

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23



| Women 72-99 | Men 72-99 | Mixed 72-99 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| UC Irvine Masters | Rose Bowl Masters | Conejo Simi Aquatic Masters |
| 1:57.94 – 2005 | 1:35.48 – 08/07/2019 | 1:47.94 - 2009 |
| Ashley DePaul (20) | Wyatt Ubellacker (29) | Wade Federer (20) |
| Cherise Carper (24) | Samuel Ubellacker (21) | Lauren Hancock (27) |
| Aleah Amr (22) | Ralph Porazzo (27) | Christopher Ramos (20) |
| Mai Tajima (20) | David Jiminez (22) | Kara Denby (23) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| Las Vegas Masters | Irvine Novaquatics Masters | Conejo Simi Aquatic Masters |
| 4:19.34 – 07/23/2010 | 3:54.72 - 2003 | 3:56.54 - 2009 |
| Shannon Colavito (23) | Jim Kopp (29) | Wade Federer (20) |
| Christine Smith (20) | Anthony Iacopetti (24) | Lauren Hancock (27) |
| Megan Kelley (20) | Keith Ryan (19) | Christopher Ramos (20) |
| Samantha Pearson (19) | Gregory Busse (24) | Kara Denby (23) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| Las Vegas Masters | Golden Road Aquatics | Conejo Simi Aquatic Masters |
| 9:33.71 – 07/23/2010 | 8:12.62 – 08/05/2016 | 8:55.39 |
| Megan Kelley (20) | Alexander Aceino (25) | Kara Denby (23) |
| Christine Smith (20) | Nicholas Korth (25) | Lauren Hancock (27) |
| Shannon Colavito (23) | Nickolas Popov (26) | Christopher Ramos (20) |
| Samantha Pearson (19) | Fabrice Wendel (23) | Wade Federer (20) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| UC Irvine Masters | Golden Road Aquatics | Conejo Simi Aquatic Masters |
| 2:12.88 - 2005 | 1:52.16 – 08/12/2018 | 2:02.84 - 2009 |
| Carrie Gowan (21) | Ethan Webster (18) | Lauren Hancock (27) |
| Sara Showalter (24) | Alexander Havton (20) | Kara Denby (23) |
| Ashley DePaul (20) | Tony Cox (28) | Wade Federer (20) |
| Aleah Amr (22) | Gregory Havton (20) | Christopher Ramos (20) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Las Vegas Masters | Mission Viejo Masters | Conejo Simi Aquatic Masters |
| 4:52.87 – 07/23/2010 | 4:15.33 – 08/10/2018 | 4:35.26 - 2009 |
| Samantha Pearson (19) | Logan Redondo (24) | Lauren Hancock (27) |
| Christine Smith (20) | Daniel Peralta (22) | Kara Denby (23) |
| Megan Kelley (20) | Daniel Fang (19) | Wade Federer (20) |
| Shannon Colavito (23) | Brandon Kolarov (19) | Nick Glaze (26) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23



