



Santa Barbara Masters
2015 Southwest Zone Spring Championship Meet
Saturday, April 11 - Sunday, April 12, 2015

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction Number: 335-S007

Facility: Elings Aquatic Center, Dos Pueblos High School, 7266 Alameda Ave, Goleta, CA 93117. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: Take the 101 Freeway to the Glen Annie/ Storke Rd exit. Turn toward the mountains. Turn left on Cathedral Oaks Rd. The school is on the corner of Cathedral Oaks Rd and Alameda Ave. Parking is available in the corner lot above the gym. The pool is behind the gym.

Rules: USMS rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this entry form. Age on April 12, 2015 determines age group for the meet. You must be at least 18 to compete.

Warm-up: USMS warm-up policies will be enforced by USA Swimming Officials. There will be **NO DIVING** into the pools during the times except into the designated sprint lane(s). Warm-up in the competition pool will be available for one hour prior to the start of each session.

Entries: Flat fee of \$45.00 if postmarked on or before Monday, March 30, 2015. Add a \$10.00 late fee for all entries postmarked (or entered on-line) after Monday, March 30 and received by 6:00 p.m. on Monday, April 6th. Entries received after March 30th may not appear in the meet program. Age on April 12th determines age group for the meet. Swimmers are limited to entering a total of 7 individual events for the entire meet and no more than 5 individual events per day. There will be no refund of entry fees after April 7, 2015. Enter online https://www.clubassistant.com/club/meet_information.cfm?c=1757&smid=6260 or make a check payable to Santa Barbara Swim Club. Then mail your check with a consolidated entry card, a copy of your 2015 USMS registration to: Connie Gonzales, 2908 Gilbert Ave, Corona, CA 92881.

Relays: All relays will be deck entered. Relay only swimmers may enter for a \$10.00 fee and must sign a consolidated entry card. Relay entries are \$12.00 per relay, and there is no limit on the number of relays a swimmer may swim, but swimmers may swim only one relay (men, women, or mixed) per event.

Seeding: All events will be seeded and swum slowest to fastest, except the 1000, and 1650 yd. Freestyle which will be swum fastest to slowest. Men and women will be seeded together for the 500, 1000, and 1650 yd. Freestyle and also the 400 yd. Individual Medley, based on entry time. Men and women will swim separately for all other individual events with men swimming first. Scoring will be by gender and age group. The 1650 yd. Freestyle may be limited to the first 32 entries at the discretion of the meet director. Swimmers may enter both the 1000 and 1650 yd. Freestyle.

Check-in: Positive check-in is required for all events. Check-in closes at 8:00 a.m. on Saturday for the 1650 yd. Freestyle, 8:00 a.m. on Sunday for the 400 yd. I.M. Check-in for all other events will close one hour prior to the anticipated start of the event.

Awards: Individual: Custom Medals for places 1 to 3, and Custom Ribbons for places 4 to 6 for each age group and gender. Relays: Custom Medals for 1st place, Custom Ribbons for 2nd and 3rd places. High point male and female swimmer in each age group, based on points from individual events will receive a SPMS towel. Team Plaques for the top eight teams, based on combined scoring for men and women, individual events plus relays.

Questions Meet Director, John Abrami, 805-966-9757, coachab@sbswim.net.

Snack Bar: A complete hot and cold snack bar will be available.



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Session 1

Saturday, April 11, 2015

Warm-up at 7:15 a.m.

Meet starts at 8:30 a.m.

Check-in for the 1650 yd. Freestyle closes at 8:00 a.m.

1 1650 yd. Freestyle

Session 2

Saturday, April 11, 2015

Warm-up at 1:00 p.m.

Meet starts at 2:00 p.m.

2/3 200 yd. Freestyle
4/5 50 yd. Backstroke
6 200 yd. Medley Relay (**Women, Men, Mixed**)
7/8 100 yd. Breaststroke
9/10 100 yd. Butterfly
11/12 100 yd. Individual Medley
13 400 yd. Freestyle Relay (**Women, Men, Mixed**)
14/15 200 yd. Backstroke
16/17 50 yd. Butterfly
18 500 yd. Freestyle

Session 3

Sunday, April 12, 2015

Warm-up at 7:15 a.m.

Meet starts at 8:30 a.m.

Check-in for the 400 yd. Individual Medley closes at 8:00 a.m.

19 400 yd. Individual Medley
20 400 yd. Medley Relay (**Women, Men, Mixed**)
21/22 100 yd. Freestyle
23/24 50 yd. Breaststroke
25 800 yd. Freestyle Relay (**Women, Men, Mixed**)
26/27 200 yd. Butterfly
28/29 100 yd. Backstroke
30 200 yd. Freestyle Relay (**Women, Men, Mixed**)
31/32 200 yd. Individual Medley
33/34 50 yd. Freestyle
35/36 200 yd. Breaststroke
37 1000 yd. Freestyle

Relays: A swimmer may swim only one relay in each of events 6, 13, 20, 25, and 30.

Santa Barbara is a vacation community, and most hotels are priced accordingly. The best deals are often found on Expedia or other travel websites. The following hotels are located within 5 miles of the pool.

Best Western Plus South Coast Inn

5620 Calle Real, Goleta 93117

(805) 967-3200

Ramada Santa Barbara

4770 Calle Real, Santa Barbara, CA 93110

(805) 964-3511

Courtyard Santa Barbara

401 Storke Rd

Goleta, CA 93117

(805) 968-0500

Hampton Inn Santa Barbara/Goleta

5665 Hollister Ave, Goleta, CA 93117

(805) 681-9800