MISSION VIEJO NADADORES 7th Annual PATRICK MOORE MEMORIAL RELAY MEET & FAMILY RELAYS SUNDAY, JULY 17th, 2016

10:00AM

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction # 336-S014

A portion of the proceeds from this meet will go towards the Patrick Moore Memorial College Scholarship Fund

Facility: Mission Viejo Pool is an outdoor, 25yd. by 50m competition pool at the Marguerite Aquatic Center, 27474 Casa Del Sol, Mission Viejo. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: From the north or south, take the I-5 Freeway to the Alicia Parkway exit in Mission Viejo. Go east (away from the ocean) to Trabuco Road. Turn right on Trabuco to Marguerite Parkway. Go left on Marguerite to Casa Del Sol, turn right onto Casa Del Sol, and turn into the driveway for pool parking.

Eligibility: Open to any current 2016 USMS registered swimmers. Age on December 31, 2016 determines age group for USMS swimmers in the meet. **Swimmers under 18 must be USS members.**

Entry Deadline: Relay cards for events 1 to 4A are due by 9:30 a.m., events 5 to 8A by 10:30 a.m., and events 9 to 12A by 11:30 a.m. Age on December 31, 2016 determines age group for the meet.

Seeding: All events will be deck seeded slowest to fastest, by entered time, ages and sexes combined.

Relays: All relays will be deck entered at the meet. Relay fees are \$12.00 per relay due upon entry.

Awards: 1st place medals, ribbons 2nd -3d place. Family Relays Rules: Must have at least one adult (18+) on the relay. At least two members must be from the same family. (2 families can swim together)

Entry Fees: USMS members: \$30.00 per swimmer surcharge. Swimmers must complete an entry card and provide a photocopy of their 2016 USMS card. \$10.00 (family only relay swimmer)

Family BBQ: – around 1:00 after the meet. (BBQ pull pork, baked beans, and watermelon) Cost: \$10.00 per person.

Online Entries: Sign-up early at http://www.spmasterswim.org/w/SPMS/

Questions: Meet Director, Mark Moore, (949) 233-6521; <u>coachmark@mastersmvnswim.org</u>



Order of Events 10:00AM Start

- 1. Open Women 400 m. Medley Relay
- 2. Open Men 400 m. Medley Relay
- 3. Open Women 200 m. Freestyle Relay
- 4. Open Men 200 m. Freestyle Relay

10 minute Break
4A - 4 x 50 Freestyle Family Relay

- 5. Mixed 200 m. Medley Relay
- 6. Open Women 400 m. Freestyle Relay
- 7. Open Men 400 m. Freestyle Relay
- 8. Mixed 200 m. Freestyle Relay

10 minute Break 8A - 4 x 50 Wet T-shirt Family Relay

- 9. Mixed 400 m. Freestyle Relay
- 10. Open Women 200 m. Medley Relay
- 11. Open Men 200 m. Medley Relay
- 12. Mixed 400 m. Medley Relay