| Women 100-119 | Men 100-119 | Mixed 100-119 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Rose Bowl Masters | Irvine Novaquatics Masters | Irvine Novaquatics Masters |
| 1:55.81 – 08/07/19 | 1:41.50 - 2007 | 1:46.87 – 08/07/13 |
| Lauren Frendreis (30) | Teemu Kettunen (25) | Evan Kraus (27) |
| Lauren Turner (27) | Oswaldo Quevedo (31) | Courtney Martz (25) |
| Maria Carlson (24) | Brandon Schindler (31) | Rendy Opdycke (29) |
| Kendra Wilson (38) | Roberto Delgado (32) | Robert Dmytrow (32) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| Irvine Novaquatics Masters | Irvine Novaquatics Masters | Southern Calif Aquatics |
| 4:27.60 - 2002 | 3:49.51 - 2007 | 3:54.81 - 2009 |
| Daneille de Alva (23) | Brandon Schindler (31) | Nathan Janos (29) |
| Megan Lucas (23) | Steve Stehrenberger (30) | Jacqueline Corcoran (27) |
| Fiona Petersen (29) | Teemu Kettunen (25) | Ann Yearwood (25) |
| Gabriele Hickman (29) | Oswaldo Quevedo (31) | Erik Tolmachoff (28) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| UC Irvine Masters | Irvine Novaquatics Masters | Southern Calif Aquatics |
| 9:55.67 - 2001 | 8:46.75 - 2007 | 8:39.99 - 2009 |
| Julie Swail (29) | Brandon Schindler (31) | Erik Tolmachoff (28) |
| Sara Showalter (20) | Oswaldo Quevedo (31) | Nathan Janos (29) |
| Kristin Larsson (20) | Roberto Delgado (32) | Jacqueline Corcoran (27) |
| Stacey Gavigan (31) | Teemu Kettunen(25) | Ann Yearwood (25) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Rose Bowl Masters | Irvine Novaquatics Masters | Rose Bowl Masters |
| 2:11.34 – 08/14/17 | 1:50.72 – 08/12/11 | 1:54.22 – 08/07/19 |
| Lauren Turner (27) | Jan Tichy (29) | Karen Younkings (33) |
| Marissa Clapp (30) | Andrew Seo (23) | Maria Carlson (24) |
| Julia Stengel (32) | Robert Dmytrow (30) | Wyatt Ubellacker (29) |
| Lauren Frendreis (28) | Evan Kraus (25) | Samuel Ubellacker (21) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Irvine Novaquatics Masters | Irvine Novaquatics Masters | Southern Calif Aquatics |
| 5:19.30 - 2008 | 4:15.40 - 2007 | 4:37.24 - 2009 |
| Jenna Natalizio (20) | Brandon Schindler (31) | Nathan Janos (29) |
| Jenny Perrey (28) | Steve Stehrenberger (30) | Matthew Harrigan (31) |
| Heather Martinez (32) | Teemu Kettunen (25) | Ann Yearwood (25) |
| Krystal Deets (32) | Oswaldo Quevedo (31) | Jacqueline Corcoran (27) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

| | |
|--|-------------------|
| | Existing Record |
| | New Record (2023) |

| Women 120-159 | Men 120-159 | Mixed 120-159 |
|--------------------------------|--------------------------------|---|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Mission Viejo Masters | So California Aquatic Masters | Rose Bowl Masters |
| 2:00.09 - 2006 | 1:34.82 - 2009 | 1:44.18 – 08/05/23 |
| Ann Worthington (40) | Matthew Cornue (34) | Ralph Porrazzo (31) |
| Tami Engel (43) | Erik Hochstein (41) | Natalie Tedjasukmana (28) |
| Jennifer Batcheller (38) | Erik Tolmachoff (28) | Michelle Rodrigue (31) |
| Jill Edwards (35) | Christopher Beach (40) | Miguel Ortiz-Canavate Ozeki (32) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| So California Aquatic Masters | Team TYR | So California Aquatic Masters |
| 4:45.53 – 7/25/2010 | 3:39.60 - 2005 | 4:12.59 - 2009 |
| Arlette Godges (46) | Rich Saeger (41) | David Schlesinger (34) |
| Rossella Pescatori (39) | Brad Hibbard (36) | Alexis Binder (30) |
| Ann Yearwood (26) | Michael Ruffner (40) | Rossella Pescatori (38) |
| Suzanne Robertson (25) | Dan Wegner (34) | Matthew Harrigan (31) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| So California Aquatic Masters | So California Aquatic Masters | Irvine Novaquatics Masters |
| 10:15.49 - 2009 | 8:03.21 - 2009 | 8:47.80 – 08/12/11 |
| Jenny Cook (51) | David Schlesinger (34) | Evan Kraus (25) |
| Rossella Pescatori (38) | Dan Wegner (38) | Heidi Cough (30) |
| Alexis Binder (30) | Matthew Harrigan (31) | Cynthia Lewis (36) |
| Nancy Motherway (33) | Erik Hochstein (41) | Dickie Fernandez (40) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Santa Barbara Masters | Mission Viejo Masters | Rose Bowl Masters |
| 2:13.62 – 08/07/19 | 1:46.11 – 08/07/19 | 1:55.89 – 08/05/23 |
| Adrienne Binder Brown (34) | Garrett Hubbard (28) | Ralph Porrazzo (31) |
| Melissa Knell (25) | Mat Prasser (27) | Michelle Rodrigue (31) |
| Jill Jones (27) | Kevin Bartell (34) | Miguel Ortiz-Canavate Ozeki (32) |
| Darlene Krohn (38) | Andrew Cox (34) | Natalie Tedjasukmana (28) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Las Vegas Masters | Irvine Novaquatics Masters | So California Aquatic Masters |
| 5:19.79 - 2007 | 4:21.47 - 2007 | 4:31.62 - 2009 |
| Carolyn Battin (53) | Bernie Zeruhn (36) | David Schlesinger (34) |
| Lindsey Leeming (23) | Cameron Eckman (41) | Rossella Pescatori (38) |
| Sara Whitehead (28) | Roberto Delgado (32) | Erik Tolmachoff (28) |
| Mary Barfield (26) | Dickie Fernandez (36) | Nancy Motherway (33) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

