3:36.55	Rose Bowl Masters	Maurine Kornfeld (98)	Rega Petlin (63)	John House (78)	William Fleming (84)	2019
6	3:36.61	Mission Viejo Masters	Robert Rolph (81)	Margrit Graef (81)	Rudolf Graef (81)	Maurine Kornfeld (91)	2012
7	3:39.20	Rose Bowl Masters	Maurine Kornfeld (97)	Kristin Bennett (61)	Douglas Goode (79)	William Fleming ( 83)	2018
8	4:15.89	Costa Mesa	Woody Bowersock (87)	SW McFarland (76)	Maurine Kornfeld (79)	Madeleine Miller (90)	2000
9	5:10.02	Ojai Masters	Robert May (74)	Boyd Ford (83)	Eleanor Brown (82)	Jennie Taylor (91)	2008
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400 LCM FREESTYLE RELAY

1	6:56.05	Santa Barbara Masters	Frank Piemme (79)	Grace Altus (80)	Ruth Baar (82)	Jurgen Schmidt (81)	2004
2	7:29.51	Mission Viejo Masters	Robert Rolph (82)	Jeanne Little (76)	Margrit Graef (82)	Rudolf Graef (82)	2013
3	7:51.76	Mission Viejo Masters	Robert Rolph (81)	Margrit Graef (81)	Dick Stewart (72)	Maurine Kornfeld (91)	2012
4	8:10.15	Costa Mesa	Walter Pfeiffer (84)	Bob Christians (82)	Maxine Merlino (86)	Maurine Kornfeld (76)	1998
5	8:15.71	Mission Viejo Masters	Maurine Kornfeld (89)	Robert Rolph (79)	Rudolf Graef (79)	Margrit Graef (79)	2010
6	8:22.45	Costa Mesa	Maxine Merlino (87)	Maurine Kornfeld (78)	Louis Giberson (79)	Woody Bowersock (86)	1999
7	8:34.15	Costa Mesa	Maurine Kornfeld (81)	Louise Bowersock (80)	Russell Campbell (74)	Woody Bowersock (89)	2002
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800 LCM FREESTYLE RELAY

1	16:34.46	Mission Viejo Masters	Maurine Kornfeld (90)	Dick Stewart (71)	Margrit Graef (80)	Rufolf Graef (80)	2011
2	17:48.31	Mission Viejo Masters	Maurine Kornfeld (89)	Robert Rolph (79)	Rudolf Graef (79)	Margrit Graef (79)	2010
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200 LCM MEDLEY RELAY

1	3:43.53	Santa Barbara Masters	Ruth Baar (82)	Frank Piemme (79)	Jurgen Schmidt (81)	Grace Altus (80)	2004
2	3:45.17	Mission Viejo Masters	Rudolf Graef (80)	Margrit Graef (80)	Dick Stewart (71)	Maurine Kornfeld (90)	2011
3	4:09.42	Costa Mesa	Maxine Merlino (87)	Maurine Kornfeld (78)	Walter Pfeiffer (86)	Woody Bowersock (86)	1999
4	4:27.01	Costa Mesa	Madeleine Miller (87)	Walter Pfeiffer (84)	Bob Christians (82)	Louise Bogaards (76)	1998
5	4:41.60	Costa Mesa	Maurine Kornfeld (82)	Walter Pfeiffer (90)	Woody Bowersock (90)	Louise Bowersock (81)	2003
6	4:51.55	Mission Viejo Masters	Robert Rolph (81)	Margrit Graef (81)	Maurine Kornfeld (91)	Rudolf Graef (81)	2012
7	5:31.81	Costa Mesa	Woody Bowersock (87)	Louis Giberson (80)	Maurine Kornfeld (79)	Madeline Miller (90)	2000
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400 LCM MEDLEY RELAY

1	8:24.75	Mission Viejo Masters	Maurine Kornfeld (90)	Dick Stewart (71)	Margrit Graef (80)	Rudolf Graef (80)	2011
2	8:52.99	Mission Viejo Masters	Robert Rolph (81)	Margrit Graef (81)	Dick Stewart (72)	Maurine Kornfeld (91)	2012
3	9:31.73	Costa Mesa	Maurine Kornfeld (78)	Maxine Merlino (87)	Walter Pfeiffer (86)	Woody Bowersock (86)	1999
4	12:43.52	Costa Mesa	Madeleine Miller (93)	Walter Pfeiffer (90)	Woody Bowersock (90)	Louise Bowersock (81)	2003
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SPMS T10 ALL TIME – MIXED 360-399 – LCM RELAYS – Updated thru 12/31/2023

200 LCM FREESTYLE RELAY

1	3:36.78	Mission Viejo Masters	Frank Piemme (88)	Maurine Kornfeld (92)	Rita Simonton (95)	Jurgen Schmidt (90)	2013
2	5:26.80	Costa Mesa	Helene Iberall (90)	Maxine Merlino (91)	Walter Pfeiffer (90)	Woody Bowersock (90)	2003
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400 LCM FREESTYLE RELAY

1	8:26.02	Mission Viejo Masters	Frank Piemme (88)	Maurine Kornfeld (92)	Rita Simonton (95)	Jurgen Schmidt (90)	2013
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800 LCM FREESTYLE RELAY

1	18:14.23	Mission Viejo Masters	Frank Piemme (88)	Maurine Kornfeld (92)	Rita Simonton (95)	Jurgen Schmidt (90)	2013
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200 LCM MEDLEY RELAY

1	4:19.30	Mission Viejo Masters	Rita Simonton (95)	Jurgen Schmidt (90)	Frank Piemme (88)	Maurine Kornfeld (92)	2013
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400 LCM MEDLEY RELAY

1	10:20.46	Mission Viejo Masters	Rita Simonton (95)	Jurgen Schmidt (90)	Frank Piemme (88)	Maurine Kornfeld (92)	2013
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