

Rose Bowl Masters
SCY Swim Meet
Saturday, February 11th 2017

Sanction by Southern Pacific Masters Swimming for USMS, Inc. Sanction #

Facility: Rose Bowl Aquatics Center, 360 N Arroyo Blvd., Pasadena. There is an outdoor, 8-lane competition pool, with six additional lanes available for warm-up. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1.

Directions: *Going west on I-210*, exit Orange Grove as the freeway transitions to the 134. Go straight through the lights onto W. Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd, and right into the first parking lot. *Going east on 134*, exit Orange Grove Blvd, and turn left onto Orange Grove. Turn left on West Holly Street. Turn left onto Arroyo Drive, then right onto Arroyo Blvd and right into the first parking lot. *Going south on I-210*, exit Mountain, turn right onto Mountain. Go straight until you see the Rose Bowl. At the parking lots turn left onto Arroyo Drive and left into parking lot I.

Rules: United States Masters Swimming rules will govern. Current SPMS meet procedures will be enforced and take precedence over any errors or omissions on this form. The meet referee will be in charge of the meet. Any questions regarding the conduct of the meet should be directed to that person. All events are timed final. Swimmers are limited to a total of 5 individual events, not including relays. Age on February 11, 2017 determines age group for the meet. You must be at least 18 to compete.

Entries: The pre-entry postmark deadline is Saturday, February 4th 2017. Online entries are due Wednesday, February 8th 2017 @ 11:59 p.m. Deck registration is permitted. Deck entries will close at 7:30 a.m. You must be at least 18 years old to compete.

Entry Fees: \$25.00 per swimmer flat fee. Deck entries February 11th 2017 are allowed for \$35.00 flat fee. For swimmers in relays only, the fee is \$10.00. **Relays are Free of charge.**

Seeding: All events will be deck-seeded slowest to fastest, by entered time, ages and genders combined.

Relays: All relays will be deck entered at no cost and are due at before event 6, the 100 IM.

Awards: Individual: Rose Bowl ribbons for places 1 to 3. Relays: Rose Bowl ribbons for first place.

Checks payable to: Rose Bowl Aquatics

Mail consolidated entry card, a copy of your 2017 USMS card, and check to: Rose Bowl Aquatics Masters, c/o Chad Durieux, 360 N Arroyo Blvd., Pasadena, CA 91103.

Questions: Chad Durieux, cdurieux@rosebowlaquatics.org.
Admin: Maureen Lennon, maureen@lennonassociates.com

Saturday, February 11th 2017
Warm-up at 7:00 a.m. - 8:20 a.m.
Meet starts at 8:30 a.m.

1. 50 yd. Freestyle
2. 400 yd. Individual Medley
3. 200 yd. Backstroke
4. 50 yd. Butterfly
5. 200 yd. Breaststroke
6. 100 yd. IM
7. 200 yd. Butterfly
8. 50 yd. Backstroke
9. 200 yd. Individual Medley
10. 50 yd. Breaststroke
11. 200 yd. Freestyle
12. 200 yd. Freestyle Relay (Men, Women, Mixed)
13. 400yd. Valentines Relay* Exhibition

*find and ask people not from your team to help you complete a 8 x 50y relay, winners get a prize!

*there are no 100s in our meet but you can request a 100 split on 200s then just finish the race.