| | |
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| | Existing Record |
| | New Record (2023) |

| Women 160-199 | Men 160-199 | Mixed 160-199 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Team TYR | Team TYR | Team TYR |
| 1:48.44 - 2006 | 1:36.28 - 2006 | 1:42.27 - 2006 |
| Sheri Hart (35) | Matthew Eisenhuth (32) | John Smith (44) |
| Collette Sappey (42) | John Smith (44) | Rich Saeger (42) |
| Anna Pettis-Scott (44) | Rich Saeger (42) | Collette Sappey (42) |
| Susan Von Der Lippe (41) | Paul Smith (47) | Sheri Hart (35) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| Mission Viejo Masters | So California Aquatic Masters | So California Aquatic Masters |
| 4:46.23 - 2009 | 3:41.49 - 2009 | 3:58.05 - 2009 |
| T Sorenson (43) | Dan Wegner (38) | Jenny Cook (51) |
| Kelly Richell (44) | Peter Egan (45) | Erik Hochstein (41) |
| Mindy Dougherty (57) | Christopher Beach (40) | Matthew Cornue (34) |
| Robin Smith (54) | Erik Hochstein (41) | Arlette Godges (45) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| Mission Viejo Masters | Team TYR | Mission Viejo Masters |
| 9:36.88 - 2009 | 8:15.15 - 2006 | 9:30.78 – 07/03/10 |
| Rebekah Olsen (29) | Rich Saeger (42) | Andy Fujimoto (40) |
| T Sorenson (43) | Paul Smith (47) | Cynthia Lewis (35) |
| Ahelee Sue Osborn (51) | Michael Ruffner (41) | Kelly Richell (45) |
| Kelly Richell (44) | Dan Wegner (35) | James Bergen (42) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Team TYR | Team TYR | Irvine Novaquatics Masters |
| 2:04.75 - 2006 | 1:47.72 - 2006 | 1:56.34 – 08/07/19 |
| Jennifer Stein (43) | Rich Saeger (42) | Jeff Natalizio (37) |
| Susan Von Der Lippe (41) | Greg Rodenbaugh (44) | Steve West (47) |
| Betsy Cleary (46) | Paul Smith (47) | Stacey Bennett (49) |
| Collette Sappey (42) | John Smith (44) | Cindy Bertelink (44) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Mission Viejo Masters | So California Aquatic Masters | Conejo Valley Masters |
| 5:07.91 - 2009 | 4:13.61 - 2009 | 5:01.69 – 08/22/14 |
| Mindy Dougherty (57) | Erik Hochstein (41) | Beata Konopka (45) |
| Ahelee Sue Osborn (51) | Christopher Beach (40) | Nick Boshoff (46) |
| Rebekah Olsen (29) | Peter Egan (45) | Doug Koehler (48) |
| Kelly Richell (44) | Dan Wegner (38) | Becky Cleavenger (51) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

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|--|-------------------|
| | Existing Record |
| | New Record (2023) |

