## SPMS Coaches Chair Report Thursday, July 18, 2024 Submitted by Cory Nguyen

## National Coaches Clinic (NCC) & Relay are Open

- Price for early birds is only here for one more month. Prices increase August 15.
- NCC is a great way to connect with coaches throughout the entire nation and see what works best for them in their area.
- Relay is a fun way to connect with other team/regional representatives and help bring home new ideas that can improve the experience for all Masters swimmers.
- October 18-20 at the Marriott Hotel in IAH in Houston, Texas
- <a href="https://www.usms.org/coach-central/national-coaches-clinic/schedule">https://www.usms.org/coach-central/national-coaches-clinic/schedule</a>

## **August is Try Masters Month**

- Bring a friend to come try Masters practices so you aren't the only one always smelling like chlorine. This is a chance for people to see what Masters is like by getting to try at least two free workouts throughout the month of August at participating clubs.
- https://www.usms.org/join-usms/try-masters-swimming

## **Coaches Zoom Call**

- We are looking to connect with more coaches throughout our LMSC area. We will briefly go over some resources that are available for you to utilize to help kickstart your team, inform you with some upcoming events, and help share ideas that work well.
- Sunday, July 21 at 7:30pm
- https://nylife.zoom.us/j/91556983539?pwd=KJkPjwbRQpBIOZcn7UqJfosk4VJcN o.1