Newport Pier to Pier 2 Mile Ocean Swim Hosted by Newport Beach Ocean Lifeguard Association (NBOLA) Sunday July 21, 2024

Sanctioned by Southern Pacific Masters Swimming for USMS, Inc. Sanction #334-W001

Date: Sunday July 21, 2024

Time: 9:00AM Check-in, 10:00AM Race Start

Location: Balboa Island, 1 Balboa Pier, Newport Beach, CA 92661.

Directions: From Coast Highway (Hwy 1), turn South on Balboa Blvd to Palm St. Right turn into Main St. parking lot. Pay and Park. Walk to tower closest to Balboa Pier on North Side. No transportation is available to the start or finish areas.

Rules: United States Masters Swimming rules will govern. Current SPMS procedures will be enforced and take precedence over any errors or omissions on this form.

Eligibility: All swimmers must be registered with USMS for 2024 or foreign equivalents. One Day USMS Event (OEVT) Membership WILL be available. Age on December 31, 2024, determines age group for the event. You must be at least 18 years of age on July 21, 2024 to compete. Bring a copy of your 2024 USMS card or foreign equivalent to race check-in.

Entries: \$60 pre-entry fee. \$80 race day (please pre-enter!). One Day USMS Event Membership (OEVT) \$20. **Entries will close on Sunday July 21, 2024 NO LATER than 9:30AM.** Link to online entry:

https://www.clubassistant.com/club/meet_information.cfm?c=2313&smid=18847

Course: The 2-mile swim starts at Balboa Pier and ends at Newport Pier. Starting at Tower M, north of Balboa Pier, swimmers will start on the beach, proceed out to a turn buoy, and make a right shoulder turn towards the Newport Pier. Swimmers will continue parallel to the beach until they reach the turn buoy just south of the Newport Pier. Swimmers will make a right shoulder turn toward the beach and Tower 20. The finish line is on the beach at Tower 20. This is an open ocean swim with no bottom or walls to hang onto, ocean conditions are always changing. Water temp and conditions subject to change.

Start/Finish/Timing: The event will start on the beach on the northside of the Balboa Pier approximately 20 feet from the water's edge. The finish will be on the beach south of the Newport Pier marked with flags through the chute. A chip timing system will be used. Chips must be worn on the ankle.

Safety/Conditions: For safety reasons, participants should be adequately trained for competition. Previous experience is required.

- Participants should be able to swim a pool mile under 35 minutes.
- Swimmers who have NOT reached the halfway point 45 minutes from the start WILL be removed from the course.
- Note that participants not completing the two-mile race course by the required time cutoff of 2
 hours from the start will be removed from the course and their times will not count.

An approved Safety Plan is on file. Since the safety of swimmers is of prime concern, the event may be delayed or canceled due to bad weather. The Event Director and Lifeguards will make this decision. There will be no refunds for delays, cancellations, or early removal from the race course.

Paddlers/Safety Buoys: It is always recommended that swimmers wear a bright cap and be accompanied by a safety paddler. Use of personal safety buoys must be approved by the race director. Note that personal buoys, will be considered category II swimwear (wetsuit division) for purposes of placement and scoring.

Swimwear: Swimwear shall be made from textile materials and not contain clasps or zippers. For both men and women, the swimsuit shall not cover the neck and shall not extend past the shoulder nor below the ankles. Wetsuits are permitted in the USMS Wetsuit Division, and will be scored separately.

Swimmers are not permitted to wear or use any device or substance to help their speed, pace, navigation, buoyancy, or endurance during a swim such as webbed gloves, fins, snorkels, buoyant armbands, audio players, etc.). Smart watches may not be used to send/receive any communications (e.g., texts, emails, calls) during the race. Medical identification items may be worn. Any kind of tape on the body or flat armband is not

permitted unless approved by the referee. Wetsuits and neoprene will be considered category II swimwear (wetsuit division) for purposes of placement and scoring.

Awards: 1st, 2nd, and 3rd Place Age Group Finishers (Male and Female) and 1st Place Wetsuit Division Awards (Male and Female) presented at conclusion of the swim

Questions/Event Director: Michael Prichard, (949) 644-3177, mprichard@nbfd.net

Race Day Timeline:

9:00AM to 9:40AM - Positive check-in - pick up race packet and timing chip

9:00AM to 9:40AM – Race Numbering (Body Marking)

9:45AM - Mandatory Safety Meeting for ALL Participants

10:00AM - Race Start

Age Group Divisions: (Note: All Wetsuits and Neoprene bodywear/caps must enter Wetsuit Division.)

Mixed 18-24 years

Mixed 25-29 years

Mixed 30-34 years

Mixed 35-39 years

Mixed 40-44 years

Mixed 45-49 years

Mixed 50-54 years

Mixed 55-59 years

Mixed 60-64 years

Mixed 65-69 years

Mixed 70-74 years

Mixed 75-79 years

Mixed 80-84 years

(additional five (5) year age group increments added as needed)

All Men's Wetsuit Division

All Women's Wetsuit Division