| Women 200-239 | Men 200-239 | Mixed 200-239 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Irvine Novaquatics Masters | Conejo Valley Masters | Conejo Valley Masters |
| 1:58.75 – 08/07/19 | 1:44.81 – 07/17/16 | 1:49.92 – 08/03/14 |
| Stacey Bennett (49) | Scott Adair (53) | Michael Boosin (48) |
| Katie Osborne (56) | Michael Boosin (50) | Chris Wall (52) |
| Terri MacDougall (55) | Chris Wall (54) | Arlette Godges (50) |
| Cindy Bertelink (44) | Kelly Karren (43) | Lisa Schoenneman (52) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| UCLA Masters | Conejo Valley Masters | Conejo Valley Masters |
| 4:26.53 – 07/06/14 | 4:03.41 – 07/17/16 | 4:03.96 – 07/06/14 |
| Erika Stebbins (44) | Michael Boosin (50) | Matthew Biondi (49) |
| Christie Ciraulo (61) | Scott Adair (53) | Becky Cleavenger (51) |
| Veronica Hibben (58) | Chris Wall (54) | Lisa Schoenneman (52) |
| Laurie Dodd (42) | Kelly Karren (43) | Michael Boosin (48) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| Conejo Valley Masters | Ventura County Masters | Conejo Valley Masters |
| 9:34.53 – 07/07/19 | 9:03.84 - 2006 | 9:15.06 – 08/10/18 |
| Jill Gellatly (52) | Tom Olson (56) | Becky Cleavenger (55) |
| Becky Cleavenger (56) | Kevin Lane (50) | Jill Gellatly (51) |
| Eve Maidenberg (43) | Jim McConica (56) | Kelly Karren (45) |
| Leslie Daland-James (50) | Mike Shaffer (41) | Doug Koehler (52) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Conejo Valley Masters | Irvine Novaquatics Masters | Conejo Valley Masters |
| 2:19.75 – 08/07/19 | 1:56.29 - 2006 | 2:07.01 – 08/03/14 |
| Beata Konopka (50) | Bernie Zeruhn (35) | Michael Boosin (48) |
| Jennifer Weiderman (53) | Gerard Von Hoffmann (50) | Chris Wall (52) |
| Arlette Godges (55) | Paul Carter (49) | Arlette Godges (50) |
| Becky Cleavenger (56) | Tom Angell (66) | Lisa Schoenneman (52) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| UCLA Masters | Ventura County Masters | So California Aquatic Masters |
| 5:02.61 – 07/07/2013 | 4:36.02 - 2006 | 5:11.39 - 2009 |
| Erika Stebbins (43) | Jim McConica (56) | Bruce Thomas (52) |
| Jenny Cook (55) | John Derr (57) | Karen Melick (52) |
| Christie Ciraulo (60) | Mike Shaffer (41) | Jenny Cook (51) |
| Veronica Hibben (57) | Hubie Kerns (57) | James Mc Closkey 45) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

| | |
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| | Existing Record |
| | New Record (2023) |

| Women 240-279 | Men 240-279 | Mixed 240-279 |
|-----------------------------------|-----------------------------------|------------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Conejo Valley Masters | Irvine Novaquatics Masters | Rose Bowl Masters |
| 2:07.82 – 08/11/23 | 1:52.11 – 08/07/19 | 1:49.66 – 08/05/23 |
| Becky Cleavenger (60) | Jeffrey Stevens (60) | Thomas Taylor (64) |
| Shelly Marshall (67) | Toby Weissert (61) | Stephen DeCosse (65) |
| Helen Cox (66) | John Lorenz (63) | Dan Stephenson (66) |
| Jennifer Weiderman (57) | Jamie Fowler (60) | Nils K Plett (57) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| Conejo Valley Masters | Ventura County Masters | Conejo Valley Masters |
| 4:53.65 – 08/11/23 | 4:07.77 – 08/14/15 | 4:59.08 – 07/07/19 |
| Becky Cleavenger (60) | Hubie Kerns (66) | Robert Rosen (69) |
| Shelly Marshall (67) | Glenn Gruber (66) | Mark Buckley (66) |
| Helen Cox (66) | Michael Blatt (60) | Niki Stokols (62) |
| Jennifer Weiderman (57) | Mike Shaffer (50) | Jennifer Weiderman (53) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| Mission Viejo Masters | Ventura County Masters | Conejo Valley Masters |
| 12:24.98 – 08/06/15 | 9:11.24 – 08/14/15 | 11:02.44 – 07/07/19 |
| Beverly Montrella (69) | Jim McConica (65) | Jennifer Weiderman (53) |
| Kelly Richell (50) | Glenn Gruber (66) | Niki Stokols (62) |
| Jeanne McCleave (61) | Michael Blatt (60) | Robert Rosen (69) |
| Gwen Uthus (61) | Mike Shaffer (50) | Mark Buckley (66) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Irvine Novaquatics Masters | Irvine Novaquatics Masters | Irvine Novaquatics Masters |
| 2:23.54 – 08/07/19 | 2:06.11 – 08/07/19 | 2:09.15 – 08/07/19 |
| Katie Osborne (56) | Jamie Fowler (60) | Jamie Fowler (60) |
| Teri MacDougall (55) | Henry Vehovec (61) | Henry Vehovec (61) |
| Veronica Hibben (63) | Toby Weissert (61) | Veronica Hibben (63) |
| Debbie Bradbury (68) | Jay Tapp (60) | Katie Osborne (56) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Conejo Valley Masters | Ventura County Masters | Conejo Valley Masters |
| 5:41.59 – 08/11/23 | 4:40.96 – 08/05/16 | 5:35.16 – 07/14/17 |
| Helen Cox (66) | Jim McConica (66) | Nancy Kirkpatrick-Reno (62) |
| Jennifer Weiderman (57) | Hubie Kerns (67) | Deanna Koehler (48) |
| Shelly Marshall (67) | Mike Shaffer (51) | Mark Buckley (64) |
| Becky Cleavenger (60) | Glenn Gruber (67) | Robert Rosen (67) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

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| | Existing Record |
| | New Record (2023) |

| jWomen 280-319 | Men 280-319 | Mixed 280-319 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| Mission Viejo Masters | Golden Road Aquatics | Mission Viejo Masters |
| 2:33.15 – 07/30/21 | 2:12.99 – 07/14/17 | 2:25.30 – 08/12/22 |
| Jan Levinrad (74) | Hubie Kerns (68) | Steven Wigely (73) |
| Beverly Montrella (75) | Bruce Rollins (68) | Van Cochran (72) |
| Jeanne Mc Cleave (67) | Monte Gast (70) | Beverly Montrella (76) |
| Diana Dolan LaMar (64) | Mike Freshley (76) | Jan Levinrad (75) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| Mission Viejo Masters | Mission Viejo Nadadores | Mission Viejo Masters |
| 6:02.37 – 07/10/22 | 5:33.88 – 07/10/22 | 5:32.98 – 07/30/21 |
| Gwen Uthus (68) | Van Cochran (72) | Beverly Montrella (75) |
| Jan Levinrad (75) | John Campbell (74) | Mark Longworth (70) |
| Beverly Montrella (76) | Mark Longworth (71) | Van Cochran (71) |
| Diana Dolan LaMar (65) | Robert Mitchell (64) | Diana Dolan LaMar (64) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| Mission Viejo Masters | Mission Viejo Masters | Mission Viejo Masters |
| 12:40.22 – 07/11/21 | 12:54.43 – 07/09/23 | 12:22.99 – 07/10/22 |
| Beverly Montrella (75) | Norman Walton (65) | Beverly Montrella (76) |
| Jan Levinrad (74) | Mark Longworth (72) | Gwen Uthus (68) |
| Gwen Uthus (67) | Van Cochran (73) | Robert Mitchell (64) |
| Diana Dolan LaMar (64) | Ian Stuart (76) | Van Cochran (72) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| Mission Viejo Masters | Ventura County Masters | Mission Viejo Masters |
| 3:02.83 – 07/30/21 | 2:15.90 – 08/07/19 | 2:40.85 – 08/07/13 |
| Beverly Montrella (75) | Steven Heck (70) | Beverly Montrella (67) |
| Jeanne Mc Cleave (67) | Hubie Kerns (70) | John Millard (70) |
| Diana Dolan LaMar (64) | Glenn Gruber (70) | Yona Tadir (70) |
| Jan Levinrad (74) | Bruce Rollins (70) | Jeanne Little (76) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| Mission Viejo Masters | Long Beach Grunions | Mission Viejo Masters |
| 7:17.89 – 07/10/22 | 6:58.13 – 07/30/21 | 6:28.93 – 08/07/13 |
| Beverly Montrella (76) | Jeffrey Dobra (67) | Beverly Montrella (67) |
| Jeanne McCleave (68) | Stan Smith (74) | John Campbell (66) |
| Diana Dolan LaMar (65) | Rick Miller (74) | Dick Stewart (73) |
| Jan Levinrad (75) | Kim Onisko (65) | Jeanne Little (76) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

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| | Existing Record |
| | New Record (2023) |

| Women 320-359 | Men 320-359 | Mixed 320-359 |
|--------------------------------|--------------------------------|--------------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| | Mission Viejo Masters | Santa Barbara Masters |
| | 3:01.06 – 08/07/13 | 2:55.56 - 2004 |
| | Ed Farrell (81) | Frank Piemme (79) |
| | Rudolf Graef (82) | Grace Altus (80) |
| | Robert Rolph (82) | Ruth Baar (82) |
| | Frank Piemme (88) | Jurgen Schmidt (81) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| | Costa Mesa | Santa Barbara Masters |
| | 6:12.12 – 1998 | 6:56.05 - 2004 |
| | Bob Chrstians (82) | Frank Piemme (79) |
| | Louis Giberson (77) | Grace Altus (80) |
| | Bob Merrick (78) | Ruth Baar (82) |
| | Woody Bowersock (85) | Jurgen Schmidt (81) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| | Costa Mesa | Mission Viejo Masters |
| | 16:30.81 - 1999 | 16:34.46 – 07/03/11 |
| | Walter Pfeiffer (86) | Maurine Kornfeld (90) |
| | Louis Giberson (79) | Dick Stewart (71) |
| | Bob Merrick (79) | Margrit Graef (80) |
| | Woody Bowersock (86) | Rudolf Graef (80) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| | Mission Viejo Masters | Santa Barbara Masters |
| | 3:28.51 – 08/07/13 | 3:43.53 - 2004 |
| | Robert Rolph (82) | Ruth Baar (82) |
| | John Millard (70) | Frank Piemme (79) |
| | Frank Piemme (88) | Jurgen Schmidt (81) |
| | Ed Farrell (81) | Grace Altus (80) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| | Costa Mesa | Mission Viejo Masters |
| | 7:34.79 - 1998 | 8:24.75 – 08/12/11 |
| | Bob Christians (82) | Rudolf Graef |
| | Bob Merrick (78) | Margrit Graef |
| | Louis Giberson (77) | Dick Stewart |
| | Woody Bowerwock (85) | Maurine Kornfeld (90) |

SOUTHERN PACIFIC MASTERS RECORDS – LONG COURSE METERS

As of 12/31/23

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|--|--------------------------|
| | <i>Existing Record</i> |
| | <i>New Record (2023)</i> |

| Women 360-399 | Men 360-399 | Mixed 360-399 |
|-------------------------|-------------------------|----------------------------|
| 200 LCM Freestyle Relay | 200 LCM Freestyle Relay | 200 LCM Freestyle Relay |
| | | Mission Viejo Masters |
| | | 3:36.78 – 08/07/13 |
| | | Frank Piemme (88) |
| | | Maurine Kornfeld (92) |
| | | Rita Simonton (95) |
| | | Jurgen Schmidt (90) |
| 400 LCM Freestyle Relay | 400 LCM Freestyle Relay | 400 LCM Freestyle Relay |
| | | Mission Viejo Masters |
| | | 8:26.02 – 08/07/13 |
| | | Frank Piemme (88) |
| | | Maurine Kornfeld (92) |
| | | Rita Simonton (95) |
| | | Jurgen Schmidt (90) |
| 800 LCM Freestyle Relay | 800 LCM Freestyle Relay | 800 LCM Freestyle Relay |
| | | Mission Viejo Masters |
| | | 18:24.23 – 08/07/13 |
| | | Frank Piemme (88) |
| | | Maurine Kornfeld (92) |
| | | Rita Simonton (95) |
| | | Jurgen Schmidt (90) |
| 200 LCM Medley Relay | 200 LCM Medley Relay | 200 LCM Medley Relay |
| | | Mission Viejo Masters |
| | | 4:19.30 – 08/07/13 |
| | | Rita Simonton (95) |
| | | Jurgen Schmidt (90) |
| | | Frank Piemme (88) |
| | | Maurine Kornfeld (92) |
| 400 LCM Medley Relay | 400 LCM Medley Relay | 400 LCM Medley Relay |
| | | Mission Viejo Masters |
| | | 10:20.46 – 08/07/13 |
| | | Rita Simonton (95) |
| | | Jurgen Schmidt (90) |
| | | Frank Piemme (88) |
| | | Maurine Kornfeld (92) |